CANADIAN COMMUNITY HEALTH SURVEY, CYCLE 1.2
MENTAL HEALTH AND WELL-BEING

September, 2003
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HOUSEHOLD CONTACT AND DEMOGRAPHICS

Interviewer Introduction Block

II_Q01  Hello, I'm ... from Statistics Canada.
INTERVIEWER: Introduce yourself using both your given and last names.
Press <Enter> to continue.

Initial Contact Block

IC_Q01  I'm calling regarding the Canadian Community Health Survey.
INTERVIEWER: Press <Enter> to continue.

Language of Preference Block

LP_Q01  Would you prefer to be interviewed in English or in French?
ADMB_LHH
1 English
2 French
3 Other
(DK, R are not allowed)

Survey Introduction Block

INT_Q01  The survey will collect information on the well-being of people in Canada,
on the use of health services and on some of the factors that can affect
physical and emotional health.
INTERVIEWER: Press <Enter> to continue.

INT_Q02  This voluntary survey is conducted under the authority of the Statistics
Act. All the information you provide will be kept strictly confidential and will
be used for statistical purposes only. Your participation is essential if the
results are to be accurate. (Registration#: STC / HLT-082-75168)
INTERVIEWER: Press <Enter> to continue.

Dwelling Type Block

DW_C01  If method of interview = Personal (CN_N01 = 2), go to DW_N02.

DW_Q01  What type of dwelling do you live in? Is it a:
DHHBDDWE INTERVIEWER: Read categories to respondent.
01 ... single detached?
02 ... double?
03 ... row or terrace?
04 ... duplex?
05 ... low-rise apartment of fewer than 5 stories or a flat?
06 ... high-rise apartment of 5 stories or more?
07 ... institution?
08 ... hotel; rooming/lodging house; camp?
09 ... mobile home?
10 ... other – Specify
DK, R

Or
INTERVIEWER: Select the dwelling type.

01 Single detached
02 Double
03 Row or Terrace
04 Duplex
05 Low-rise apartment (fewer than 5 stories) or flat
06 High-rise apartment (5 stories or more)
07 Institution
08 Hotel; rooming/lodging house; camp
09 Mobile home
10 Other – Specify

Tenure Block

Is this dwelling owned by a member of your household?
1 Yes
2 No

Number of Bedrooms Block

How many bedrooms are there in your dwelling?
INTERVIEWER: Enter “0” if no separate, enclosed bedroom.

<table>
<thead>
<tr>
<th></th>
<th></th>
<th>Number of bedrooms</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>(MIN: 0) (MAX: 20)</td>
</tr>
</tbody>
</table>

Age Block Without Confirmation

What is [respondent name]’s date of birth?

Call the Date block.

What is [respondent name]’s age?

<table>
<thead>
<tr>
<th></th>
<th></th>
<th>Age in years</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>(MIN: 0) (MAX: 130)</td>
</tr>
</tbody>
</table>

Sex Block

INTERVIEWER: Enter [respondent name]’s sex.
If necessary, ask: (Is [respondent name] male or female?)

1 Male
2 Female

(DK, R are not allowed)
Marital Status Block Without Confirmation

MSNC_Q01 What is [respondent name]'s marital status? Is [he/she]:

DHHB_MS INTERVIEWER: Read categories to respondent.

01 ... married?
02 ... living common-law?
03 ... widowed?
04 ... separated?
05 ... divorced?
06 ... single, never married?

Education Block

ED_Q01 What is the highest grade of elementary or high school [respondent name] ever completed?

EDUB_1

1 Grade 8 or lower (Québec: Secondary II or lower) (Go to ED_Q03)
2 Grade 9 – 10 (Québec: Secondary III or IV, Newfoundland: 1st year of secondary) (Go to ED_Q03)
3 Grade 11 – 13 (Québec: Secondary V, Newfoundland: 2nd to 4th year of secondary) DK, R (Go to ED_Q03)

ED_Q02 Did [respondent name] graduate from high school (secondary school)?

EDUB_2

1 Yes
2 No

ED_Q03 Has [respondent name] received any other education that could be counted towards a degree, certificate or diploma from an educational institution?

EDUB_3

1 Yes
2 No

ED_Q04 What is the highest degree, certificate or diploma [respondent name] has obtained?

EDUB_4

01 No post-secondary degree, certificate or diploma
02 Trade certificate or diploma from a vocational school or apprenticeship training
03 Non-university certificate or diploma from a community college, CEGEP, school of nursing, etc.
04 University certificate below bachelor’s level
05 Bachelor’s degree
06 University degree or certificate above bachelor’s degree DK, R
GENERAL HEALTH

This survey deals with various aspects of your health. I'll be asking about such things as physical activity, social relationships and health status. By health, we mean not only the absence of disease or injury but also physical, mental and social well-being.

INTERVIEWER: Press <Enter> to continue.

I'll start with a few questions concerning your health in general. In general, would you say your health is:

INTERVIEWER: Read categories to respondent.

1 … excellent?
2 … very good?
3 … good?
4 … fair?
5 … poor?
DK, R

Compared to one year ago, how would you say your health is now? Is it:

INTERVIEWER: Read categories to respondent.

1 … much better now than 1 year ago?
2 … somewhat better now than 1 year ago?
3 … about the same?
4 … somewhat worse now than 1 year ago?
5 … much worse now than 1 year ago?
DK, R

How long do you usually spend sleeping each night?

INTERVIEWER: Do not include time spent resting.

1 Under 2 hours
2 2 hours to less than 3 hours
3 3 hours to less than 4 hours
4 4 hours to less than 5 hours
5 5 hours to less than 6 hours
6 6 hours to less than 7 hours
7 7 hours to less than 8 hours
8 8 hours to less than 9 hours
9 9 hours to less than 10 hours
10 10 hours to less than 11 hours
11 11 hours to less than 12 hours
12 12 hours or more
DK, R
How often do you have trouble going to sleep or staying asleep?

INTERVIEWER: Read categories to respondent.

1. None of the time
2. A little of the time
3. Some of the time
4. Most of the time
5. All of the time

How often do you find your sleep refreshing?

1. None of the time
2. A little of the time
3. Some of the time
4. Most of the time
5. All of the time

How often do you find it difficult to stay awake when you want to?

1. None of the time
2. A little of the time
3. Some of the time
4. Most of the time
5. All of the time

Thinking about the amount of stress in your life, would you say that most days are:

INTERVIEWER: Read categories to respondent.

1. ... not at all stressful?
2. ... not very stressful?
3. ... a bit stressful?
4. ... quite a bit stressful?
5. ... extremely stressful?

If age > 75, go to GEN_Q10.

Have you worked at a job or business at any time in the past 12 months?

1. Yes
2. No

(Go to GEN_Q10)

DK, R

For information only
The next question is about your main job or business in the past 12 months. Would you say that most days at work were:

1. ... not at all stressful?
2. ... not very stressful?
3. ... a bit stressful?
4. ... quite a bit stressful?
5. ... extremely stressful?

DK, R

How would you describe your sense of belonging to your local community? Would you say it is:

1. ... very strong?
2. ... somewhat strong?
3. ... somewhat weak?
4. ... very weak?

DK, R

Go to next module.
SCREENING SECTION

SCR_QINT1 The next questions are about your well-being and areas of your life that could affect your physical and emotional health. Take your time to think about each question before answering.
INTERVIEWER: Press <Enter> to continue.

SCR_Q01 How satisfied are you with your life in general?
INTERVIEWER: Read categories to respondent.

1  Very satisfied
2  Satisfied
3  Neither satisfied nor dissatisfied
4  Dissatisfied
5  Very dissatisfied
DK, R

SCR_Q08_1 In general, would you say your physical health is:
INTERVIEWER: Read categories to respondent.

1  ... excellent?
2  ... very good?
3  ... good?
4  ... fair?
5  ... poor?
DK, R

SCR_Q08_2 In general, would you say your mental health is:
INTERVIEWER: Read categories to respondent.

1  ... excellent?
2  ... very good?
3  ... good?
4  ... fair?
5  ... poor?
DK, R

SCR_Q20 During your life, have you ever had an attack of fear or panic when all of a sudden you felt very frightened, anxious or uneasy?

1  Yes  (Go to SCR_Q21)
2  No
DK, R

SCR_Q20A Have you ever had an attack when all of a sudden, you became very uncomfortable, you either became short of breath, dizzy, nauseous or your heart pounded, or you thought that you might lose control, die or go crazy?

1  Yes
2  No
DK, R
Have you ever in your life had a period lasting several days or longer when most of the day you felt sad, empty or depressed?

1  Yes
2  No

If SCR_Q21 = 1, go to SCR_QINT24.
If SCR_Q21 = 2 or DK or R, go to SCR_Q22.

Have you ever had a period lasting several days or longer when most of the day you were very discouraged about how things were going in your life?

1  Yes
2  No

If SCR_Q22 = 1, go to SCR_QINT24.
If SCR_Q22 = 2 or DK or R, go to SCR_Q23.

Have you ever had a period lasting several days or longer when you lost interest in most things you usually enjoy like work, hobbies and personal relationships?

1  Yes
2  No

If SCR_Q23 = 1, go to SCR_QINT24.
If SCR_Q23 = 2 or DK or R, go to SCR_Q24.

Some people have periods lasting several days or longer when they feel much more excited and full of energy than usual. Their minds go too fast. They talk a lot. They are very restless or unable to sit still and they sometimes do things that are unusual for them. For example, they may drive too fast or spend too much money.

INTERVIEWER: Press <Enter> to continue.

During your life, have you ever had a period like this lasting several days or longer?

1  Yes
2  No

If SCR_Q24 = 1, go to SCR_QINT24.
If SCR_Q24 = 2 or DK or R, go to SCR_Q25.

Have you ever had a period lasting several days or longer when most of the time you were very irritable, grumpy or in a bad mood?

1  Yes
2  No

(Go to SCR_Q26)
<table>
<thead>
<tr>
<th>Question</th>
<th>Description</th>
<th>Options</th>
</tr>
</thead>
<tbody>
<tr>
<td>SCR_Q25A</td>
<td>Have you ever had a period lasting several days or longer when most of the time you were so irritable that you either started arguments, shouted at people or hit people?</td>
<td>1 Yes, 2 No, DK, R</td>
</tr>
<tr>
<td>SCR_Q26</td>
<td>Did you ever have a time in your life when you were a “worrier”; that is, when you worried a lot more about things than other people with the same problems as you?</td>
<td>1 Yes, 2 No, DK, R (Go to SCR_Q26B)</td>
</tr>
<tr>
<td>SCR_Q26A</td>
<td>Did you ever have a time in your life when you were much more nervous or anxious than most other people with the same problems as you?</td>
<td>1 Yes, 2 No, DK, R</td>
</tr>
<tr>
<td>SCR_Q26B</td>
<td>Did you ever have a period lasting 6 months or longer when you were anxious and worried most days?</td>
<td>1 Yes, 2 No, DK, R</td>
</tr>
<tr>
<td>SCR_Q29</td>
<td>Was there ever a time in your life when you felt very afraid or really, really shy with people, for example meeting new people, going to parties, going on a date or using a public bathroom?</td>
<td>1 Yes, 2 No, DK, R (Go to SCR_C29_1)</td>
</tr>
<tr>
<td>SCR_Q29A</td>
<td>Was there ever a time in your life when you felt very afraid or uncomfortable when you had to do something in front of a group of people, like giving a speech or speaking in class?</td>
<td>1 Yes, 2 No, DK, R (Go to SCR_Q30)</td>
</tr>
<tr>
<td>SCR_Q30</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

For information only
SCR_C29_1 If SCR_Q29 = 1 then use “whenever you were in social situations” in %whenever you were in social situations/when you had to do something in front of a group%

If SCR_Q29 = 1, use “social situations” in %social situations/situations where you had to do something in front of a group%

If SCR_Q29A = 1 use “when you had to do something in front of a group” in %whenever you were in social situations/when you had to do something in front of a group%

If SCR_Q29A = 1 use “situations where you had to do something in front of a group” in %social situations/situations where you had to do something in front of a group%

SCR_Q29_1 Was there ever a time in your life when you became very upset or nervous %whenever you were in social situations/when you had to do something in front of a group%?

1 Yes
2 No
 DK, R

SCR_Q29_2 Because of your fear, did you ever stay away from %social situations/situations where you had to do something in front of a group% whenever you could?

1 Yes
2 No
 DK, R

SCR_Q29_3 Do you think your fear was ever much stronger than it should have been?

1 Yes
2 No
 DK, R

SCR_Q30_1 Was there ever a time in your life when you became very upset or nervous whenever you were in crowds, public places, or travelling?

1 Yes
2 No
 DK, R

For information only
Because of your fear, did you ever stay away from these situations whenever you could?

1  Yes
2  No
   DK, R

Do you think your fear was ever much stronger than it should have been?

1  Yes
2  No
   DK, R

Go to next module.
CHRONIC CONDITIONS

CCC_QINT  Now I'd like to ask about certain chronic health conditions which you may have. We are interested in “long-term conditions which are expected to last or have already lasted 6 months or more and that have been diagnosed by a health professional.

INTERVIEWER: Press <Enter> to continue.

CCC_Q011  Do you have food allergies?

CCCB_011

1  Yes
2  No
DK
R  (Go to CCC_END)

CCC_Q021  Do you have any other allergies?

CCCB_021

1  Yes
2  No
DK, R

CCC_Q031  Do you have asthma?

CCCB_031

1  Yes
2  No
DK, R

CCC_Q041  Do you have fibromyalgia?

CCCB_041

1  Yes
2  No
DK, R

CCC_Q051  Do you have arthritis or rheumatism, excluding fibromyalgia?

CCCB_051

1  Yes
2  No
DK, R

CCC_Q061  Remember, we're interested in conditions diagnosed by a health professional.

Do you have back problems, excluding fibromyalgia and arthritis?

CCCB_061

1  Yes
2  No
DK, R

CCC_Q071  Do you have high blood pressure?

CCCB_071

1  Yes
2  No
DK, R
<table>
<thead>
<tr>
<th>Question</th>
<th>Code</th>
<th>Answer Options</th>
</tr>
</thead>
<tbody>
<tr>
<td>Do you have migraine headaches?</td>
<td>CCC_Q081</td>
<td>1 Yes, 2 No, DK, R</td>
</tr>
<tr>
<td>Do you have chronic bronchitis?</td>
<td>CCC_Q091A</td>
<td>1 Yes, 2 No, DK, R</td>
</tr>
<tr>
<td>If age &lt; 30, go to CCC_Q101.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Do you have emphysema or chronic obstructive pulmonary disease (COPD)?</td>
<td>CCC_Q091B</td>
<td>1 Yes, 2 No, DK, R</td>
</tr>
<tr>
<td>Do you have diabetes?</td>
<td>CCC_Q101</td>
<td>1 Yes, 2 No, DK, R</td>
</tr>
<tr>
<td>Do you have epilepsy?</td>
<td>CCC_Q111</td>
<td>1 Yes, 2 No, DK, R</td>
</tr>
<tr>
<td>Do you have heart disease?</td>
<td>CCC_Q121</td>
<td>1 Yes, 2 No, DK, R</td>
</tr>
<tr>
<td>Do you have cancer?</td>
<td>CCC_Q131</td>
<td>1 Yes, 2 No, DK, R</td>
</tr>
<tr>
<td>Do you have stomach or intestinal ulcers?</td>
<td>CCC_Q141</td>
<td>1 Yes, 2 No, DK, R</td>
</tr>
<tr>
<td>Question Number</td>
<td>Question</td>
<td>Possible Responses</td>
</tr>
<tr>
<td>-----------------</td>
<td>----------------------------------------------------------------------------------------------</td>
<td>--------------------</td>
</tr>
<tr>
<td>CCC_C181</td>
<td>(If age &lt; 18, go to CCC_Q211.) Do you have a thyroid condition?</td>
<td>1 Yes, 2 No, DK, R</td>
</tr>
<tr>
<td>CCC_Q151</td>
<td>Do you suffer from the effects of a stroke?</td>
<td>1 Yes, 2 No, DK, R</td>
</tr>
<tr>
<td>CCC_Q171</td>
<td>Do you have a bowel disorder such as Crohn's Disease or colitis?</td>
<td>1 Yes, 2 No, DK, R</td>
</tr>
<tr>
<td>CCC_Q181</td>
<td>(Remember, we’re interested in conditions diagnosed by a health professional.) Do you have</td>
<td>1 Yes, 2 No, DK, R</td>
</tr>
<tr>
<td></td>
<td>Alzheimer’s disease or any other dementia?</td>
<td></td>
</tr>
<tr>
<td>CCC_Q191</td>
<td>Do you have cataracts?</td>
<td>1 Yes, 2 No, DK, R</td>
</tr>
<tr>
<td>CCC_Q201</td>
<td>Do you have glaucoma?</td>
<td>1 Yes, 2 No, DK, R</td>
</tr>
<tr>
<td>CCC_Q211</td>
<td>Do you have a thyroid condition?</td>
<td>1 Yes, 2 No, DK, R</td>
</tr>
<tr>
<td>CCC_Q251</td>
<td>(Remember, we’re interested in conditions diagnosed by a health professional.) Do you have</td>
<td>1 Yes, 2 No, DK, R</td>
</tr>
<tr>
<td></td>
<td>chronic fatigue syndrome?</td>
<td></td>
</tr>
<tr>
<td>CCC_Q261</td>
<td>Do you suffer from multiple chemical sensitivities?</td>
<td>1 Yes, 2 No, DK, R</td>
</tr>
<tr>
<td>CCCB_271</td>
<td>Do you have schizophrenia?</td>
<td></td>
</tr>
<tr>
<td>----------</td>
<td>--------------------------</td>
<td></td>
</tr>
<tr>
<td>1</td>
<td>Yes</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>No</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>DK, R</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>CCCB_281</th>
<th>Do you have any other psychosis?</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Yes</td>
</tr>
<tr>
<td>2</td>
<td>No</td>
</tr>
<tr>
<td>3</td>
<td>DK, R</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>CCCB_291</th>
<th>Do you have obsessive-compulsive disorder?</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Yes</td>
</tr>
<tr>
<td>2</td>
<td>No</td>
</tr>
<tr>
<td>3</td>
<td>DK, R</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>CCCB_301</th>
<th>Do you have dysthymia?</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Yes</td>
</tr>
<tr>
<td>2</td>
<td>No</td>
</tr>
<tr>
<td>3</td>
<td>DK, R</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>CCCB_311</th>
<th>Do you suffer from post-traumatic stress disorder?</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Yes</td>
</tr>
<tr>
<td>2</td>
<td>No</td>
</tr>
<tr>
<td>3</td>
<td>DK, R</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>CCCB_321</th>
<th>Do you have autism or any other developmental disorder such as Asperger's syndrome or Rett syndrome?</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Yes</td>
</tr>
<tr>
<td>2</td>
<td>No</td>
</tr>
<tr>
<td>3</td>
<td>DK, R</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>CCCB_331</th>
<th>(Remember, we're interested in conditions diagnosed by a health professional.) Do you have a learning disability?</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Yes (Go to CCCQ341)</td>
</tr>
<tr>
<td>2</td>
<td>No (Go to CCCQ341)</td>
</tr>
<tr>
<td>3</td>
<td>DK, R</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>CCCB_33A</th>
<th>What kind of learning disability do you have?</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Attention Deficit Disorder, no hyperactivity (ADD)</td>
</tr>
<tr>
<td>2</td>
<td>Attention Deficit Hyperactivity Disorder (ADHD)</td>
</tr>
<tr>
<td>3</td>
<td>Dyslexia</td>
</tr>
<tr>
<td>4</td>
<td>Other – Specify</td>
</tr>
<tr>
<td>5</td>
<td>DK, R</td>
</tr>
<tr>
<td>CCC_Q341</td>
<td>Do you have an eating disorder such as anorexia or bulimia?</td>
</tr>
<tr>
<td>----------</td>
<td>----------------------------------------------------------</td>
</tr>
<tr>
<td>1</td>
<td>Yes</td>
</tr>
<tr>
<td>2</td>
<td>No</td>
</tr>
<tr>
<td></td>
<td>DK, R</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>CCC_Q901</th>
<th>Do you have any other long-term physical or mental health condition that has been diagnosed by a health professional?</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Yes</td>
</tr>
<tr>
<td>2</td>
<td>No</td>
</tr>
<tr>
<td></td>
<td>DK, R</td>
</tr>
</tbody>
</table>

| CCC_END  | Go to next module.                                                                                               |
**HEIGHT / WEIGHT**

**HWT_C1**  
If sex = male, go to HWT_Q2  
If (Age < 15 or age > 49), go to HWT_Q2  
Otherwise, go to HWT_Q1

**HWT_Q1**  
It is important to know when analyzing health whether or not the person is pregnant. Are you pregnant?

1. Yes  
2. No  
DK, R

**HWT_Q2**  
How tall are you without shoes on?

0. Less than 1’ / 12” (less than 29.2 cm.)  
1. 1’0” to 1’11” / 12” to 23” (29.2 to 59.6 cm.)  
2. 2’0” to 2’11” / 24” to 35” (59.7 to 90.1 cm.)  
3. 3’0” to 3’11” / 36” to 47” (90.2 to 120.6 cm.)  
4. 4’0” to 4’11” / 48” to 59” (120.7 to 151.0 cm.)  
5. 5’0” to 5’11” (151.1 to 181.5 cm.)  
6. 6’0” to 6’11” (181.6 to 212.0 cm.)  
7. 7’0” and over (212.1 cm. and over)  
DK, R

**HWT_C2**  
If Info.Age > 11 and HWT_2 = 0 or 1 or 2, show pop-up edit as follows.

The selected height is too short for a ^Info.Age year old.  
Please return and correct.

**HWT_Q2A**  
INTERVIEWER: Select the exact height.

0. 1’0” / 12” (29.2 to 31.7 cm.)  
1. 1’1” / 13” (31.8 to 34.2 cm.)  
2. 1’2” / 14” (34.3 to 36.7 cm.)  
3. 1’3” / 15” (36.8 to 39.3 cm.)  
4. 1’4” / 16” (39.4 to 41.8 cm.)  
5. 1’5” / 17” (41.9 to 44.4 cm.)  
6. 1’6” / 18” (44.5 to 46.9 cm.)  
7. 1’7” / 19” (47.0 to 49.4 cm.)  
8. 1’8” / 20” (49.5 to 52.0 cm.)  
9. 1’9” / 21” (52.1 to 54.5 cm.)  
10. 1’10” / 22” (54.6 to 57.1 cm.)  
11. 1’11” / 23” (57.2 to 59.6 cm.)  
DK, R

Go to HWT_Q3
<table>
<thead>
<tr>
<th>Height</th>
<th>Range (cm.)</th>
</tr>
</thead>
<tbody>
<tr>
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<td>20” / 24” (59.7 to 62.1 cm.)</td>
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<tr>
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<td>21” / 25” (62.2 to 64.7 cm.)</td>
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<tr>
<td>2</td>
<td>22” / 26” (64.8 to 67.2 cm.)</td>
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<tr>
<td>3</td>
<td>23” / 27” (67.3 to 69.8 cm.)</td>
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<td>4</td>
<td>24” / 28” (69.9 to 72.3 cm.)</td>
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<td>5</td>
<td>25” / 29” (72.4 to 74.8 cm.)</td>
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<td>6</td>
<td>26” / 30” (74.9 to 77.4 cm.)</td>
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<td>7</td>
<td>27” / 31” (77.5 to 79.9 cm.)</td>
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<td>8</td>
<td>28” / 32” (80.0 to 82.5 cm.)</td>
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<td>29” / 33” (82.6 to 85.0 cm.)</td>
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<td>10</td>
<td>30” / 34” (85.1 to 87.5 cm.)</td>
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<td>11</td>
<td>31” / 35” (87.6 to 90.1 cm.)</td>
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Go to HWT_Q3

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<td>31” / 37” (92.7 to 95.2 cm.)</td>
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<td>32” / 38” (95.3 to 97.7 cm.)</td>
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<td>33” / 39” (97.8 to 100.2 cm.)</td>
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<td>34” / 40” (100.3 to 102.8 cm.)</td>
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<td>35” / 41” (102.9 to 105.3 cm.)</td>
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<td>6</td>
<td>36” / 42” (105.4 to 107.9 cm.)</td>
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<td>7</td>
<td>37” / 43” (108.0 to 110.4 cm.)</td>
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<td>8</td>
<td>38” / 44” (110.5 to 112.9 cm.)</td>
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<td>9</td>
<td>39” / 45” (113.0 to 115.5 cm.)</td>
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<td>10</td>
<td>40” / 46” (115.6 to 118.0 cm.)</td>
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<tr>
<td>11</td>
<td>41” / 47” (118.1 to 120.6 cm.)</td>
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Go to HWT_Q3

<table>
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<th>Height</th>
<th>Range (cm.)</th>
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</thead>
<tbody>
<tr>
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<td>41” / 49” (123.2 to 125.6 cm.)</td>
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<td>2</td>
<td>42” / 50” (125.7 to 128.2 cm.)</td>
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<td>43” / 51” (128.3 to 130.7 cm.)</td>
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<td>44” / 52” (130.8 to 133.3 cm.)</td>
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<td>45” / 53” (133.4 to 135.8 cm.)</td>
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<td>46” / 54” (135.9 to 138.3 cm.)</td>
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<td>47” / 55” (138.4 to 140.9 cm.)</td>
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<td>8</td>
<td>48” / 56” (141.0 to 143.4 cm.)</td>
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<td>49” / 57” (143.5 to 146.0 cm.)</td>
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<td>10</td>
<td>50” / 58” (146.1 to 148.5 cm.)</td>
</tr>
<tr>
<td>11</td>
<td>51” / 59” (148.6 to 151.0 cm.)</td>
</tr>
</tbody>
</table>

Go to HWT_Q3
HWT_Q2E INTERVIEWER: Select the exact height.

0 5'0" (151.1 to 153.6 cm.)
1 5'1" (153.7 to 156.1 cm.)
2 5'2" (156.2 to 158.7 cm.)
3 5'3" (158.8 to 161.2 cm.)
4 5'4" (161.3 to 163.7 cm.)
5 5'5" (163.8 to 166.3 cm.)
6 5'6" (166.4 to 168.8 cm.)
7 5'7" (168.9 to 171.4 cm.)
8 5'8" (171.5 to 173.9 cm.)
9 5'9" (174.0 to 176.4 cm.)
10 5'10" (176.5 to 179.0 cm.)
11 5'11" (179.1 to 181.5 cm.)
DK, R

Go to HWT_Q3

HWT_Q2F INTERVIEWER: Select the exact height.

0 6'0" (181.6 to 184.1 cm.)
1 6'1" (184.2 to 186.6 cm.)
2 6'2" (186.7 to 189.1 cm.)
3 6'3" (189.2 to 191.7 cm.)
4 6'4" (191.8 to 194.2 cm.)
5 6'5" (194.3 to 196.8 cm.)
6 6'6" (196.9 to 199.3 cm.)
7 6'7" (199.4 to 201.8 cm.)
8 6'8" (201.9 to 204.4 cm.)
9 6'9" (204.5 to 206.9 cm.)
10 6'10" (207.0 to 212.0 cm.)
11 6'11" (209.6 to 212.0 cm.)
DK, R

HWT_Q3 How much do you weigh?

HWTB_3 INTERVIEWER: Enter amount only.

<table>
<thead>
<tr>
<th></th>
<th>Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>(MIN: 1) (MAX: 575)</td>
</tr>
</tbody>
</table>

DK, R  (Go to HWT_END)

HWT_N4 INTERVIEWER: Was that in pounds or kilograms?

1 Pounds
2 Kilograms
(DK, R are not allowed)

HWT_E3 If HWT_N4 = 1, warning if HWT_Q3 < 60 or HWT_Q3 > 300.
If HWT_N4 = 2, warning if HWT_Q3 < 27 or HWT_Q3 > 136.
Do you consider yourself:

INTERVIEWER: Read categories to respondent.

1  ... overweight?
2  ... underweight?
3  ... just about right?
   DK, R

Go to next module.
PHYSICAL ACTIVITIES

PAC_QINT1  (Please refer to page 2 of the booklet.)

Now I’d like to ask you about some of your physical activities. To begin
with, I’ll be dealing with physical activities not related to work, that is,
leisure time activities.
INTERVIEWER: Press <Enter> to continue.

PAC_Q1  Have you done any of the following in the past 3 months, that is, from
%date three months ago% to yesterday?
INTERVIEWER: Read categories to respondent. Mark all that apply.

PACB_1A 1  Walking for exercise
PACB_1B 2  Gardening or yard work
PACB_1C 3  Swimming
PACB_1D 4  Bicycling
PACB_1E 5  Popular or social dance
PACB_1F 6  Home exercises
PACB_1G 7  Ice hockey
PACB_1H 8  Ice skating
PACB_1I 9  In-line skating or rollerblading
PACB_1J 10  Jogging or running
PACB_1K 11  Golfing
PACB_1L 12  Exercise class or aerobics
PACB_1M 13  Downhill skiing or snowboarding
PACB_1N 14  Bowling
PACB_1O 15  Baseball or softball
PACB_1P 16  Tennis
PACB_1Q 17  Weight-training
PACB_1R 18  Fishing
PACB_1S 19  Volleyball
PACB_1T 20  Basketball
PACB_1U 21  Any other
PACB_1V 22  No physical activity  (Go to PAC_QINT2)
                  DK, R  (Go to PAC_END)

PAC_C1US  If "Any other" is chosen as a response, go to PAC_Q1US.
Otherwise, go to PAC_Q1W.

PAC_Q1US  What was this activity?
INTERVIEWER: Enter one activity only.

PAC_Q1W  In the past 3 months, did you do any other activity for leisure?

PACB_1W 1  Yes  (Go to PAC_Q2)
2  No  (Go to PAC_Q2)
                  DK, R  (Go to PAC_Q2)

PAC_Q1WS  What was this activity?
INTERVIEWER: Enter one activity only.
In the past 3 months, did you do any other activity for leisure?

1  Yes
2  No  (Go to PAC_Q2)
DK, R  (Go to PAC_Q2)

What was this activity?

INTERVIEWER: Enter one activity only.

For each activity identified in PAC_Q1, ask PAC_Q2 and PAC_Q3.

If “No physical activity” is chosen in PAC_Q1 with any other response, show pop-up edit as follows.

You cannot select “No physical activity” and another category.
Please return and correct.

In the past 3 months, how many times did you participate in %identified activity%?

| | | | Times
(MIN: 1)  (MAX: 99 for each activity except the following:
Walking: MAX = 270
Bicycling: MAX = 200
Other activities: MAX = 200)
(Warning after 60 for each activity except the following:
Walking: 99
Bicycling: 90
Dancing, Golfing, Bowling, Baseball, Tennis, Volleyball: 40
Hockey: 50
Skating, Skiing, Fishing: 30)

DK, R  (Go to next activity)

About how much time did you spend on each occasion?

1  1 to 15 minutes
2  16 to 30 minutes
3  31 to 60 minutes
More than one hour
DK, R

Next, some questions about the amount of time you spent in the past 3 months on physical activity at work or while doing daily chores around the house, but not leisure time activity.
INTERVIEWER: Press <Enter> to continue.
In a typical week in the past 3 months, how many hours did you usually spend walking to work or to school or while doing errands?

1. None
2. Less than 1 hour
3. From 1 to 5 hours
4. From 6 to 10 hours
   - From 11 to 20 hours
   - More than 20 hours
DK, R

In a typical week, how much time did you usually spend bicycling to work or to school or while doing errands?

1. None
2. Less than 1 hour
3. From 1 to 5 hours
4. From 6 to 10 hours
   - From 11 to 20 hours
   - More than 20 hours
DK, R

Now I'm going to read you 4 sentences that can be used to describe the amount of physical activity that people usually do. Thinking back over the past 3 months, which of the following best describes your usual daily activities or work habits?

INTERVIEWER: Read categories to respondent.

1. Usually sit during the day and don’t walk around very much
2. Stand or walk quite a lot during the day but don’t have to carry or lift things very often
3. Usually lift or carry light loads, or have to climb stairs or hills often
4. Do heavy work or carry very heavy loads
DK, R

Go to next module.
**PSYCHOLOGICAL WELL-BEING MANIFESTATION SCALE**

(Please refer to page 3 of the booklet.)

Now I’m going to read you a series of statements that people might use to describe themselves. Please tell me if you had these feelings almost always, frequently, half the time, rarely or never.

**INTERVIEWER:** Press <Enter> to continue.

**PWB_Q01**

**PWBB_01** During the past month, you felt self-confident.

**INTERVIEWER:** Read categories to respondent.

1  Almost always
2  Frequently
3  Half the time
4  Rarely
5  Never

DK, R

**PWB_Q02**

**PWBB_02** During the past month, you felt satisfied with what you were able to accomplish, you felt proud of yourself.

1  Almost always
2  Frequently
3  Half the time
4  Rarely
5  Never

DK, R

**PWB_Q03**

(During the past month,) you were a “go-getter”, you took on lots of projects.

1  Almost always (Go to PWB_Q04)
2  Frequently (Go to PWB_Q04)
3  Half the time (Go to PWB_Q04)
4  Rarely (Go to PWB_Q04)
5  Never (Go to PWB_Q04)

DK, R

**PWB_C04**

If (PWB_Q01 = DK or R and PWB_Q02 = DK or R), go to PWB_END.

Otherwise, go to PWB_Q04.

**PWB_Q04**

(During the past month,) you felt emotionally balanced.

1  Almost always
2  Frequently
3  Half the time
4  Rarely
5  Never

DK, R
**PWB_Q05**
(During the past month,) you felt loved and appreciated.

<table>
<thead>
<tr>
<th></th>
<th>Almost always</th>
<th>Frequently</th>
<th>Half the time</th>
<th>Rarely</th>
<th>Never</th>
</tr>
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<tbody>
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<td>DK, R</td>
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</table>

**PWB_Q06**
(During the past month,) you had goals and ambitions.

<table>
<thead>
<tr>
<th></th>
<th>Almost always</th>
<th>Frequently</th>
<th>Half the time</th>
<th>Rarely</th>
<th>Never</th>
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<td>DK, R</td>
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</table>

**PWB_Q07**
(During the past month,) you felt like having fun, participating in sports and all your favourite activities and hobbies.

<table>
<thead>
<tr>
<th></th>
<th>Almost always</th>
<th>Frequently</th>
<th>Half the time</th>
<th>Rarely</th>
<th>Never</th>
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</table>

**PWB_Q08**
(During the past month,) you felt useful.

<table>
<thead>
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<th>Frequently</th>
<th>Half the time</th>
<th>Rarely</th>
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**PWB_Q09**
(During the past month,) you smiled easily.

<table>
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<th>Frequently</th>
<th>Half the time</th>
<th>Rarely</th>
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</table>

**PWB_Q10**
(During the past month,) you were true to yourself, being natural at all times.

<table>
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<th>Frequently</th>
<th>Half the time</th>
<th>Rarely</th>
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*For information only*
### PWB_Q11
**PWB_Q11 (During the past month,) you did a good job of listening to your friends.**

<table>
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<tr>
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<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
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<tbody>
<tr>
<td>A</td>
<td>Almost always</td>
<td>Frequently</td>
<td>Half the time</td>
<td>Rarely</td>
<td>Never</td>
<td>DK, R</td>
</tr>
</tbody>
</table>

### PWB_Q12
**PWB_Q12 (During the past month,) you were curious and interested in all sorts of things.**

<table>
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<tr>
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<th>3</th>
<th>4</th>
<th>5</th>
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<tbody>
<tr>
<td>A</td>
<td>Almost always</td>
<td>Frequently</td>
<td>Half the time</td>
<td>Rarely</td>
<td>Never</td>
<td>DK, R</td>
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</table>

### PWB_Q13
**PWB_Q13 (During the past month,) you were able to clearly sort things out when faced with complicated situations.**

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<th>3</th>
<th>4</th>
<th>5</th>
<th>DK, R</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>Almost always</td>
<td>Frequently</td>
<td>Half the time</td>
<td>Rarely</td>
<td>Never</td>
<td>DK, R</td>
</tr>
</tbody>
</table>

### PWB_Q14
**PWB_Q14 (During the past month,) you found life exciting and you wanted to enjoy every moment of it.**

<table>
<thead>
<tr>
<th></th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>DK, R</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>Almost always</td>
<td>Frequently</td>
<td>Half the time</td>
<td>Rarely</td>
<td>Never</td>
<td>DK, R</td>
</tr>
</tbody>
</table>

### PWB_Q15
**PWB_Q15 (During the past month,) your life was well-balanced between your family, personal and professional activities.**

<table>
<thead>
<tr>
<th></th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>DK, R</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>Almost always</td>
<td>Frequently</td>
<td>Half the time</td>
<td>Rarely</td>
<td>Never</td>
<td>DK, R</td>
</tr>
</tbody>
</table>
During the past month, you were quite calm and level-headed.

1. Almost always
2. Frequently
3. Half the time
4. Rarely
5. Never

(During the past month,) you were able to easily find answers to your problems.

1. Almost always
2. Frequently
3. Half the time
4. Rarely
5. Never

(During the past month,) you got along well with everyone around you.

1. Almost always
2. Frequently
3. Half the time
4. Rarely
5. Never

(During the past month,) you lived at a normal pace, not doing anything excessively.

1. Almost always
2. Frequently
3. Half the time
4. Rarely
5. Never

(During the past month,) you had the impression of really enjoying life.

1. Almost always
2. Frequently
3. Half the time
4. Rarely
5. Never

(During the past month,) you had a good sense of humour, easily making your friends laugh.

1. Almost always
2. Frequently
3. Half the time
4. Rarely
5. Never
<table>
<thead>
<tr>
<th>Question ID</th>
<th>Question Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>PWB_Q22</td>
<td>(During the past month,) you felt good, at peace with yourself.</td>
</tr>
<tr>
<td>PWBB_22</td>
<td>1 Almost always</td>
</tr>
<tr>
<td></td>
<td>2 Frequently</td>
</tr>
<tr>
<td></td>
<td>3 Half the time</td>
</tr>
<tr>
<td></td>
<td>4 Rarely</td>
</tr>
<tr>
<td></td>
<td>5 Never</td>
</tr>
<tr>
<td></td>
<td>DK, R</td>
</tr>
<tr>
<td>PWB_Q23</td>
<td>(During the past month,) you felt healthy and in good shape.</td>
</tr>
<tr>
<td>PWBB_23</td>
<td>1 Almost always</td>
</tr>
<tr>
<td></td>
<td>2 Frequently</td>
</tr>
<tr>
<td></td>
<td>3 Half the time</td>
</tr>
<tr>
<td></td>
<td>4 Rarely</td>
</tr>
<tr>
<td></td>
<td>5 Never</td>
</tr>
<tr>
<td></td>
<td>DK, R</td>
</tr>
<tr>
<td>PWB_Q24</td>
<td>(During the past month,) you were able to face difficult situations in a positive way.</td>
</tr>
<tr>
<td>PWBB_24</td>
<td>1 Almost always</td>
</tr>
<tr>
<td></td>
<td>2 Frequently</td>
</tr>
<tr>
<td></td>
<td>3 Half the time</td>
</tr>
<tr>
<td></td>
<td>4 Rarely</td>
</tr>
<tr>
<td></td>
<td>5 Never</td>
</tr>
<tr>
<td></td>
<td>DK, R</td>
</tr>
<tr>
<td>PWB_Q25</td>
<td>(During the past month,) your morale was good.</td>
</tr>
<tr>
<td>PWBB_25</td>
<td>1 Almost always</td>
</tr>
<tr>
<td></td>
<td>2 Frequently</td>
</tr>
<tr>
<td></td>
<td>3 Half the time</td>
</tr>
<tr>
<td></td>
<td>4 Rarely</td>
</tr>
<tr>
<td></td>
<td>5 Never</td>
</tr>
<tr>
<td></td>
<td>DK, R</td>
</tr>
</tbody>
</table>

PWB_END  Go to next module.
**DISTRESS**

The following questions deal with feelings you may have had during the past month.

INTERVIEWER: Press <Enter> to continue.

(Please refer to page 4 of the booklet.)

During the past month, that is, from %date one month ago% to yesterday, about how often did you feel:

...tired out for no good reason?

INTERVIEWER: Read categories to respondent.

1. All of the time
2. Most of the time
3. Some of the time
4. A little of the time
5. None of the time

DK, R  (Go to DIS_END)

... nervous?

1. All of the time
2. Most of the time
3. Some of the time
4. A little of the time
5. None of the time

DK, R  (Go to DIS_Q01D)

If DIS_Q01B = 5, then DIS_Q01C will be set to 5 (None of the time) during processing.

... so nervous that nothing could calm you down?

1. All of the time
2. Most of the time
3. Some of the time
4. A little of the time
5. None of the time

DK, R

... hopeless?

1. All of the time
2. Most of the time
3. Some of the time
4. A little of the time
5. None of the time

DK, R
<table>
<thead>
<tr>
<th>DIS_Q01E</th>
<th>... restless or fidgety?</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>All of the time</td>
</tr>
<tr>
<td>2</td>
<td>Most of the time</td>
</tr>
<tr>
<td>3</td>
<td>Some of the time</td>
</tr>
<tr>
<td>4</td>
<td>A little of the time</td>
</tr>
<tr>
<td>5</td>
<td>None of the time</td>
</tr>
</tbody>
</table>

*DIS_Q01E* If DIS_Q01E = 5, then DIS_Q01F will be set to 5 (None of the time) during processing.

<table>
<thead>
<tr>
<th>DIS_Q01F</th>
<th>... so restless you could not sit still?</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>All of the time</td>
</tr>
<tr>
<td>2</td>
<td>Most of the time</td>
</tr>
<tr>
<td>3</td>
<td>Some of the time</td>
</tr>
<tr>
<td>4</td>
<td>A little of the time</td>
</tr>
<tr>
<td>5</td>
<td>None of the time</td>
</tr>
</tbody>
</table>

*DIS_Q01F* If DIS_Q01F = 5, then DIS_Q01G will be set to 5 (None of the time) during processing.

<table>
<thead>
<tr>
<th>DIS_Q01G</th>
<th>During the past month, about how often did you feel:</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>All of the time</td>
</tr>
<tr>
<td>2</td>
<td>Most of the time</td>
</tr>
<tr>
<td>3</td>
<td>Some of the time</td>
</tr>
<tr>
<td>4</td>
<td>A little of the time</td>
</tr>
<tr>
<td>5</td>
<td>None of the time</td>
</tr>
</tbody>
</table>

*DIS_Q01G* If DIS_Q01G = 5, then DIS_Q01H will be set to 5 (None of the time) during processing.

<table>
<thead>
<tr>
<th>DIS_Q01H</th>
<th>...so depressed that nothing could cheer you up?</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>All of the time</td>
</tr>
<tr>
<td>2</td>
<td>Most of the time</td>
</tr>
<tr>
<td>3</td>
<td>Some of the time</td>
</tr>
<tr>
<td>4</td>
<td>A little of the time</td>
</tr>
<tr>
<td>5</td>
<td>None of the time</td>
</tr>
</tbody>
</table>

*DIS_Q01H* If DIS_Q01H = 5, then DIS_Q01I will be set to 5 (None of the time) during processing.

<table>
<thead>
<tr>
<th>DIS_Q01I</th>
<th>...that everything was an effort?</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>All of the time</td>
</tr>
<tr>
<td>2</td>
<td>Most of the time</td>
</tr>
<tr>
<td>3</td>
<td>Some of the time</td>
</tr>
<tr>
<td>4</td>
<td>A little of the time</td>
</tr>
<tr>
<td>5</td>
<td>None of the time</td>
</tr>
</tbody>
</table>

*DIS_Q01I* If DIS_Q01I = 5, then DIS_Q01J will be set to 5 (None of the time) during processing.
We just talked about feelings that occurred to different degrees during the past month.
Taking them altogether, did these feelings occur more often in the past month than is usual for you, less often than usual or about the same as usual?

1 More often
2 Less often  (Go to DIS_Q01M)
3 About the same  (Go to DIS_Q01N)
4 Never have had any  (Go to DIS_END)
   DK, R  (Go to DIS_END)

Is that a lot more, somewhat more or only a little more often than usual?

1 A lot
2 Somewhat
3 A little
   DK, R

Go to DIS_Q01N

Is that a lot less, somewhat less or only a little less often than usual?

1 A lot
2 Somewhat
3 A little
   DK, R

During the past month, how much did these feelings usually interfere with your life or activities?

INTERVIEWER: Read categories to respondent.

1 A lot
2 Some
3 A little
4 Not at all
   DK, R

DIS_END Go to next module.
STRESS

STR_QINT Now a few questions about the stress in your life.
INTERVIEWER: Press <Enter> to continue.

STR_Q1 In general, how would you rate your ability to handle unexpected and difficult problems, for example, a family or personal crisis? Would you say your ability is:
INTERVIEWER: Read categories to respondent.
1 ... excellent?
2 ... very good?
3 ... good?
4 ... fair?
5 ... poor?
DK, R (Go to STR_END)

STR_Q2 In general, how would you rate your ability to handle the day-to-day demands in your life, for example, handling work, family and volunteer responsibilities? Would you say your ability is:
INTERVIEWER: Read categories to respondent.
1 ... excellent?
2 ... very good?
3 ... good?
4 ... fair?
5 ... poor?
DK, R

STR_Q3 Thinking about stress in your day-to-day life, what would you say is the most important thing contributing to feelings of stress you may have?
INTERVIEWER: Do not probe.
1 Time pressures / not enough time
2 Own physical health problem or condition
3 Own emotional or mental health problem or condition
4 Financial situation (e.g., not enough money, debt)
5 Own work situation (e.g., hours of work, working conditions)
6 School
7 Employment status (e.g., unemployment)
8 Caring for – own children
9 Caring for – others
10 Other personal or family responsibilities
11 Personal relationships
12 Discrimination
13 Personal and family’s safety
14 Health of family members
15 Other – Specify
16 Nothing
17 Death of a loved one
DK, R
People have different ways of dealing with stress. Thinking about the ways you deal with stress, please tell me how often you do each of the following.

How often do you try to solve the problem?

**INTERVIEWER:** Read categories to respondent.

<table>
<thead>
<tr>
<th></th>
<th>Often</th>
<th>Sometimes</th>
<th>Rarely</th>
<th>Never</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

To deal with stress, how often do you talk to others?

<table>
<thead>
<tr>
<th></th>
<th>Often</th>
<th>Sometimes</th>
<th>Rarely</th>
<th>Never</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td></td>
<td></td>
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<td></td>
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<tr>
<td>3</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>4</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

When dealing with stress, how often do you avoid being with people?

<table>
<thead>
<tr>
<th></th>
<th>Often</th>
<th>Sometimes</th>
<th>Rarely</th>
<th>Never</th>
<th>DK, R</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>2</td>
<td></td>
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<tr>
<td>3</td>
<td></td>
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<tr>
<td>4</td>
<td></td>
<td></td>
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<td></td>
<td></td>
</tr>
</tbody>
</table>

How often do you sleep more than usual to deal with stress?

<table>
<thead>
<tr>
<th></th>
<th>Often</th>
<th>Sometimes</th>
<th>Rarely</th>
<th>Never</th>
<th>DK, R</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>2</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>3</td>
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<tr>
<td>4</td>
<td></td>
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<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

When dealing with stress, how often do you try to feel better by eating more, or less, than usual?

<table>
<thead>
<tr>
<th></th>
<th>Often</th>
<th>Sometimes</th>
<th>Rarely</th>
<th>Never</th>
<th>DK, R</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td></td>
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<td></td>
<td></td>
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<tr>
<td>3</td>
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<td></td>
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<tr>
<td>4</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

When dealing with stress, how often do you try to feel better by smoking more cigarettes than usual?

<table>
<thead>
<tr>
<th></th>
<th>Often</th>
<th>Sometimes</th>
<th>Rarely</th>
<th>Never</th>
<th>Do not smoke</th>
<th>DK, R</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td></td>
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<td></td>
<td></td>
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<tr>
<td>3</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>4</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Question</td>
<td>Response Options</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>-----------------------------------</td>
<td>---------------------------</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
| STR_Q6_5C When dealing with stress, how often do you try to feel better by drinking alcohol? | 1 Often  
2 Sometimes  
3 Rarely  
4 Never  
DK, R |
| STR_Q6_5D When dealing with stress, how often do you try to feel better by using drugs or medication? | 1 Often  
2 Sometimes  
3 Rarely  
4 Never  
DK, R |
| STR_Q6_6 How often do you jog or do other exercise to deal with stress? | 1 Often  
2 Sometimes  
3 Rarely  
4 Never  
DK, R |
| STR_Q6_7 How often do you pray or seek spiritual help to deal with stress? | 1 Often  
2 Sometimes  
3 Rarely  
4 Never  
DK, R |
| STR_Q6_8 To deal with stress, how often do you try to relax by doing something enjoyable? | 1 Often  
2 Sometimes  
3 Rarely  
4 Never  
DK, R |
| STR_Q6_9 To deal with stress, how often do you try to look on the bright side of things? | 1 Often  
2 Sometimes  
3 Rarely  
4 Never  
DK, R |
How often do you blame yourself?

1. Often
2. Sometimes
3. Rarely
4. Never

To deal with stress, how often do you wish the situation would go away or somehow be finished?

1. Often
2. Sometimes
3. Rarely
4. Never

Go to next module.
DEPRESSION

DEP_C01
If SCR_Q21 = 1 (Yes), DEP_C01 = 1 and go to DEP_Q01 (sad, empty or depressed).
If SCR_Q22 = 1 (Yes), DEP_C01 = 2 and go to DEP_Q02 (discouraged).
If SCR_Q23 = 1 (Yes), DEP_C01 = 3 and go to DEP_Q09 (uninterested).

Otherwise, if (SCR_Q21 = 2, DK, R) and (if SCR_Q22 = 2, DK, R) and if (SCR_Q23 = 2, DK, R), DEP_C01 = 0 go to DEP_QINT26CCA.

DEP_Q01
Earlier, you mentioned having periods that lasted several days or longer when you felt sad, empty or depressed most of the day. During such episodes, did you ever feel discouraged about how things were going in your life?

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Yes</td>
</tr>
<tr>
<td>2</td>
<td>No</td>
</tr>
<tr>
<td>DK</td>
<td>(Go to DEP_Q01B)</td>
</tr>
<tr>
<td>R</td>
<td>(Go to DEP_QINT26CCA)</td>
</tr>
</tbody>
</table>

DEP_Q01A
During the episodes of being sad, empty or depressed, did you ever lose interest in most things like work, hobbies or other things you usually enjoyed?

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Yes</td>
</tr>
<tr>
<td>2</td>
<td>No</td>
</tr>
<tr>
<td>DK, R</td>
<td>(sad or discouraged)</td>
</tr>
</tbody>
</table>

DEP_C02
If DEP_Q01A = 1,
^KEY_PHRASE1 = sad, discouraged or uninterested in things
^KEY_PHRASE3 = sad, discouraged or uninterested

Use the phrase “these problems” in %this problem/these problems%. Use the phrase “were” in %was/were%.

Otherwise, if DEP_Q01A = 2 or DEP_Q01A = DK or DEP_Q01A = R,
^KEY_PHRASE1 = sad or discouraged
^KEY_PHRASE3 = sad or discouraged

Use the phrase “these problems” in %this problem/these problems%. Use the phrase “were” in %was/were%.

Go to DEP_Q12.

DEP_Q01B
During the episodes of being sad, empty or depressed, did you ever lose interest in most things like work, hobbies or other things you usually enjoyed?

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Yes</td>
</tr>
<tr>
<td>2</td>
<td>No</td>
</tr>
<tr>
<td>DK, R</td>
<td>(sad)</td>
</tr>
</tbody>
</table>

DEP_01B
For information only
DEP_C03 If DEP_Q01B = 1,
  ^KEY PHRASE1 = sad or uninterested in things
  ^KEY PHRASE3 = sad or uninterested
  Use the phrase “these problems” in %this problem/these problems%.
  Use the phrase “were” in %was/were%.

Otherwise, if DEP_Q01B = 2 or DEP_Q01B = DK or DEP_Q01B = R,
  ^KEY PHRASE1 = sad
  ^KEY PHRASE3 = sad
  Use the phrase “this problem” in %this problem/these problems%.
  Use the phrase “was” in %was/were%.

Go to DEP_Q12.

DEP_Q02 Earlier, you mentioned having periods that lasted several days or longer
  when you felt discouraged about how things were going in your life. During
  such episodes, did you ever lose interest in most things like work, hobbies
  or other things you usually enjoy?

1 Yes (discouraged or uninterested in things)
2 No (discouraged)
   DK (discouraged)
   R (Go to DEP_QINT26CCA)

DEP_C04 If DEP_Q02 = 1,
  ^KEY PHRASE1 = discouraged or uninterested in things
  ^KEY PHRASE3 = discouraged or uninterested
  Use the phrase “these problems” in %this problem/these problems%.
  Use the phrase “were” in %was/were%.

Otherwise, if DEP_Q02 = 2 or DEP_Q02 = DK,
  ^KEY PHRASE1 = (discouraged)
  ^KEY PHRASE3 = (discouraged)
  Use the phrase “this problem” in %this problem/these problems%.
  Use the phrase “was” in %was/were%.

Go to DEP_Q12.

DEP_Q09 Earlier, you mentioned having periods that lasted several days or longer
  when you lost interest in most things like work, hobbies or other things you
  usually enjoy. Did you ever have such a period that lasted for most of the
day, nearly every day, for 2 weeks or longer?

1 Yes
2 No (Go to DEP_QINT26CCA)
   DK (Go to DEP_QINT26CCA)
   R (Go to DEP_QINT26CCA)
DEP_C5  If DEP_Q09 = 1,
^KEY_PHRASE1 = uninterested in things
^KEY_PHRASE3 = uninterested

Use the phrase “this problem” in %this problem/these problems%.
Use the phrase “was” in %was/were%.

DEP_C6  If DEP_Q09 = 1 (Yes), go to DEP_Q16.

DEP_Q12  Did you ever have a period of being ^KEY_PHRASE1 that lasted for most of the day, nearly every day, for 2 weeks or longer?

1  Yes
2  No    (Go to DEP_QINT26CCA)
DK, R    (Go to DEP_QINT26CCA)

DEP_Q16  Think of periods lasting 2 weeks or longer when %this problem/these problems% with your mood %was/were% most severe and frequent. During those periods, did your feelings of being ^KEY_PHRASE3 usually last:
INTERVIEWER: Read categories to respondent.

1  ... less than one hour?
2  ... between 1 and 3 hours?
3  ... between 3 and 5 hours?
4  ... more than 5 hours?
DK, R

DEP_Q17  During those periods, how severe was your emotional distress?
INTERVIEWER: Read categories to respondent.

1  Mild
2  Moderate
3  Severe
4  Very severe
DK, R

DEP_Q18  During those periods, how often was your emotional distress so severe that nothing could cheer you up?
INTERVIEWER: Read categories to respondent.

Often
2  Sometimes
3  Rarely
4  Never
DK, R

DEP_Q19  During those periods, how often was your emotional distress so severe that you could not carry out your daily activities?
INTERVIEWER: Read categories to respondent.

1  Often
2  Sometimes
3  Rarely
4  Never
DK, R
DEP_C20 If (DEP_Q17 = 1 (mild) or R) and (DEP_Q18 = 4 (never) or R) and (DEP_Q19 = 4 (never) or R), DEP_C20 = 1 and go to DEP_QINT26CCA. Otherwise, DEP_C20 = 2.

DEP_QINT21 People with episodes of being ^KEY_PHRASE3 often have other problems at the same time. These include things like feelings of low self-worth and changes in sleep, appetite, energy and ability to concentrate and remember.
INTERVIEWER: Press <Enter> to continue.

DEP_Q21 Did you ever have problems like this during one of your episodes of being ^KEY_PHRASE3?

1 Yes  
2 No    (Go to DEP_QINT26CCA)  
DK, R    (Go to DEP_QINT26CCA)

DEP_Q22 Please think of an episode of being ^KEY_PHRASE3 that lasted 2 weeks or longer when, at the same time, you also had the largest number of these other problems. Is there one particular episode that stands out as the worst one you ever had?

1 Yes  
2 No    (Go to DEP_Q23A)  
DK, R    (Go to DEP_Q23A)

DEP_Q22A How old were you when that worst episode started?
INTERVIEWER: Minimum is 0; maximum is %current age%.

|__|__|__| Age in years  
(MIN: 0) (MAX: current age)  
 DK, R

DEP_Q22B How long did it last (in terms of days, weeks, months or years)?
INTERVIEWER: Select the reporting unit here and enter the number in the next screen.

|__|__|__| Days  
(Go to DEP_Q22D)  

|__|__|__| Weeks  
(Go to DEP_Q22E)  

|__|__|__| Months  
(Go to DEP_Q22F)  

|__|__|__| Years  
(Go to DEP_QINT24)  

DK, R  

DEP_Q22C INTERVIEWER: Enter the number of days.  
Minimum is 14; maximum is 900.

|__|__|__| Number of days  
(MIN: 14) (MAX: 900; warning after 365)  

DK, R
DEP_E22C  If DEP_Q22C <= 365, go to DEP_QINT24.
Otherwise, show pop-up edit as follows.

An unusual value has been entered.
Please confirm or return and change the reporting unit.

DEP_Q22D  INTERVIEWER: Enter the number of weeks.
DEPB_22D Minimum is 2; maximum is 104.

|____| Number of weeks
(MIN: 2) (MAX: 104; warning after 52)
DK, R

DEP_E22D  If DEP_Q22D <= 52, go to DEP_QINT24.
Otherwise, show pop-up edit as follows.

An unusual value has been entered.
Please confirm or return and change the reporting unit.

DEP_Q22E  INTERVIEWER: Enter the number of months.
DEPB_22E Minimum is 1; maximum is 36.

|__| Number of months
(MIN: 1) (MAX: 36; warning after 24)
DK, R

DEP_E22E  If DEP_Q22E <= 24, go to DEP_QINT24.
Otherwise, show pop-up edit as follows.

An unusual value has been entered.
Please confirm or return and change the reporting unit.

DEP_Q22F  INTERVIEWER: Enter the number of years.
DEPB_22F Minimum is 1; maximum is %current age - (age in DEP_Q22A)%.

|____| Number of years
(MIN: 1) (MAX: current age - (age in DEP_Q22A))
DK, R

Go to DEP_QINT24.

DEP_Q23A  Think of the last time you had a bad episode of being ^KEY_PHRASE3 like this. How old were you when that last episode occurred?
INTERVIEWER: Minimum is 0; Maximum is %current age%.

|____| Age in years
(MIN: 0) (MAX: current age)
DK
R (Go to DEP_QINT24)
**DEP_Q23B**

**How long did that episode last?**

**INTERVIEWER:** Select the reporting unit here and enter the number in the next screen.

1. Days
2. Weeks (Go to DEP_Q23D)
3. Months (Go to DEP_Q23E)
4. Years (Go to DEP_Q23F)
   DK, R (Go to DEP_QINT24)

**DEP_Q23C**

**INTERVIEWER:** Enter the number of days.

| _ _ _ _ | Number of days
| (MIN: 14) (MAX: 900; warning after 365) |
| DK, R |

**DEP_E23C**

If DEP_Q23C <= 365, go to DEP_QINT24.
Otherwise, show pop-up edit as follows.

*An unusual value has been entered.*

Please confirm or return and change the reporting unit.

**DEP_Q23D**

**INTERVIEWER:** Enter the number of weeks.

| _ _ _ _ | Number of weeks
| (MIN: 2) (MAX: 104; warning after 52) |
| DK, R |

**DEP_E23D**

If DEP_Q23D <= 52, go to DEP_QINT24.
Otherwise, show pop-up edit as follows.

*An unusual value has been entered.*

Please confirm or return and change the reporting unit.

**DEP_Q23E**

**INTERVIEWER:** Enter the number of months.

| _ _ _ _ | Number of months
| (MIN: 1) (MAX: 36; warning after 24) |
| DK, R |

**DEP_E23E**

If DEP_Q23E <= 24, go to DEP_QINT24.
Otherwise, show pop-up edit as follows.

*An unusual value has been entered.*

Please confirm or return and change the reporting unit.
DEP_Q23F  INTERVIEWER: Enter the number of years.
Minimum is 1; maximum is %current age - (age in DEP_Q23A)%.

| | | | Number of years
(MIN: 1) (MAX: current age - (age in DEP_Q23A))

DK, R

DEP_QINT24  In answering the next questions, think about the period of 2 weeks or longer when your feelings of being ^KEY_PHRASE3 and other problems were most severe and frequent. During that period, tell me which of the following problems you had for most of the day, nearly every day.
INTERVIEWER: Press <Enter> to continue.

DEP_Q24A  Did you feel sad, empty or depressed most of the day, nearly every day, during that period of 2 weeks?

1  Yes  (KEY_PHRASE = feeling sad, empty or depressed)
2  No  (Go to DEP_Q24C)
DK, R  (Go to DEP_Q24C)

DEP_Q24B  Nearly every day, did you feel so sad that nothing could cheer you up?

1  Yes  (KEY_PHRASE = feeling that nothing could cheer you up)
2  No  
DK, R  

DEP_Q24C  During that period of 2 weeks, did you feel discouraged most of the day, nearly every day, about how things were going in your life?

1  Yes  (KEY_PHRASE = feeling discouraged about things in your life)
2  No  (Go to DEP_Q24E)
DK, R  (Go to DEP_Q24E)

DEP_Q24D  Did you feel hopeless about the future nearly every day?

1  Yes  (KEY_PHRASE = feeling hopeless about the future)
2  No  
DK, R  

DEP_Q24E  During that period of 2 weeks, did you lose interest in almost all things like work, hobbies and things you like to do for fun?

1  Yes  (KEY_PHRASE = losing interest in almost all things)
2  No  
DK, R  

DEP_Q24F  Did you feel like nothing was fun even when good things were happening?

1  Yes  (KEY_PHRASE = feeling that nothing was fun)
2  No  
DK, R  

For information only
DEP_C25 If any one of DEP_Q24A, DEP_Q24B, DEP_Q24C, DEP_Q24D, DEP_Q24E or DEP_Q24F = 1 (Yes), DEP_C25 = 1. Otherwise, DEP_C25 = 2 and go to DEP_QINT26CCA.

DEP_Q26A During that period of 2 weeks, did you, nearly every day, have a much smaller appetite than usual?

1. Yes (KEY_PHRASE = having a much smaller appetite) (Go to DEP_Q26E)
2. No DK, R

DEP_Q26B Did you have a much larger appetite than usual nearly every day?

1. Yes (KEY_PHRASE = having a much larger appetite)
2. No DK, R

DEP_Q26C During that period of 2 weeks, did you gain weight without trying to?

1. Yes (Go to DEP_Q26E)
2. No (Go to DEP_Q26E) DK, R

DEP_Q26C_1 Was this weight gain due to a physical growth or a pregnancy?

1. Yes (Go to DEP_Q26G)
2. No (KEY_PHRASE = gaining weight without trying to) DK, R

DEP_Q26D How much did you gain?

INTERVIEWER: Enter amount only.

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<th>Weight</th>
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<td>(MIN: 1) (MAX: 300)</td>
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</table>

DK, R (Go to DEP_Q26G)

DEP_N26D INTERVIEWER: Was that in pounds or kilograms?

1. Pounds
2. Kilograms (DK, R are not allowed)

Go to DEP_Q26G

DEP_Q26E Did you lose weight without trying to?

INTERVIEWER: If respondent reports being on a diet or physically ill, select “No”.

1. Yes (Go to DEP_Q26G)
2. No (Go to DEP_Q26G) DK, R (Go to DEP_Q26G)
DEP_Q26E_1  Was this weight loss a result of a diet or a physical illness?

1  Yes  (Go to DEP_Q26G)
2  No  (KEY_PHRASE = losing weight without trying to)
    DK, R

DEP_Q26F  How much did you lose?

INTERVIEWER: Enter amount only.

<table>
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<tr>
<th></th>
<th>Weight</th>
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<td>(MIN: 1) (MAX: 300)</td>
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</table>

    DK, R  (Go to DEP_Q26G)

DEP_N26F  INTERVIEWER: Was that in pounds or kilograms?

1  Pounds
2  Kilograms
    (DK, R are not allowed)

DEP_Q26G  During that period of 2 weeks, did you have a lot more trouble than usual either falling asleep, staying asleep or waking up too early nearly every night?

1  Yes  (KEY_PHRASE = having trouble falling or staying asleep or waking up too early)
2  No  (Go to DEP_Q26I)
    DK, R

DEP_Q26H  During that period of 2 weeks, did you sleep a lot more than usual nearly every night?

1  Yes  (KEY_PHRASE = sleeping a lot more than usual)
2  No  (Go to DEP_Q26J)
    DK, R

DEP_Q26I  Did you sleep much less than usual and still not feel tired or sleepy?

1  Yes  (KEY_PHRASE = sleeping much less than usual)
2  No  (Go to DEP_Q26J)
    DK, R

DEP_Q26J  During that period of 2 weeks, did you feel tired or low in energy nearly every day, even when you had not been working very hard?

1  Yes  (KEY_PHRASE = feeling tired or low in energy)
2  No  (Go to DEP_Q26L)
    DK, R
DEP_Q26K
During that period of 2 weeks, did you have a lot more energy than usual nearly every day?

1 Yes  (KEY_PHRASE = having a lot more energy than usual)
2 No  DK, R

DEP_Q26L
Did you talk or move more slowly than is normal for you nearly every day?

1 Yes  (KEY_PHRASE = talking or moving more slowly than normal)
2 No  (Go to DEP_Q26N)

DEP_Q26M
Did anyone else notice that you were talking or moving slowly?

1 Yes  2 No  DK, R

Go to DEP_Q26P

DEP_Q26N
Were you so restless or jittery nearly every day that you paced up and down or couldn’t sit still?

1 Yes  (KEY_PHRASE = feeling restless or jittery, or couldn’t sit still)
2 No  (Go to DEP_Q26P)

DEP_Q26O
Did anyone else notice that you were restless?

1 Yes  2 No  DK, R

DEP_Q26P
During that period of 2 weeks, did your thoughts come much more slowly than usual or seem mixed up nearly every day?

1 Yes  (KEY_PHRASE = thinking much more slowly than usual)
2 No  DK, R

DEP_Q26Q
Did your thoughts seem to jump from one thing to another or race through your head so fast you couldn’t keep track of them?

1 Yes  (KEY_PHRASE = having thoughts race through your head)
2 No  DK, R
Nearly every day, did you have a lot more trouble concentrating than is normal for you?

1  Yes  (KEY PHRASE = having more trouble concentrating)
2  No
   DK, R

Were you unable to make up your mind about things you ordinarily have no trouble deciding about?

1  Yes  (KEY PHRASE = being unable to make your mind about things)
2  No
   DK, R

Did you lose your self-confidence?

1  Yes  (KEY PHRASE = losing your self-confidence)
2  No
   DK, R

Nearly every day, did you feel that you were not as good as other people?

1  Yes  (KEY PHRASE = feeling not as good as other people)
2  No
   (Go to DEP_Q26W)
   DK, R
   (Go to DEP_Q26W)

Did you feel totally worthless nearly every day?

1  Yes  (KEY PHRASE = feeling worthless)
2  No
   DK, R

Did you feel guilty nearly every day?

1  Yes  (KEY PHRASE = feeling guilty every day)
2  No
   DK, R

Did you feel irritable, grouchy or in a bad mood nearly every day?

1  Yes  (KEY PHRASE = feeling grouchy)
2  No
   DK, R

Did you feel nervous or anxious most days?

1  Yes  (KEY PHRASE = feeling nervous or anxious)
2  No
   DK, R
During that period of 2 weeks, did you have any sudden attacks of intense fear or panic?

1 Yes  (KEY_PHRASE = having attacks of fear or panic)
2 No

Did you feel that you could not cope with your everyday responsibilities?

1 Yes  (KEY_PHRASE = feeling you couldn’t cope with your responsibilities)
2 No

Did you feel like you wanted to be alone rather than spend time with friends or relatives?

1 Yes  (KEY_PHRASE = wanting to be alone)
2 No

Did you feel less talkative than usual?

1 Yes  (KEY_PHRASE = feeling less talkative)
2 No

Were you often in tears?

1 Yes  (KEY_PHRASE = being often in tears)
2 No

Did you often think a lot about death, either your own, someone else’s or death in general?

1 Yes  (KEY_PHRASE = thinking about death)
2 No

During that period, did you ever think that it would be better if you were dead?

1 Yes  (KEY_PHRASE = thinking you were better dead)
2 No
Three experiences are listed, EXPERIENCE A, B and C. Think of the period of 2 weeks or longer when your feelings of being KEY_PHRASE3 and other problems were most severe and frequent. During that time, did EXPERIENCE A happen to you?

INTERVIEWER: EXPERIENCE A is "You seriously thought about committing suicide or taking your own life."

1 Yes  (KEY_PHRASE = having EXPERIENCE A)  (Go to DEP_Q26DD)
2 No  (Go to DEP_Q26CC1)
DK, R  (Go to DEP_C27)

Has EXPERIENCE A ever happened to you?

INTERVIEWER: EXPERIENCE A is "You seriously thought about committing suicide or taking your own life."

1 Yes  (Go to DEP_Q26DD)
2 No  (Go to DEP_C27)
DK, R  (Go to DEP_C27)

In the past 12 months, did EXPERIENCE A happen to you?

INTERVIEWER: EXPERIENCE A is "You seriously thought about committing suicide or taking your own life."

1 Yes  (Go to DEP_Q26DD)
2 No  (Go to DEP_C27)
DK, R  (Go to DEP_C27)

How old were you the last time this experience happened to you?

INTERVIEWER: Minimum is 6; maximum is %current age - 1%

| | | | Age in years
(MIN: 6)  (MAX: current age - 1)
DK, R  (Go to DEP_C27)

Now, look at the second experience on the list, EXPERIENCE B. Did EXPERIENCE B happen to you?

INTERVIEWER: EXPERIENCE B is "You made a plan for committing suicide."

1 Yes  (KEY_PHRASE = having EXPERIENCE B)
2 No  (Go to DEP_C27)
DK, R  (Go to DEP_C27)
DEP_C26DD  If DEP_Q26CC1 = 1 (Yes) and DEP_Q26DD = 1 (Yes) or 2 (No),
DEP_C26DD = 1 and go to DEP_Q26EE1.

If DEP_Q26CC = 1 (Yes) and DEP_Q26DD = 1 (Yes) or 2 (No),
DEP_C26DD = 2 and go to DEP_Q26EE.

If DEP_Q26DD = DK or R, DEP_C26DD = 3 and go to DEP_C26EE7B.

DEP_Q26EE  Now, look at the third experience on the list, EXPERIENCE C.
During that period of 2 weeks or longer, did EXPERIENCE C happen to you?
INTERVIEWER: EXPERIENCE C is “You attempted suicide or tried to take your
own life.”

1  Yes  (KEY_PHRASE = having EXPERIENCE C)
2  No  (Go to DEP_Q26EEB)
DK, R  (Go to DEP_C26EE7B)

DEP_Q26EEA Has there been a more recent time when EXPERIENCE C happened to you?
INTERVIEWER: EXPERIENCE C is “You attempted suicide or tried to take your
own life.”

1  Yes  (Go to DEP_Q26EE1A)
2  No  (Go to DEP_Q26EE3)
DK, R  (Go to DEP_C26EE7B)

DEP_Q26EEB Has EXPERIENCE C ever happened to you?
INTERVIEWER: EXPERIENCE C is “You attempted suicide or tried to take your
own life.”

1  Yes  (Go to DEP_Q26EE1A)
2  No  (Go to DEP_C27)
DK, R  (Go to DEP_C27)

DEP_Q26EE1 Now, look at the third experience on the list, EXPERIENCE C.
Has EXPERIENCE C ever happened to you?
INTERVIEWER: EXPERIENCE C is “You attempted suicide or tried to take your
own life.”

1  Yes  (Go to DEP_Q26EE1A)
2  No  (Go to DEP_C27)
DK, R  (Go to DEP_C27)

DEP_Q26EE1A During the last 12 months, did EXPERIENCE C happen to you?
INTERVIEWER: EXPERIENCE C is “You attempted suicide or tried to take your
own life.”

1  Yes
2  No
DK, R
If DEP_Q26EEA = 1 (Yes) and DEP_Q26EE1A = 1 (Yes), DEP_C26EE1A = 1 and go to DEP_Q26EE3.

If DEP_Q26EEA = 1 (Yes) and DEP_Q26EE1A = 2 (No), DEP_C26EE1A = 2 and go to DEP_Q26EE1B.

If (DEP_Q26EEA = 1 (Yes) or DEP_Q26EEB = 1 (Yes)), and DEP_Q26EE1A = 1 (Yes), DEP_C26EE1A = 3 and go to DEP_Q26EE3.

If (DEP_Q26EEA = 1 (Yes) or DEP_Q26EEB = 1 (Yes)), and DEP_Q26EE1A = 2 (No), DEP_C26EE1A = 4 and go to DEP_Q26EE2.

If (DEP_Q26EE1A = DK or R) or (DEP_Q26EEB = DK or R), C26EE1A = 5 and go to DEP_C26EE7B.

**DEP_Q26EE1B During the last 12 months, did EXPERIENCE A happen to you?**

**DEPB_A1B INTERVIEWER:** EXPERIENCE A is “You seriously thought about committing suicide or taking your own life.”

1 Yes
2 No (Go to DEP_Q26EE1D)
DK, R (Go to DEP_C27)

**DEP_Q26EE1C Did EXPERIENCE B happen to you?**

**DEPB_B1C INTERVIEWER:** EXPERIENCE B is “You made a plan for committing suicide.”

1 Yes
2 No (Go to DEP_Q26EE7)
DK, R (Go to DEP_C26EE7B)

**DEP_Q26EE1D How old were you the last time EXPERIENCE C happened to you?**

**DEPB_C1D INTERVIEWER:** EXPERIENCE C is “You attempted suicide or tried to take your own life.”

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<th>Age in years</th>
<th>(Go to DEP_Q26EE3)</th>
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<td>(MIN: 6), (MAX: current age - 1)</td>
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</table>
DK, R (Go to DEP_C26EE7B)

**DEP_Q26EE2 How old were you when EXPERIENCE C happened to you?**

**DEPB_C2 INTERVIEWER:** EXPERIENCE C is “You attempted suicide or tried to take your own life.”

Minimum is 6; maximum is %current age - 1%. If more than one attempt, ask about the most recent one.

<table>
<thead>
<tr>
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<th>Age in years</th>
<th>(Go to DEP_C26EE7B)</th>
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<td></td>
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<td>(MIN: 6) (MAX: current age - 1)</td>
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</tr>
</tbody>
</table>
DK, R (Go to DEP_C26EE7B)

**DEP_Q26EE3 Did it result in injury or poisoning?**

**DEPB_C3 INTERVIEWER:** If more than one attempt, ask about the most recent one.

1 Yes
2 No (Go to DEP_C26EE7A)
DEP_Q26EE4 Did you receive medical attention (following the most recent time EXPERIENCE C happened to you)?
INTERVIEWER: EXPERIENCE C is “You attempted suicide or tried to take your own life.”
If more than one attempt, ask about the most recent one.

1 Yes
2 No (Go to DEP_C26EE7A)
DK, R (Go to DEP_C26EE7A)

DEP_Q26EE5 Were you hospitalized overnight or longer (following this most recent time since EXPERIENCE C happened to you)?
INTERVIEWER: EXPERIENCE C is “You attempted suicide or tried to take your own life.”
If more than one attempt, ask about the most recent one.

1 Yes
2 No

DEP_C26EE7A If DEP_Q26EE1A = 1 (Yes), DEP_C26EE7A = 1 and go to DEP_Q26EE8.
Otherwise, DEP_C26EE7A = 2 and go to DEP_C26EE7B.

DEP_C26EE7B If DEP_Q26CC1A = 1 (Yes) or DEP_Q26EE1B = 1 (Yes), DEP_C26EE7B = 1 and go to DEP_Q26EE7.
Otherwise, DEP_C26EE7B = 2 and go to DEP_C27.

DEP_Q26EE7 During the past 12 months, have you seen, or talked on the telephone, to a professional about EXPERIENCE A?
INTERVIEWER: EXPERIENCE A is “You seriously thought about committing suicide or taking your own life.”

1 Yes
2 No (Go to DEP_C27)
DK, R (Go to DEP_C27)

DEP_Q26EE7A (Please refer to page 7 of the booklet.)

Whom did you see or talk to? Please read the numbers of all that apply.
INTERVIEWER: Mark all that apply.

DEPB_AAA 1 Psychiatrist
DEPB_AAB 2 Family doctor or general practitioner
DEPB_AAC 3 Psychologist
DEPB_AAD 4 Nurse
DEPB_AAE 5 Social worker or counsellor
DEPB_AAF 6 Religious or spiritual advisor such as a priest, chaplain or rabbi
DEPB_AAG 7 Teacher or guidance counsellor
DEPB_AAH 8 Other
DK, R
DEP_Q26EE7B Where did the contact(s) take place?
INTERVIEWER: Mark all that apply.
If respondent says "hospital", probe for details.

- DEPB_ABA 1 Hospitalized as an overnight patient
- DEPB_ABB 2 Health professional’s office (including doctor’s)
- DEPB_ABC 3 Hospital emergency room
- DEPB_ABD 4 Psychiatric outpatient clinic
- DEPB_ABE 5 Drug or alcohol outpatient clinic
- DEPB_ABF 6 Other hospital outpatient clinic (e.g. day surgery, cancer)
- DEPB_ABG 7 Walk-in clinic
- DEPB_ABH 8 Appointment clinic
- DEPB_ABI 9 Community health centre / CLSC
- DEPB_ABJ 10 At work
- DEPB_ABK 11 At school
- DEPB_ABL 12 At home
- DEPB_ABM 13 Telephone consultation only
- DEPB_ABN 14 Church or other place for religious assembly
- DEPB_ABO 15 Other

DK, R

Go to DEP_C27

DEP_Q26EE8 During the past 12 months, have you seen, or talked on the telephone, to a professional about EXPERIENCE A or EXPERIENCE C?
INTERVIEWER: EXPERIENCE A is "You seriously thought about committing suicide or taking your own life." EXPERIENCE C is "You attempted suicide or tried to take your own life."

1 Yes
2 No (Go to DEP_C27)
DK, R (Go to DEP_C27)

DEP_Q26EE8A (Please refer to page 7 of the booklet.)
Whom did you see or talk to? Please read the numbers of all that apply.
INTERVIEWER: Mark all that apply.

- DEPB_DAA 1 Psychiatrist
- DEPB_DAB 2 Family doctor or general practitioner
- DEPB_DAC 3 Psychologist
- DEPB_DAC 4 Nurse
- DEPB_DAE 5 Social worker or counsellor
- DEPB_DAF 6 Religious or spiritual advisor such as a priest, chaplain or rabbi
- DEPB_DAG 7 Teacher or guidance counsellor
- DEPB_DAH 8 Other

DK, R
**DEP_Q26EE8B** Where did the contact(s) take place?

**INTERVIEWER:** Mark all that apply.
If respondent says "hospital", probe for details.

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<th>Code</th>
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<tr>
<td>DEPB_DBA</td>
<td>1</td>
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<tr>
<td>DEPB_DBB</td>
<td>2</td>
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<tr>
<td>DEPB_DBC</td>
<td>3</td>
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<tr>
<td>DEPB_DBD</td>
<td>4</td>
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<tr>
<td>DEPB_DBE</td>
<td>5</td>
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<tr>
<td>DEPB_DBF</td>
<td>6</td>
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<td>DEPB_DBI</td>
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<td>DEPB_DBK</td>
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<td>DEPB_DBL</td>
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<td>DEPB_DBM</td>
<td>13</td>
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<td>DEPB_DBN</td>
<td>14</td>
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<td>DEPB_DBO</td>
<td>15</td>
</tr>
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</tbody>
</table>

**DEP_C27**
Set count of DEP_C27 = 0.
If any of DEP_Q24A through DEP_Q24D = 1 (Yes), DEP_C27 = DEP_C27 + 1.
If any of DEP_Q24E through DEP_Q24F = 1 (Yes), DEP_C27 = DEP_C27 + 1.

**DEP_C27A**
If DEP_C27 >= 5, DEP_C27A = 1.
Otherwise DEP_C27A = 2 and go to DEP_ND.

**DEP_C28**
If DEP_Q26CC = 1 (Yes) or DEP_Q26CC1 = 1 (Yes), DEP_C28 = 1 and go to DEP_Q28_1.
Otherwise, DEP_C28 = 2.
DEP_Q28

You mentioned having a number of the problems that I just asked you about. During that episode, how much did your feelings of being \^KEY_PHRASE3 and having these other problems interfere with either your work, your social life or your personal relationships?

INTERVIEWER: Read categories to respondent. If respondent does not remember the problems, press <Ctrl D> to show the list of situations.

1 Not at all (Go to DEP_Q29A)
2 A little (Go to DEP_Q28A)
3 Some (Go to DEP_Q28A)
4 A lot (Go to DEP_Q28A)
5 Extremely (Go to DEP_Q28A)

DEP_Q28_1

Earlier, you mentioned having a number of problems during the period of 2 weeks or longer when your feelings of being \^KEY_PHRASE3 were most frequent and severe. During that episode, how much did your feelings of being \^KEY_PHRASE3 and having these other problems interfere with either your work, your social life or your personal relationships?

INTERVIEWER: Read categories to respondent. If respondent does not remember the problems, press <Ctrl D> to show the list of situations.

1 Not at all (Go to DEP_Q29A)
2 A little (Go to DEP_Q28A)
3 Some (Go to DEP_Q28A)
4 A lot (Go to DEP_Q28A)
5 Extremely (Go to DEP_Q28A)

DK, R (Go to DEP_Q28A)

DEP_Q28A

During that episode, how often were you unable to carry out your daily activities because of your feelings of being \^KEY_PHRASE3?

INTERVIEWER: Read categories to respondent.

1 Often
2 Sometimes
3 Rarely
4 Never

DK, R

DEP_Q29A

Episodes of this sort sometimes occur as a result of a physical illness or injury or the use of medication, drugs or alcohol. Do you think your episodes of feeling \^KEY_PHRASE3 ever occurred as the result of physical causes, medication, drugs or alcohol?

1 Yes (Go to DEP_Q30)
2 No (Go to DEP_Q30)

DK, R (Go to DEP_Q30)
Canadian Community Health Survey – Cycle 1.2 - Mental Health and Well-Being

**DEP_Q29B**
Do you think your episodes were **always** the result of physical causes, medication, drugs or alcohol?

1  Yes  (Go to DEP_Q30)
2  No  (Go to DEP_Q30)

**DEP_Q29C**
What were the causes?
INTERVIEWER: Mark all that apply.

**DEPB_9CA** 1  Exhaustion
**DEPB_9CB** 2  Hyperventilation
**DEPB_9CC** 3  Hypochondria
**DEPB_9CD** 4  Menstrual cycle
**DEPB_9CE** 5  Pregnancy / postpartum
**DEPB_9CF** 6  Thyroid disease
**DEPB_9CG** 7  Cancer
**DEPB_9CH** 8  Overweight
**DEPB_9CI** 9  Medication (excluding illicit drugs)
**DEPB_9CJ** 10  Illicit drugs
**DEPB_9CK** 11  Alcohol
**DEPB_9CL** 12  Chemical Imbalance/Serotonin Imbalance
**DEPB_9CM** 13  Chronic Pain
**DEPB_9CN** 14  Caffeine
**DEPB_9CO** 15  No specific diagnosis
**DEPB_9CP** 16  Other – Specify
**DEPB_9CQ** 17  Accident/Injury
**DEPB_9CR** 18  Emotional, social or economic reason
**DEPB_9CS** 19  Other – Physical causes, etc.

DK, R

**DEP_C29C**
If DEP_Q29C <> 16, go to DEP_Q30.

**DEP_Q30**
Did your episodes of feeling **KEY_PHRASE3** ever occur just after someone close to you died?

1  Yes  (Go to DEP_Q31)
2  No  (Go to DEP_Q31)

**DEP_Q30A**
Did your episodes of feeling **KEY_PHRASE3** **always** occur just after someone close to you died?

1  Yes
2  No

DK, R
**DEP_Q31**
**DEPB_31**
During your life, how many episodes of feeling *KEY_PHRASE3* with some other problems lasting *two weeks or longer* have you ever had?

**INTERVIEWER**: Minimum is 1; maximum is 901.
If respondent answers more than 900 episodes, enter “900”.
If respondent answers “More than I can remember”, enter “901”.

||| Number of episodes  
(MIN: 1)  (MAX: 901)

DK
R

**DEP_C31**
If DEP_Q31 = 1 (number of episodes), DEP_C31 = 1 and go to DEP_Q37B_2.
Otherwise, DEP_C31 = 2.

**DEP_QINT37**
**DEPB_37**
Think of the *very first time* in your life when you had an episode lasting *2 weeks or longer* when most of the day, nearly every day, you felt *KEY_PHRASE3* and you also had some of the other problems we talked about.

**DEP_Q37**
**DEPB_37**
Can you remember exactly how old you were the very first time you had such an episode?

1 Yes
2 No    (Go to DEP_Q37B)
DK    (Go to DEP_Q37B)
R    (Go to DEP_Q37B_1)

**DEP_Q37A**
**DEPB_37A**
**INTERVIEWER**: Minimum is 0; maximum is %current age%.

||| Age in years  
(Go to DEP_Q37B_2)

(MIN: 0)  (MAX: current age)

DK
R

**DEP_Q37B**
**DEPB_37B**
About how old were you (the first time you had such an episode)?

**INTERVIEWER**: Minimum is 0; maximum is %current age%.
If respondent answers “All my life” or “As long as I can remember”, press <F6> to indicate “DK”.

||| Age in years  
(Go to DEP_Q37B_2)

(MIN: 0)  (MAX: current age)

DK
R

For information only
DEP_Q37B_1 Would you say that the very first time you had an episode of this sort was:
DEPB_371 INTERVIEWER: Read categories to respondent.
If respondent answers “All my life”, press <F6> to indicate “DK”.
1 … before you first started school?
2 … before you were a teenager?
3 … once you were a teenager or an adult?
   DK, R

DEP_Q37B_2 Was that episode brought on by some stressful experience or did it happen out of the blue?
DEPB_372 1 Brought on by stress
2 Out of the blue
3 Don’t remember
   DK, R

DEP_C37B_2 If DEP_Q31 = 1 (number of episodes), DEP_C37B_2 = 1 and go to DEP_Q38. Otherwise, DEP_C37B_2 = 2.

DEP_Q37C About how long did that episode go on?
DEPB_7CA INTERVIEWER: Select the reporting unit here and enter the number in the next screen.
1  Days
2  Weeks (Go to DEP_Q37C_D)
3  Months (Go to DEP_Q37C_E)
4  Years (Go to DEP_Q37C_F)
   DK, R

DEP_Q37C_C INTERVIEWER: Enter the number of days. Minimum is 14; maximum is 900.

|_______| Number of days
   (MIN: 14) (MAX: 906; warning after 365)
   DK, R

DEP_E37C_C If DEP_Q37C_C <= 365, go to DEP_Q38. Otherwise, show pop-up edit as follows.

An unusual value has been entered.
Please confirm or return and change the reporting unit.

DEP_Q37C_D INTERVIEWER: Enter the number of weeks. Minimum is 2; maximum is 104.

|_______| Number of weeks
   (MIN: 2) (MAX: 104; warning after 52)
   DK, R
DEP_E37C_D If DEP_Q37C_D <= 52, go to DEP_Q38.
Otherwise, show pop-up edit as follows.

An unusual value has been entered.
Please confirm or return and change the reporting unit.

DEP_Q37C_E INTERVIEWER: Enter the number of months.
DEPB_7CD Minimum is 1; maximum is 36.

| | | Number of months
(MIN: 1) (MAX: 36; warning after 24)

DK, R

DEP_E37C_E If DEP_Q37C_E <= 24, go to DEP_Q38.
Otherwise, show pop-up edit as follows.

An unusual value has been entered.
Please confirm or return and change the reporting unit.

DEP_Q37C_F INTERVIEWER: Enter the number of years.
DEPB_7CE Minimum is 1; maximum is %current age - (age in DEP_Q37A or DEP_Q37B)%.

| | | | Number of years
(MIN: 1) (MAX: current age - (age in DEP_Q37A or DEP_Q37B))

DK, R

Go to DEP_Q38.

DEP_Q38

At any time in the past 12 months, did you have an episode lasting 2 weeks or longer when you felt ^KEY_PHRASE3 and also had some of the other problems already mentioned?
INTERVIEWER: If respondent does not remember the problems, press <Ctrl D> to show the list of situations.

1 Yes
2 No
DK, R

DEP_C38 If (DEP_Q31 = 1 (number of episodes) and DEP_Q38 = 2 (No) or DK or R),
DEP_C38 = 1 and go to DEP_C71.
If (DEP_Q31 > 1 (number of episodes) or DK or R) and (DEP_Q38 = 2 (No) or DK or R),
DEP_C38 = 2 and go to DEP_Q38C.
Otherwise, DEP_C38 = 3.

DEP_Q38A

How recently was it?
DEPB_8A INTERVIEWER: Read categories to respondent.

1 During the past month
2 Between 2 and 6 months ago
3 More than 6 months ago
DK, R
DEP_C38A If DEP_Q31 = 1 (number of episodes), DEP_C38A = 1 and go to DEP_Q38A_6. Otherwise, DEP_C38A = 2.

DEP_QINT38A_1 In the next questions, the word “episode” means a period lasting 2 weeks or longer when, nearly every day, you were ^KEY_PHRASE3 and you also had some of the other problems we just mentioned. The end of an episode is when you no longer have the problems for two weeks in a row. Press <Enter> to continue.

DEP_Q38A_1 With this definition in mind, how many different episodes did you have in the past 12 months?
INTERVIEWER: Minimum is 0; maximum is 50. If respondent answers “More than I can remember”, enter “50”.

DEP_C38A_2 If DEP_Q38A_1 = 0 (number of different episodes), DK or R, DEP_C38A_2 = 0 and go to DEP_Q38C.

DEP_Q38A_3 In what month and year did that episode start?
INTERVIEWER: Select the month here and enter the year in the next screen.

DEP_C38A_4 If DEP_Q38A = 1 (during the past month), use the phrase “last so far” in %last so far/last%. Otherwise, use the phrase “last” in %last so far/last%.
**DEP_Q38A_4** How long did that episode %last so far/last%?

**DEPB_8AA** INTERVIEWER: Select the reporting unit here and enter the number in the next screen.

1  Days
2  Weeks  (Go to DEP_Q38A_4B)
3  Months  (Go to DEP_Q38A_4C)
4  Years  (Go to DEP_Q38A_4D)
   DK, R  (Go to DEP_C38A_5)

**DEP_Q38A_4A** INTERVIEWER: Enter the number of days.

**DEPB_8AB** Minimum is 14; maximum is 900.

```
    |    |    | Number of days
    (MIN: 14) (MAX: 900; warning after 365)

   DK, R
```

**DEP_E38A_4A** If DEP_Q38A_4A <= 365, go to DEP_C38A_5.
Otherwise, show pop-up edit as follows.

**An unusual value has been entered.**
**Please confirm or return and change the reporting unit.**

**DEP_Q38A_4B** INTERVIEWER: Enter the number of weeks.

**DEPB_8AC** Minimum is 2; maximum is 104.

```
    |    |    | Number of weeks
    (MIN: 2) (MAX: 104; warning after 52)

   DK, R
```

**DEP_E38A_4B** If DEP_Q38A_4B <= 52, go to DEP_C38A_5.
Otherwise, show pop-up edit as follows.

**An unusual value has been entered.**
**Please confirm or return and change the reporting unit.**

**DEP_Q38A_4C** INTERVIEWER: Enter the number of months.

**DEPB_8AD** Minimum is 1; maximum is 36.

```
    |    | Number of months
    (MIN: 1) (MAX: 36; warning after 24)

   DK, R
```

**DEP_E38A_4C** If DEP_Q38A_4C <= 24, go to DEP_C38A_5.
Otherwise, show pop-up edit as follows.

**An unusual value has been entered.**
**Please confirm or return and change the reporting unit.**
DEP_Q38A_4D INTERVIEWER: Enter the number of years.

DEPB_8AE Minimum is 1; maximum is %current age - (age in DEP_Q37A or DEP_Q37B)%.

|   |   |   | Number of years
(MIN: 1) (MAX: current age - (age in DEP_Q37A or DEP_Q37B))
DK, R

DEP_C38A_5 If DEP_Q38A = 1 (during the past month), DEP_C38A_5 = 1.
Otherwise, DEP_C38A_5 = 2 and go to DEP_Q39.

DEP_Q38A_6 Has this episode ended or is it still going on?

DEPB_8A6

1 Ended
2 Still going on
DK, R

DEP_C38A_6 If DEP_Q31 = 1 (number of episodes), DEP_C38A_6 = 1 and go to DEP_C62_1.
Otherwise, DEP_C38A_6 = 2 and go to DEP_Q39.

DEP_C38A_7 If DEP_Q38A_1 = 1 (number of different episodes), use the phrase “this episode” in %this episode/the first of these %number in DEP_Q38A_1% episodes%.
If DEP_Q38A_1 > 1 (number of different episodes) or DEP_Q38A_1 < 50 (in between 2 and 49), use the phrase “the first of these %number in DEP_Q38A_1% episodes” in %this episode/the first of these %number in DEP_Q38A_1% episodes%.
Otherwise use “the first of these episodes” in %this episode/the first of these %number in DEP_Q38A_1% episodes%. (For this condition, do not insert %number in DEP_Q38A_1%).

DEP_Q38A_7 How long did %this episode/the first of these %number in DEP_Q38A_1% episodes% last?

INTERVIEWER: Select the reporting unit here and enter the number in the next screen.

1 Days
2 Weeks (Go to DEP_Q38A_7B)
3 Months (Go to DEP_Q38A_7C)
4 Years (Go to DEP_Q38A_7D)
DK, R (Go to DEP_C38A_8)

DEP_Q38A_7A INTERVIEWER: Enter the number of days.

DEPB_8BB Minimum is 14; maximum is 900.

|   |   |   | Number of days
(MIN: 14) (MAX: 900; warning after 365)
DK, R

DEP_E38A_7A If DEP_Q38A_7A <= 365, go to DEP_C38A_8.
Otherwise, show pop-up edit as follows.

An unusual value has been entered.
Please confirm or return and change the reporting unit.
DEP_Q38A_7B INTERVIEWER: Enter the number of weeks.
DEPB_8BC Minimum is 2; maximum is 104.

| | | | Number of weeks
(MIN: 2) (MAX: 104; warning after 52)

DK, R

DEP_E38A_7B If DEP_Q38A_7B <= 52, go to DEP_C38A_8.
Otherwise, show pop-up edit as follows.

An unusual value has been entered.
Please confirm or return and change the reporting unit.

DEP_Q38A_7C INTERVIEWER: Enter the number of months.
DEPB_8BD Minimum is 1; maximum is 36.

| | | Number of months
(MIN: 1) (MAX: 36; warning after 24)

DK, R

DEP_E38A_7C If DEP_Q38A_7C <= 24, go to DEP_C38A_8.
Otherwise, show pop-up edit as follows.

An unusual value has been entered.
Please confirm or return and change the reporting unit.

DEP_Q38A_7D INTERVIEWER: Enter the number of years.
DEPB_8BE Minimum is 1; maximum is %current age - (age in DEP_Q37A or DEP_Q37B)%.

| | | | Number of years
(MIN: 1) (MAX: current age - (age in DEP_Q37A or DEP_Q37B))

DK, R

DEP_C38A_8 If DEP_Q38A_8 = 1, DEP_C38A_8 = 1 (episode during the past month).
Otherwise, DEP_C38A_8 = 2 and go to DEP_Q38B.

DEP_Q38A_9 Has the most recent episode ended or is it still going on?
DEPB_8A9

1 Ended
2 Still going on
DK, R

DEP_Q38B During the past 12 months, about how many days out of 365 were you in such an episode? (You may use any number between 1 and 365 to answer.)

| | | | Number of days
(MIN: 1) (MAX: 365)

DK, R

Go to DEP_Q39
DEP_Q38C  How old were you the last time you had one of these episodes?
DEPB_38C  INTERVIEWER: Minimum is %age in DEP_Q37A or DEP_Q37B%; Maximum is %current age - 1%.

|_|_|_| Age in years
(MIN: age in DEP_Q37A or DEP_Q37B) (MAX: current age - 1)

DK, R

DEP_Q39  What is the longest episode you ever had when, most of the day, nearly everyday, you were feeling ^KEY_PHRASE3 and you also had some of the other problems we just mentioned?
DEPB_39A  INTERVIEWER: Select the reporting unit here and enter the number in the next screen.
If respondent does not remember the problems, press <Ctrl D> to show the list of situations.

1  Days
2  Weeks
3  Months
4  Years
DK, R

DEP_Q39A  INTERVIEWER: Enter the number of days.
Minimum is 14; maximum is 900.

|_|_|_|  Number of days
(MIN: 14) (MAX: 900; warning after 365)

DK, R

DEP_E39A  If DEP_Q39A <= 365, go to DEP_Q53_1.
Otherwise, show pop-up edit as follows.
An unusual value has been entered.
Please confirm or return and change the reporting unit.

DEP_Q39B  INTERVIEWER: Enter the number of weeks.
Minimum is 2; maximum is 104.

|_|_|_|  Number of weeks
(MIN: 2) (MAX: 104; warning after 52)

DK, R

DEP_E39B  If DEP_Q39B <= 52, go to DEP_Q53_1.
Otherwise, show pop-up edit as follows.
An unusual value has been entered.
Please confirm or return and change the reporting unit.
DEP_Q39C  INTERVIEWER: Enter the number of months.
DEPB_39D Minimum is 1; maximum is 36.

| | | Number of months
(MIN: 1) (MAX: 36; warning after 24)

DK, R

DEP_E39C If DEP_Q39C <= 24, go to DEP_Q53_1.
Otherwise, show pop-up edit as follows.

An unusual value has been entered.
Please confirm or return and change the reporting unit.

DEP_Q39D  INTERVIEWER: Enter the number of years.
DEPB_39E Minimum is 1; maximum is %current age - (age in DEP_Q37A or DEP_Q37B)%.

| | | | Number of years
(MIN: 1) (MAX: current age - (age in DEP_Q37A or DEP_Q37B))

DK, R

DEP_C53_1 If the number in DEP_Q31 <1 > 100 (between 2 and 99) use “number in DEP_Q31” in %number in DEP_Q31/several%.
Otherwise, use “several” in %number in DEP_Q31/several%.

DEP_Q53_1 Earlier, you mentioned that you had %number in DEP_Q31/several% episode(s) of feeling KEY_PHRASE3 with some other problems lasting 2 weeks or longer in your life. How many of these episodes were brought on by some stressful experience?

DEPB_531 INTERVIEWER: Minimum is 0; maximum is %number in DEP_Q31%.

| | | | Number of episodes
(MIN: 0) (MAX: number in DEP_Q31)

DK, R

DEP_Q54 How many different years in your life did you have at least one episode?
DEPB_54 INTERVIEWER: Minimum is 1; maximum is %current age - (age in DEP_Q37A or DEP_Q37B)%.

| | | Number of years
(MIN: 1) (MAX: current age - (age in DEP_Q37A or DEP_Q37B))

DK, R

DEP_C55 If DEP_Q54 = 1 (number of years), DEP_C55 = 1 and go to DEP_C62_1.
Otherwise, DEP_C55 = 2.
**DEP_Q56**
What is the longest number of years in a row in which you had at least one episode per year?

INTERVIEWER: Minimum is 1; maximum is %current age - (age in DEP_Q37A or DEP_Q37B)%.

<table>
<thead>
<tr>
<th>Number of years</th>
<th>(MIN: 1) (MAX: current age - (age in DEP_Q37A or DEP_Q37B))</th>
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<tbody>
<tr>
<td>DK, R</td>
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</table>

**DEP_C57**
If DEP_Q39A >= 365 or DEP_Q39B >= 52 or DEP_Q39C >= 12 or DEP_Q39D >= 1, DEP_C57 = 1 and go to DEP_Q59. Otherwise, DEP_C57 = 2.

**DEP_Q58**
Did you ever have a period lasting a full year or longer when you were in an episode most days?

1. Yes
2. No (Go to DEP_C62_1)
   DK, R (Go to DEP_C62_1)

**DEP_Q59**
During your life, about how many years were you in an episode most days?

INTERVIEWER: Minimum is 1; maximum is %current age - (age in DEP_Q37A or DEP_Q37B)%.

<table>
<thead>
<tr>
<th>Number of years</th>
<th>(MIN: 1) (MAX: current age - (age in DEP_Q37A or DEP_Q37B))</th>
</tr>
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<tbody>
<tr>
<td>DK, R</td>
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</tbody>
</table>

**DEP_Q59A**
How old were you the first time you had such a year (when you were in an episode most days)?

INTERVIEWER: Minimum is %age in DEP_Q37A or DEP_Q37B%; maximum is %current age%.

<table>
<thead>
<tr>
<th>Age in years</th>
<th>(MIN: age in DEP_Q37A or DEP_Q37B) (MAX: current age)</th>
</tr>
</thead>
<tbody>
<tr>
<td>DK, R</td>
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</tbody>
</table>

**DEP_C60**
If DEP_Q59 = 1 (number of years), DEP_C60 = 1 and go to DEP_C62_1. Otherwise, DEP_C60 = 2.

**DEP_Q61**
What is the longest number of years in a row in which you were in an episode most days?

INTERVIEWER: Minimum is 1; maximum is %current age - (age in DEP_Q37A or DEP_Q37B)%.

<table>
<thead>
<tr>
<th>Number of years</th>
<th>(MIN: 1) (MAX: current age - (age in DEP_Q37A or DEP_Q37B))</th>
</tr>
</thead>
<tbody>
<tr>
<td>DK, R</td>
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**DEP_C62_1**
If DEP_Q38 = 1 (Yes), DEP_C62_1 = 1 (occurrence of episodes in the past 12 months). Otherwise, DEP_C62_1 = 2 and go to DEP_C71.
For the next questions, think about the period of 2 weeks or longer during the past 12 months when your feelings of being \^KEY\_PHRASE3 were most severe and frequent.

INTERVIEWER: Press <Enter> to continue.

**DEP\_Q64A** During this period, how often did you feel cheerful?
**DEPB\_64A**

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<tbody>
<tr>
<td>1</td>
<td>Often</td>
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<tr>
<td>2</td>
<td>Sometimes</td>
</tr>
<tr>
<td>3</td>
<td>Occasionally</td>
</tr>
<tr>
<td>4</td>
<td>Never</td>
</tr>
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</table>

DK, R

**DEP\_Q64B** How often did you feel as if you were slowed down?
**DEPB\_64B**

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<td>Occasionally</td>
</tr>
<tr>
<td>4</td>
<td>Never</td>
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</table>

DK, R

**DEP\_Q64C** How often could you enjoy a good book or radio or TV program?
**DEPB\_64C**

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<tbody>
<tr>
<td>1</td>
<td>Often</td>
</tr>
<tr>
<td>2</td>
<td>Sometimes</td>
</tr>
<tr>
<td>3</td>
<td>Occasionally</td>
</tr>
<tr>
<td>4</td>
<td>Never</td>
</tr>
</tbody>
</table>

DK, R

**DEP\_Q65A** During this period, how often did you still enjoy the things you used to enjoy?
**DEPB\_65A**

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>As much as usual</td>
</tr>
<tr>
<td>2</td>
<td>Not quite as much as usual</td>
</tr>
<tr>
<td>3</td>
<td>Only a little</td>
</tr>
<tr>
<td>4</td>
<td>Not at all</td>
</tr>
</tbody>
</table>

DK, R

**DEP\_Q65B** How often could you laugh and see the bright side of things?
**DEPB\_65B**

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>As much as usual</td>
</tr>
<tr>
<td>2</td>
<td>Not quite as much as usual</td>
</tr>
<tr>
<td>3</td>
<td>Only a little</td>
</tr>
<tr>
<td>4</td>
<td>Not at all</td>
</tr>
</tbody>
</table>

DK, R
How often did you take interest in your physical appearance?

1. As much as usual
2. Not quite as much as usual
3. Only a little
4. Not at all

How often did you look forward to enjoying things?

1. As much as usual
2. Not quite as much as usual
3. Only a little
4. Not at all

(Please refer to page 1 of the booklet.)

Think about the period of time that lasted one month or longer when your feelings of being ^KEY_PHRASE1 were most severe in the past 12 months. Please tell me what number best describes how much these feelings interfered with each of the following activities. For each activity, answer with a number between 0 and 10; 0 means “no interference” while 10 means “very severe interference.”

In the past 12 months, how much did your feelings of being ^KEY_PHRASE1 interfere with your home responsibilities, like cleaning, shopping and taking care of the house or apartment?

0. No interference
1
2
3
4
5
6
7
8
9
10. Very severe interference

Number
(MIN: 0) (MAX: 10)

DK, R
DEP_Q66B_1  How much did your feelings interfere with your ability to attend school?
DEPB_661  INTERVIEWER: If necessary, enter “11” to indicate “Not applicable”.

<table>
<thead>
<tr>
<th>Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>No interference</td>
</tr>
<tr>
<td>1-9</td>
<td></td>
</tr>
<tr>
<td>10</td>
<td>Very severe interference</td>
</tr>
</tbody>
</table>

DK, R

DEP_Q66B_2  How much did they interfere with your ability to work at a job?
DEPB_662  INTERVIEWER: If necessary, enter “11” to indicate “Not applicable”.

<table>
<thead>
<tr>
<th>Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>No interference</td>
</tr>
<tr>
<td>1-9</td>
<td></td>
</tr>
<tr>
<td>10</td>
<td>Very severe interference</td>
</tr>
</tbody>
</table>

DK, R
Again thinking about that period of time lasting one month or longer during the past 12 months when your feelings of being "KEY_PHRASE1 were most severe, how much did they interfere with your ability to form and maintain close relationships with other people? (Remember that 0 means “no interference” and 10 “very severe interference”.)

<table>
<thead>
<tr>
<th>Interference Level</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>No interference</td>
</tr>
<tr>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>3</td>
<td>3</td>
</tr>
<tr>
<td>4</td>
<td>4</td>
</tr>
<tr>
<td>5</td>
<td>5</td>
</tr>
<tr>
<td>6</td>
<td>6</td>
</tr>
<tr>
<td>7</td>
<td>7</td>
</tr>
<tr>
<td>8</td>
<td>8</td>
</tr>
<tr>
<td>9</td>
<td>9</td>
</tr>
<tr>
<td>10</td>
<td>Very severe interference</td>
</tr>
</tbody>
</table>

How much did they interfere with your social life?

<table>
<thead>
<tr>
<th>Interference Level</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>No interference</td>
</tr>
<tr>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>3</td>
<td>3</td>
</tr>
<tr>
<td>4</td>
<td>4</td>
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<tr>
<td>5</td>
<td>5</td>
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<tr>
<td>6</td>
<td>6</td>
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<tr>
<td>7</td>
<td>7</td>
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<tr>
<td>8</td>
<td>8</td>
</tr>
<tr>
<td>9</td>
<td>9</td>
</tr>
<tr>
<td>10</td>
<td>Very severe interference</td>
</tr>
</tbody>
</table>

In the past 12 months, about how many days out of 365 were you totally unable to work or carry out your normal activities because of your feelings of being "KEY_PHRASE1? (You may use any number between 0 and 365 to answer.)

<table>
<thead>
<tr>
<th>Number of Days</th>
</tr>
</thead>
<tbody>
<tr>
<td>(MIN: 0) (MAX: 365)</td>
</tr>
</tbody>
</table>
DEP_C71 If DEP_Q26EE7 = 1 (Yes) or DEP_Q26EE8 = 1 (Yes), DEP_C71 = 1 and go to DEP_Q72_1. Otherwise, DEP_C71 = 2.

DEP_Q72

DEPB_72 Did you ever in your life see, or talk on the telephone, to a medical doctor or other professional about your feelings of being KEY_PHRASE1? (By other professional, we mean psychologists, psychiatrists, social workers, counsellors, spiritual advisors, homeopaths, acupuncturists, self-help groups or other health professionals.)

1 Yes (Go to DEP_Q72A)
2 No (Go to DEP_Q88)
DK, R (Go to DEP_Q88)

DEP_Q72_1 Earlier, you mentioned that you consulted a professional. Think of the first time you saw, or talked to a medical doctor or other professional about your feelings of being KEY_PHRASE1. (By other professional, we mean psychologists, psychiatrists, social workers, counsellors, spiritual advisors, homeopaths, acupuncturists, self-help groups or other health professionals.)

DEPB_721 How old were you the first time you saw, or talked to a professional about your feelings of being KEY_PHRASE1? INTERVIEWER: Minimum is 1; maximum is current age.

||| Age in years
(MIN: 1) (MAX: current age)
DK, R

Go to DEP_Q73

DEP_Q72A How old were you the first time you saw, or talked to a professional about your feelings of being KEY_PHRASE1?

DEPB_72A INTERVIEWER: Minimum is 1; maximum is %current age%.

||| Age in years
(MIN: 1) (MAX: current age)
DK, R

DEP_Q73 Did you ever get treatment for your feelings of being KEY_PHRASE1 that you considered helpful or effective?

1 Yes (Go to DEP_Q74)
2 No (Go to DEP_Q74)
DK, R (Go to DEP_Q74)
DEP_Q73A  How old were you the first time you got helpful treatment for your feelings of being ^KEY_PHRASE1?
INTERVIEWER: Minimum is number in DEP_Q37A or DEP_Q37B; maximum is %current age%

|__|__|__| Age in years
(MIN: number in DEP_Q37A or DEP_Q37B)  (MAX: current age)
DK, R

DEP_Q73B  Up to and including the first time you got helpful treatment, how many professionals did you see, or talk to about your feelings of being ^KEY_PHRASE1?
INTERVIEWER: Minimum is 1, maximum is 95.

|__|__| Number of professionals
(MIN: 1)  (MAX: 95; warning after 12)
DK, R

DEP_Q74  In total, how many professionals did you ever see, or talk to about your feelings of being ^KEY_PHRASE1?
INTERVIEWER: Minimum is 0, maximum is 95.

|__|__| Number of professionals
(MIN: 0)  (MAX: 95; warning after 12)
DK, R

DEP_C86  If DEP_Q26EE7 = 1 (Yes) or DEP_Q26EE8 = 1 (Yes), DEP_C86 = 1 and go to DEP_Q87.
Otherwise, DEP_C86 = 2.

DEP_Q86  During the past 12 months, did you receive professional treatment for your feelings of being ^KEY_PHRASE1?

1  Yes
2  No
DK, R

DEP_C87  If DEP_Q26EE5 = 1 (Yes), DEP_C87 = 1 and go to DEP_Q87_A.
Otherwise, DEP_C87 = 2.

DEP_Q87  During your life, were you ever hospitalized overnight for your feelings of being ^KEY_PHRASE1?

1  Yes  (Go to DEP_Q87_A)
2  No  (Go to DEP_Q88)
DK, R  (Go to DEP_Q88)
Earlier, you mentioned that you had been hospitalized overnight or longer (following the most recent time EXPERIENCE C happened to you). How old were you the first time you were hospitalized overnight because of your feelings of being ^KEY_PHRASE1? 

INTERVIEWER: Minimum is 1; maximum is %current age%  

|   |   | Age in years  
(MIN: 1) (MAX: current age)  
DK, R  
Go to DEP_Q88

How old were you the first time you were hospitalized overnight (because of your feelings of being ^KEY_PHRASE1)? 

INTERVIEWER: Minimum is 1; maximum is %current age%.  

|   |   | Age in years  
(MIN: 1) (MAX: current age)  
DK, R

How many of your close relatives – including your biological parents, brothers, sisters and children – ever had one or several episodes of being sad, depressed, discouraged or uninterested most of the day, for several days, weeks and longer? 

INTERVIEWER: Minimum is 0; maximum 95.  

|   |   | Number of relatives  
(MIN: 0) (MAX: 95)  
DK, R

INTERVIEWER: This is the end of the module. Press <1> to continue.  

Go to next module.
MANIA

MIA_C1
If SCR_Q24 = 1 (Yes), go to MIA_QINT1.
If SCR_Q25A = 1 (Yes), go to MIA_QINT5.
Otherwise, go to MIA_END.

MIA_QINT1
Earlier, you mentioned having a period lasting several days or longer when you felt much more excited and full of energy than usual. During this same period, your mind also went too fast.
INTERVIEWER: Press <Enter> to continue.

MIA_Q01
People who have periods like this often have changes in their thinking and behaviour at the same time, like being more talkative, needing very little sleep, being very restless, going on buying sprees, and behaving in ways they would normally think are inappropriate.

Tell me, did you ever have any of these changes during the periods when you were excited and full of energy?

1  Yes
2  No    (Go to MIA_ND)
DK, R    (Go to MIA_ND)

MIA_C2
If MIA_Q01 = 1 (Yes), use the phrase “excited and full of energy” in %excited and full of energy/irritable or grouchy%.

MIA_Q03
Please think of the period of several days or longer when you were very excited and full of energy and you had the largest number of changes like these at the same time. Is there one episode of this sort that stands out in your mind?

1  Yes
2  No    (Go to MIA_Q03C)
DK, R    (Go to MIA_Q03C)

MIA_Q03A
How old were you when that episode occurred?

INTERVIEWER: Minimum is 0; maximum is %current age%.

<table>
<thead>
<tr>
<th>Age in years</th>
<th>MIN: 0</th>
<th>MAX: current age</th>
<th>DK, R</th>
</tr>
</thead>
</table>

MIA_Q03B
How long did that episode last (in terms of hours, days, weeks, months or years)?

INTERVIEWER: Select the reporting unit here and enter the number in the next screen.

1  Hours
2  Days    (Go to MIA_Q03B_2)
3  Weeks    (Go to MIA_Q03B_3)
4  Months    (Go to MIA_Q03B_4)
5  Years    (Go to MIA_Q03B_5)
DK, R    (Go to MIA_QINT4)
MIA_Q03B_1 INTERVIEWER: Enter the number of hours.  
MIAB_3B1 Minimum is 1; maximum is 72.  

|___| Number of hours  
(MIN: 1) (MAX: 72; warning after 24)  
DK, R  

MIA_E03B_1 If MIA_Q03B_1 <= 24, go to MIA_QINT4. Otherwise, show pop-up edit as follows.  
An unusual value has been entered. Please confirm or return and change the reporting unit.  

MIA_Q03B_2 INTERVIEWER: Enter the number of days.  
MIAB_3B2 Minimum is 1; maximum is 900.  

|___| Number of days  
(MIN: 1) (MAX: 900; warning after 365)  
DK, R  

MIA_E03B_2 If MIA_Q03B_2 <= 365, go to MIA_QINT4. Otherwise, show pop-up edit as follows.  
An unusual value has been entered. Please confirm or return and change the reporting unit.  

MIA_Q03B_3 INTERVIEWER: Enter the number of weeks.  
MIAB_3B3 Minimum is 1; maximum is 104.  

|___| Number of weeks  
(MIN: 1) (MAX: 104; warning after 52)  
DK, R  

MIA_E03B_3 If MIA_Q03B_3 <= 52, go to MIA_QINT4. Otherwise, show pop-up edit as follows.  
An unusual value has been entered. Please confirm or return and change the reporting unit.  

MIA_Q03B_4 INTERVIEWER: Enter the number of months.  
MIAB_3B4 Minimum is 1, maximum is 36.  

|___| Number of months  
(MIN: 1) (MAX: 36; warning after 24)  
DK, R  

MIA_E03B_4 If MIA_Q03B_4 <= 24, go to MIA_QINT4. Otherwise, show pop-up edit as follows.  
An unusual value has been entered. Please confirm or return and change the reporting unit.
MIA_Q03B_5  INTERVIEWER: Enter the number of years.
MIAB_3B5 Minimum is 1; maximum is %current age%.

<table>
<thead>
<tr>
<th></th>
<th>Number of years</th>
</tr>
</thead>
<tbody>
<tr>
<td>(MIN: 1)</td>
<td>(MAX: current age)</td>
</tr>
</tbody>
</table>

DK, R

Go to MIA_QINT4.

MIA-Q03C  Then think of the most recent time you had an episode like this. How old were you when that most recent episode occurred?
MIAB_03C INTERVIEWER: Minimum is 0; maximum is %current age%.

<table>
<thead>
<tr>
<th></th>
<th>Age in years</th>
</tr>
</thead>
<tbody>
<tr>
<td>(MIN: 0)</td>
<td>(MAX: current age)</td>
</tr>
</tbody>
</table>

DK, R

MIA-Q03D  How long did that episode last (in terms of hours, days, weeks, months or years)?
MIAB_03D INTERVIEWER: Select the reporting unit here and enter the number in the next screen.

1  Hours  (Go to MIA_Q03D_2)
2  Days   (Go to MIA_Q03D_3)
3  Weeks  (Go to MIA_Q03D_4)
4  Months (Go to MIA_Q03D_5)
5  Years  (Go to MIA_QINT4)

MIA_Q03D_1  INTERVIEWER: Enter the number of hours.
MIAB_3D1 Minimum is 1; maximum is 72.

<table>
<thead>
<tr>
<th></th>
<th>Number of hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>(MIN: 1)</td>
<td>(MAX: 72; warning after 24)</td>
</tr>
</tbody>
</table>

DK, R

MIA_E03D_1  If MIA_Q03D_1 <= 24, go to MIA_QINT4.
Otherwise, show pop-up edit as follows.

An unusual value has been entered.
Please confirm or return and change the reporting unit.

MIA_Q03D_2  INTERVIEWER: Enter the number of days.
MIAB_3D2 Minimum is 1; maximum is 900.

<table>
<thead>
<tr>
<th></th>
<th>Number of days</th>
</tr>
</thead>
<tbody>
<tr>
<td>(MIN: 1)</td>
<td>(MAX: 900; warning after 365)</td>
</tr>
</tbody>
</table>

DK, R
MIA_E03D_2 If MIA_Q03D_2 <= 365, go to MIA_QINT4. Otherwise, show pop-up edit as follows.

An unusual value has been entered. Please confirm or return and change the reporting unit.

MIA_Q03D_3 INTERVIEWER: Enter the number of weeks. Minimum is 1; maximum is 104.

|  |  |  | Number of weeks
(MIN: 1) (MAX: 104; warning after 52)

DK, R

MIA_E03D_3 If MIA_Q03D_3 <= 52, go to MIA_QINT4. Otherwise, show pop-up edit as follows.

An unusual value has been entered. Please confirm or return and change the reporting unit.

MIA_Q03D_4 INTERVIEWER: Enter the number of months. Minimum is 1; maximum is 36.

|  |  | Number of months
(MIN: 1) (MAX: 36; warning after 24)

DK, R

MIA_E03D_4 If MIA_Q03D_4 <= 24, go to MIA_QINT4. Otherwise, show pop-up edit as follows.

An unusual value has been entered. Please confirm or return and change the reporting unit.

MIA_Q03D_5 INTERVIEWER: Enter the number of years. Minimum is 1; maximum is %current age%.

|  |  |  | Number of years
(MIN: 1) (MAX: current age)

DK, R

MIA_QINT4 During that episode, tell me which of the following changes you experienced.
INTERVIEWER: Press <Enter> to continue.

MIA_Q04 Were you so irritable or grouchy that you started arguments, shouted at people or hit people?

1 Yes (KEY_PHRASE = being irritable or grouchy)
2 No

DK, R

Go to MIA_Q07A.
Earlier, you mentioned having a period lasting several days or longer when you became so irritable or grouchy that you either started arguments, shouted at people or hit people.

INTERVIEWER: Press <Enter> to continue.

People who have periods of irritability like this often have changes in their thinking and behaviour at the same time, like being more talkative, needing very little sleep, being very restless, going on buying sprees, and behaving in ways they would normally think are inappropriate. Tell me, did you ever have any of these changes during the periods when you were very irritable or grouchy?

1 Yes
2 No    (Go to MIA_ND)

If MIA_Q05 = 1 (Yes), use the phrase “irritable or grouchy” in %excited and full of energy/irritable or grouchy%.

Please think of the period of several days or longer when you were very irritable or grouchy and you had the largest number of changes like these at the same time. Is there one episode of this sort that stands out in your mind?

1 Yes
2 No    (Go to MIA_Q06C)

How old were you when that episode occurred?

INTERVIEWER: Minimum is 0; maximum is %current age%.

| | | Age in years
(MIN: 0) (MAX: current age)

DK, R

How long did that episode last (in terms of hours, days, weeks, months or years)?

INTERVIEWER: Select the reporting unit here and enter the number in the next screen.

1 Hours
2 Days    (Go to MIA_Q06B_2)
3 Weeks    (Go to MIA_Q06B_3)
4 Months    (Go to MIA_Q06B_4)
5 Years    (Go to MIA_Q06B_5)

DK, R    (Go to MIA_QINT7)

INTERVIEWER: Enter the number of hours.

Minimum is 1; maximum is 72.

| | Number of hours
(MIN: 1) (MAX: 72; warning after 24)

DK, R
MIA_E06B_1 If MIA_Q06B_1 <= 24, go to MIA_QINT7. Otherwise, show pop-up edit as follows.

An unusual value has been entered. Please confirm or return and change the reporting unit.

MIA_Q06B_2 INTERVIEWER: Enter the number of days.
MIAB_6B2 Minimum is 1; maximum is 900.

| | | |  Number of days
(MIN: 1) (MAX: 900; warning after 365)
DK, R

MIA_E06B_2 If MIA_Q06B_2 <= 365, go to MIA_QINT7. Otherwise, show pop-up edit as follows.

An unusual value has been entered. Please confirm or return and change the reporting unit.

MIA_Q06B_3 INTERVIEWER: Enter the number of weeks.
MIAB_6B3 Minimum is 1; maximum is 104.

| | | |  Number of weeks
(MIN: 1) (MAX: 104; warning after 52)
DK, R

MIA_E06B_3 If MIA_Q06B_3 <= 52, go to MIA_QINT7. Otherwise, show pop-up edit as follows.

An unusual value has been entered. Please confirm or return and change the reporting unit.

MIA_Q06B_4 INTERVIEWER: Enter the number of months.
MIAB_6B4 Minimum is 1; maximum is 36.

| | |  Number of months
(MIN: 1) (MAX: 36; warning after 24)
DK, R

MIA_E06B_4 If MIA_Q06B_4 <= 24, go to MIA_QINT7. Otherwise, show pop-up edit as follows.

An unusual value has been entered. Please confirm or return and change the reporting unit.
MIA_Q06B_5  INTERVIEWER: Enter the number of years.
   Minimum is 1; maximum is %current age%.

   Number of years
   (MIN: 1) (MAX: current age)

   DK, R
   Go to MIA_QINT7.

MIA_Q06C  INTERVIEWER: Minimum is 0; maximum is %current age%.

   Age in years
   (MIN: 0) (MAX: current age)

   DK, R

MIA_Q06D  INTERVIEWER: Select the reporting unit here and enter the number in the next screen.

1  Hours
2  Days  (Go to MIA_Q06D_2)
3  Weeks (Go to MIA_Q06D_3)
4  Months (Go to MIA_Q06D_4)
5  Years (Go to MIA_Q06D_5)
   DK, R (Go to MIA_QINT7)

MIA_Q06D_1  INTERVIEWER: Enter the number of hours.
   Minimum is 1; maximum is 72.

   Number of hours
   (MIN: 1) (MAX: 72; warning after 24)

   DK, R

MIA_E06D_1  If MIA_Q06D_1 <= 24, go to MIA_QINT7.
   Otherwise, show pop-up edit as follows.

   An unusual value has been entered.
   Please confirm or return and change the reporting unit.

MIA_Q06D_2  INTERVIEWER: Enter the number of days.
   Minimum is 1; maximum is 900.

   Number of days
   (MIN: 1) (MAX: 900; warning after 365)

   DK, R
MIA_E06D_2 If MIA_Q06D_2 <= 365, go to MIA_QINT7. Otherwise, show pop-up edit as follows.

An unusual value has been entered.
Please confirm or return and change the reporting unit.

MIA_Q06D_3 INTERVIEWER: Enter the number of weeks.
Minimum is 1; maximum is 104.

|   |   | Number of weeks
(MIN: 1) (MAX: 104; warning after 52)
DK, R

MIA_E06D_3 If MIA_Q06D_3 <= 52, go to MIA_QINT7. Otherwise, show pop-up edit as follows.

An unusual value has been entered.
Please confirm or return and change the reporting unit.

MIA_Q06D_4 INTERVIEWER: Enter the number of months.
Minimum is 1; maximum is 36.

|   |   | Number of months
(MIN: 1) (MAX: 36; warning after 24)
DK, R

MIA_E06D_4 If MIA_Q06D_4 <= 24, go to MIA_QINT7. Otherwise, show pop-up edit as follows.

An unusual value has been entered.
Please confirm or return and change the reporting unit.

MIA_Q06D_5 INTERVIEWER: Enter the number of years.
Minimum is 1; maximum is %current age%.

|   |   | Number of years
(MIN: 1) (MAX: current age)
DK, R

MIA_QINT7 During that episode, tell me which of the following changes you experienced.
INTERVIEWER: Press <Enter> to continue.

MIA_Q07A Did you become so restless or fidgety that you paced up and down or couldn’t stand still?

1 Yes  (KEY PHRASE = being restless)
2 No  
DK, R
<table>
<thead>
<tr>
<th>Question</th>
<th>Description</th>
<th>Options</th>
</tr>
</thead>
<tbody>
<tr>
<td>MIA_Q07B</td>
<td>Did you become overly friendly or outgoing with people?</td>
<td>1. Yes (KEY_PHRASE = becoming overly friendly or outgoing with people) 2. No DK, R</td>
</tr>
<tr>
<td>MIA_Q07C</td>
<td>Did you behave in any other way that you would ordinarily think is inappropriate, like talking about things you would normally keep private or acting in ways that you would usually find embarrassing?</td>
<td>1. Yes (KEY_PHRASE = behaving inappropriately) 2. No DK, R</td>
</tr>
<tr>
<td>MIA_Q07D</td>
<td>Were you a lot more interested in sex than usual, or did you want to have sexual encounters with people you wouldn’t ordinarily be interested in?</td>
<td>1. Yes (KEY_PHRASE = having a lot more interest in sex than usual) 2. No DK, R</td>
</tr>
<tr>
<td>MIA_Q07E</td>
<td>Did you try to do things that were impossible to do, like taking on large amounts of work?</td>
<td>1. Yes (KEY_PHRASE = trying to accomplish unrealistic goals) 2. No DK, R</td>
</tr>
<tr>
<td>MIA_Q07F</td>
<td>Did you talk a lot more than usual or feel a need to keep talking all the time?</td>
<td>1. Yes (KEY_PHRASE = talking a lot more than usual) 2. No DK, R</td>
</tr>
<tr>
<td>MIA_Q07G</td>
<td>Did you constantly keep changing your plans or activities?</td>
<td>1. Yes (KEY_PHRASE = constantly changing plans) 2. No DK, R</td>
</tr>
<tr>
<td>MIA_Q07H</td>
<td>Were you so easily distracted that any little interruption could get your thinking “off track”?</td>
<td>1. Yes (KEY_PHRASE = being easily distracted) 2. No DK, R</td>
</tr>
<tr>
<td>MIA_Q07I</td>
<td>Did your thoughts seem to jump from one thing to another or race through your head so fast that you couldn’t keep track of them?</td>
<td>1. Yes (KEY_PHRASE = having thoughts racing in your mind) 2. No DK, R</td>
</tr>
<tr>
<td>Question</td>
<td>Response</td>
<td></td>
</tr>
<tr>
<td>-------------------------------------------------------------------------</td>
<td>----------</td>
<td></td>
</tr>
<tr>
<td>MIA_Q07J: Did you sleep far less than usual and still not get tired or sleepy?</td>
<td>1: Yes</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2: No</td>
<td></td>
</tr>
<tr>
<td></td>
<td>DK, R</td>
<td></td>
</tr>
<tr>
<td>MIAB_07J: Did you get involved in foolish investments or schemes for making money?</td>
<td>1: Yes</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2: No</td>
<td></td>
</tr>
<tr>
<td></td>
<td>DK, R</td>
<td></td>
</tr>
<tr>
<td>MIAB_07L: Did you spend so much more money than usual that it caused you to have financial trouble?</td>
<td>1: Yes</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2: No</td>
<td></td>
</tr>
<tr>
<td></td>
<td>DK, R</td>
<td></td>
</tr>
<tr>
<td>MIAB_07M: Were you interested in seeking pleasure in ways that you would usually consider risky, like having casual or unsafe sex, going on buying sprees or driving recklessly?</td>
<td>1: Yes</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2: No</td>
<td></td>
</tr>
<tr>
<td></td>
<td>DK, R</td>
<td></td>
</tr>
<tr>
<td>MIAB_07N: Did you have a greatly exaggerated sense of self-confidence or believe you could do things you really couldn’t do?</td>
<td>1: Yes</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2: No</td>
<td></td>
</tr>
<tr>
<td></td>
<td>DK, R</td>
<td></td>
</tr>
<tr>
<td>MIAB_07O: Did you have the idea that you were actually someone else, or that you had a special connection with a famous person that you really didn’t have?</td>
<td>1: Yes</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2: No</td>
<td></td>
</tr>
<tr>
<td></td>
<td>DK, R</td>
<td></td>
</tr>
<tr>
<td>MIA_C08: If count of responses of “Yes” in MIA_Q07A to MIA_Q07O is 3, MIA_C08 = 1. Otherwise, MIA_C08 = 2 and go to MIA_ND.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>MIAB_08: How many episodes lasting several days or longer have you ever had when you felt %excited and full of energy/irritable or grouchy% and also had some other problems we just mentioned?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>INTERVIEWER: Minimum is 1; maximum is 901. If respondent answers more than 900 episodes, enter “900”. If respondent answers “More than I can remember”, enter “901”.</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Age in years</td>
<td>(MIN: 1) (MAX: 901)</td>
</tr>
</tbody>
</table>
MIA_C09  If MIA_Q08=1 (number of episodes),
Use the phrase “episode” in %episode/episodes%
Use the phrase “an episode” in %an episode/episodes%
Use the phrase “that episode” in %that episode/these episodes%
Use the phrase “episode” in %episode/episodes ever%
Otherwise,
Use the phrase “episodes” in %episode/episodes%
Use the phrase “episodes” in %an episode/episodes%.
Use the phrase “these episodes” in %that episode/these episodes%
Use the phrase “episodes ever” in %episode/episodes ever%

MIA_QINT9  You just mentioned that you had %an episode/episodes% when you were very %excited and full of energy/irritable or grouchy% and you were also (^KEY_PHRASE of first 3 “Yes” responses in MIA_Q07A through MIA_Q07O).
INTERVIEWER: Press <Enter> to continue.

MIA_Q09  How much did %that episode/these episodes% ever interfere with either your work, your social life or your personal relationships?
INTERVIEWER: Read categories to respondent.

   1   Not at all  (Go to MIA_ND)
   2   A little    (Go to MIA_ND)
   3   Some
   4   A lot
   5   Extremely
       DK, R

MIA_Q09A  During %that episode/these episodes%, how often were you unable to carry out your normal daily activities?
INTERVIEWER: Read categories to respondent.

   1   Often
   2   Sometimes
   3   Rarely
   4   Never
       DK, R

MIA_Q09B  Did other people say anything or worry about the way you were acting?

   1   Yes
   2   No
       DK, R

MIA_Q10A  Episodes of this sort sometimes occur as a result of a physical illness or injury or the use of medication, drugs or alcohol. Do you think your %episode/episodes ever% occurred as the result of physical causes, medication, drugs or alcohol?

   1   Yes
   2   No
       DK, R
MIA_C10B If MIA_Q10A = 1 (Yes) and MIA_Q08 = 1 (number of episodes), MIA_C10B = 1 and go to MIA_Q10C.
If MIA_Q10A = 1 (Yes) and MIA_Q08 > 1 (number of episodes), MIA_C10B = 2. Otherwise, go to MIA_C18.

MIA_Q10B Do you think all of your episodes were the result of physical causes, medication, drugs, or alcohol?

1 Yes
2 No (Go to MIA_C18)
DK, R (Go to MIA_C18)

MIA_Q10C What were the causes?
INTERVIEWER: Mark all that apply.

MIAB_1CA 1 Exhaustion
MIAB_1CB 2 Hyperventilation
MIAB_1CC 3 Hypochondria
MIAB_1CD 4 Menstrual cycle
MIAB_1CE 5 Pregnancy / postpartum
MIAB_1CF 6 Thyroid disease
MIAB_1CG 7 Cancer
MIAB_1CH 8 Overweight
MIAB_1CI 9 Medication (excluding illicit drugs)
MIAB_1CJ 10 Illicit drugs
MIAB_1CK 11 Alcohol
MIAB_1CL 12 Chemical Imbalance/Serotonin Imbalance
MIAB_1CM 13 Chronic Pain
MIAB_1CN 14 Caffeine
MIAB_1CO 15 No specific diagnosis
MIAB_1CP 16 Other – Specify
MIAB_1CQ 17 Other – Physical causes, etc.
DK, R

MIA_C18 If MIA_Q08 ≤ 1 (number of episodes), MIA_C18 = 1 and go to MIA_Q19_1. Otherwise, MIA_C18 = 2

MIA_Q18 Think of the very first time in your life when you had an episode lasting several days or longer when you became very excited and full of energy/irritable or grouchy and also had some of the behaviour changes you just mentioned. Can you remember exactly how old you were when you had this very first episode?
INTERVIEWER: If respondent does not remember the problems, press <Ctrl M> to show the list of problems.

1 Yes
2 No (Go to MIA_Q18B)
DK (Go to MIA_Q18B)
R (Go to MIA_Q18C)
### MIA_Q18A
**How old were you?**

**INTERVIEWER**: Minimum is 0; maximum is %current age%.

<table>
<thead>
<tr>
<th></th>
<th>Age in years (Go to MIA_Q18C)</th>
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<td>(MIN: 0) (MAX: current age)</td>
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(DK not allowed)

<table>
<thead>
<tr>
<th></th>
<th>(Go to MIA_Q18C)</th>
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<tr>
<td>R</td>
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</table>

### MIA_Q18B
**About how old were you (the first time you had an episode of this sort)?**

**INTERVIEWER**: Minimum is 0; maximum is %current age%.

If respondent answers “All my life” or “As long as I can remember”, press <F6> to indicate “DK”.

<table>
<thead>
<tr>
<th></th>
<th>Age in years (Go to MIA_Q18C)</th>
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<td>(MIN: 0) (MAX: current age)</td>
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<th>(Go to MIA_Q18C)</th>
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<tr>
<td>DK</td>
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### MIA_Q18B_1
**Would you say that the very first time you had an episode of this sort was:**

**INTERVIEWER**: Read categories to respondent.

If respondent answers “All my life”, press <F6> to indicate “DK”.

1. ... before you first started school?
2. ... before you were a teenager?
3. ... once you were a teenager or an adult?

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### MIA_Q18C
**Was that episode brought on by some stressful experience or did it happen out of the blue?**

1. Brought on by stress
2. Out of the blue
3. Don’t remember

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<th>(DK, R)</th>
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### MIA_Q18D
**About how long did that episode last (in terms of hours, days, weeks, months or years)?**

**INTERVIEWER**: Select the reporting unit here and enter the number in the next screen.

1. Hours (Go to MIA_Q18D_1)
2. Days (Go to MIA_Q18D_2)
3. Weeks (Go to MIA_Q18D_3)
4. Months (Go to MIA_Q18D_4)
5. Years (Go to MIA_Q18D_5)

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<th>(DK, R)</th>
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### MIA_Q18D_1
**INTERVIEWER**: Enter the number of hours.

Minimum is 1; maximum is 72.

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<tr>
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<th>Number of hours</th>
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<tr>
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<td>(MIN: 1) (MAX: 72; warning after 24)</td>
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</table>

<table>
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<th>(DK, R)</th>
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<tbody>
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</table>
MIA_E18D_1 If MIA_Q18D_1 <= 24, go to MIA_Q19. Otherwise, show pop-up edit as follows.

An unusual value has been entered. Please confirm or return and change the reporting unit.

MIA_Q18D_2 INTERVIEWER: Enter the number of days.

MIAB_1D2 Minimum is 1; maximum is 900.

|___|___| Number of days
(MIN: 1) (MAX: 900; warning after 365)

DK, R

MIA_E18D_2 If MIA_Q18D_2 <= 365, go to MIA_Q19. Otherwise, show pop-up edit as follows.

An unusual value has been entered. Please confirm or return and change the reporting unit.

MIA_Q18D_3 INTERVIEWER: Enter the number of weeks.

MIAB_1D3 Minimum is 1; maximum is 104.

|___|___| Number of weeks
(MIN: 1) (MAX: 104; warning after 52)

DK, R

MIA_E18D_3 If MIA_Q18D_3 <= 52, go to MIA_Q19. Otherwise, show pop-up edit as follows.

An unusual value has been entered. Please confirm or return and change the reporting unit.

MIA_Q18D_4 INTERVIEWER: Enter the number of months.

MIAB_1D4 Minimum is 1; maximum is 36.

|___| Number of months
(MIN: 1) (MAX: 36; warning after 24)

DK, R

MIA_E18D_4 If MIA_Q18D_4 <= 24, go to MIA_Q19. Otherwise, show pop-up edit as follows.

An unusual value has been entered. Please confirm or return and change the reporting unit.

MIA_Q18D_5 INTERVIEWER: Enter the number of years.

MIAB_1D5 Minimum is 1; maximum is %current age – (MIA_Q18A or MIA_Q18B)%.

|___|___| Number of years
(MIN: 1) (MAX: current age - (MIA_Q18A or MIA_Q18B)).

DK, R
At any time in the past 12 months, did you have one of these episodes?

1. Yes  (Go to MIA_Q19A)
2. No    (Go to MIA_Q19D)
   DK, R  (Go to MIA_Q19D)

Did your episode occur at any time in the past 12 months?

1. Yes
2. No    (Go to MIA_Q24)
   DK, R  (Go to MIA_Q24)

How recently was it?

1. During the past month
2. Between 2 to 6 months ago
3. More than 6 months ago
   DK, R

MIA_C19A
If MIA_Q08 = 1 (number of episodes), MIA_C19A = 1 and go to MIA_C19B. Otherwise, MIA_C19A = 2.

How many episodes did you have in the past 12 months?

1. Yes
2. No    (Go to MIA_Q24)
   DK, R  (Go to MIA_Q24)

INTERVIEWER: Read categories to respondent.

<table>
<thead>
<tr>
<th></th>
<th></th>
<th>Number of episodes</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>(MIN: 1) (MAX: 91)</td>
</tr>
</tbody>
</table>

DK, R

MIA_C19B If MIA_Q19_1 = 1 (Yes) or MIA_Q19B = 1 (number of episodes),

Use the phrase “episodes” in %episode/episodes2%.
Use the phrase “it” in %it/they2%.
Use the phrase “was” in %was/were2%.
Use the phrase “one of these episodes” in %this episode/one of these episodes2%.

If MIA_Q19B >= 2 (number of episodes) or DK or R,

Use the phrase “episodes” in %episode/episodes2%.
Use the phrase “they” in %it/they2%.
Use the phrase “were” in %was/were2%.
Use the phrase “one of these episodes” in %this episode/one of these episodes2%.

MIA_C19C If MIA_Q19B = R, go to MIA_C19D.

How many weeks in the past 12 months were you having %this episode/one of these episodes2%?

INTERVIEWER: Minimum is 1; maximum is 52.

<table>
<thead>
<tr>
<th></th>
<th></th>
<th>Number of weeks</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>(MIN: 1) (MAX: 52)</td>
</tr>
</tbody>
</table>

DK, R
MIA_C19D If MIA_Q08 = 1 (number of episodes), MIA_C19D = 1 and go to MIA_Q24. Otherwise, MIA_C19D = 2 and go to MIA_Q20.

MIA_Q19D How old were you the last time you had one of these episodes?

MIAB_19D INTERVIEWER: Minimum is 0; maximum is %current age%.

|_|_|_ Age in years
(MIN: 0) (MAX: current age)

DK, R

MIA_Q20 During your life, how many episodes lasting a full week or longer have you ever had?

MIAB_20 INTERVIEWER: Minimum is 0; maximum is (%current age% * 52).
If respondent answers “More than I can remember”, enter “%current age% * 52”.

|_|_|_|_ Number of episodes
(MIN: 0) (MAX: %current age% * 52)

DK, R (Go to MIA_Q21)

MIA_C20 If MIA_Q20 = 1 (number of episodes), MIA_C20 = 1 and go to MIA_Q20_2. If MIA_Q20 = 0 (number of episodes), MIA_C20 = 2 and go to MIA_Q21. Otherwise, MIA_C20 = 3.

MIA_Q20_1 How many of these episodes were brought on by some stressful experience?

MIAB_201 INTERVIEWER: Minimum is 0; maximum is (%number in MIA_Q20%).
If respondent answers “More than I can remember”, enter “%number in MIA_Q20%”.

|_|_|_ Number of episodes
(MIN: 0) (MAX: number in MIA_Q20)

DK, R (Go to MIA_Q21)

MIA_Q20_2 Was this episode brought on by some stressful experience or did it happen out of the blue?

1 Brought on by stress
Out of the blue
3 Don’t remember
DK, R

MIA_Q21 During your life, how many episodes lasting less than one week have you ever had?

MIAB_21 INTERVIEWER: Minimum is 0; maximum is (%current age% * 90).
If respondent answers “More than I can remember”, enter “%current age% * 90”.

|_|_|_ Number of episodes
(MIN: 0) (MAX: %current age% * 90)

DK, R (Go to MIA_Q22A)
MIA_C21 If MIA_Q21 = 1 (number of episodes), MIA_C21 = 1 and go to MIA_Q21_2.
If MIA_Q21 = 0 (number of episodes), MIA_C21 = 2 and go to MIA_Q22A.
Otherwise, MIA_C21 = 3.

MIA_Q21_1 How many of your episodes lasting less than a week were brought on by
some stressful experience?
INTERVIEWER: Minimum is 0; maximum is (%number in MIA_Q21%).
If respondent answers “More than I can remember”, enter “%number in
MIA_Q21%”.

|_|_|_|  Number of episodes
(MIN: 0) (MAX: number in MIA_Q21)
DK, R
Go to MIA_Q22A.

MIA_Q21_2 Was this episode brought on by some stressful experience or did it happen
out of the blue?

1  Brought on by stress
2  Out of the blue
3  Don’t remember
DK, R

MIA_Q22A How long was the longest episode you ever had?
INTERVIEWER: Select the reporting unit here and enter the number in the next
screen.

1  Hours
2  Days  (Go to MIA_Q22A_2)
3  Weeks  (Go to MIA_Q22A_3)
4  Months  (Go to MIA_Q22A_4)
5  Years  (Go to MIA_Q22A_5)
DK, R  (Go to MIA_Q23)

MIA_Q22A_1 INTERVIEWER: Enter the number of hours.
Minimum is 1; maximum is 72.

|_|_|  Number of hours
(MIN: 1) (MAX: 72; warning after 24)
DK, R

MIA_E22A_1 If MIA_Q22A_1 <= 24, go to MIA_Q23.
Otherwise, show pop-up edit as follows.

An unusual value has been entered.
Please confirm or return and change the reporting unit.
MIA_Q22A_2 INTERVIEWER: Enter the number of days.
MIAB_222 Minimum is 1; maximum is 900.

|   |   |   | Number of days (MIN: 1) (MAX: 900; warning after 365)

DK, R

MIA_E22A_2 If MIA_Q22A_2 <= 365, go to MIA_Q23. Otherwise, show pop-up edit as follows.

An unusual value has been entered.
Please confirm or return and change the reporting unit.

MIA_Q22A_3 INTERVIEWER: Enter the number of weeks.
MIAB_223 Minimum is 1; maximum is 104.

|   |   |   | Number of weeks (MIN: 1) (MAX: 104; warning after 52)

DK, R

MIA_E22A_3 If MIA_Q22A_3 <= 52, go to MIA_Q23. Otherwise, show pop-up edit as follows.

An unusual value has been entered.
Please confirm or return and change the reporting unit.

MIA_Q22A_4 INTERVIEWER: Enter the number of months.
MIAB_224 Minimum is 1; maximum is 36.

|   |   | Number of months (MIN: 1) (MAX: 36; warning after 24)

DK, R

MIA_E22A_4 If MIA_Q22A_4 <= 24, go to MIA_Q23. Otherwise, show pop-up edit as follows.

An unusual value has been entered.
Please confirm or return and change the reporting unit.

MIA_Q22A_5 INTERVIEWER: Enter the number of years.
MIAB_225 Minimum is 1; maximum is %current age%.

|   |   |   | Number of years (MIN: 1) (MAX: current age)

DK, R
How many different years in your life did you have at least one episode?

INTERVIEWER: Enter the number of years. Minimum is 1; maximum is %current age%.

<table>
<thead>
<tr>
<th></th>
<th>Number of years</th>
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<tr>
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<td>(MIN: 1) (MAX: current age)</td>
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</tbody>
</table>

DK, R

Go to MIA_C26.

Was your episode brought on by some stressful experience or did it happen out of the blue?

1  Brought on by stress
2  Out of the blue
3  Don’t remember
DK, R

If MIA_Q19 = 1 (Yes) or MIA_Q19_1 = 1 (Yes), MIA_C26 = 1. Otherwise, MIA_C26 = 2 and go to MIA_Q33.

(Please refer to page 1 of the booklet.)

In the past 12 months, think about the period of time lasting one month or longer when your %episode/episodes2% of being very %excited and full of energy/irritable or grouchy% %was/were2% most severe. Please tell me, what number best describes how much your %episode/episodes2% interfered with each of the following activities. For each activity, please answer with a number between 0 and 10; 0 means “no interference” while 10 means “very severe interference”.

INTERVIEWER: Press <Enter> to continue.

How much did your %episode/episodes2% interfere with your home responsibilities, like cleaning, shopping and taking care of the house or apartment?

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<tr>
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<th>Number</th>
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<td>(MIN: 0) (MAX: 10)</td>
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</table>

DK, R
MIA_Q27B_1  How much did your %episode/episodes% interfere with your ability to attend school?

INTERVIEWER: If necessary, enter “11” to indicate “Not applicable”.

0  No interference
1  |
2  |
3  |
4  |
5  |
6  |
7  |
8  |
9  V
10 Very severe interference

|__|__ Number
(MIN: 0) (MAX: 11)

DK, R

MIA_Q27B_2  How much did %it/they% interfere with your ability to work at a job?

INTERVIEWER: If necessary, enter “11” to indicate “Not applicable”.

0  No interference
1  |
2  |
3  |
4  |
5  |
6  |
7  |
8  |
9  |
10 Very severe interference

|__|__ Number
(MIN: 0) (MAX: 11)

DK, R
Again thinking about that period of time lasting one month or longer when your %episode/episodes% %was/were% most severe, how much did %it/they% interfere with your ability to form and maintain close relationships with other people? (Remember that 0 means “no interference” and 10 “very severe interference”.)

<table>
<thead>
<tr>
<th></th>
<th>No interference</th>
<th>I</th>
<th></th>
<th>V</th>
<th>Very severe interference</th>
</tr>
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<tbody>
<tr>
<td>0</td>
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</table>

Number
(MIN: 0) (MAX: 10)

DK, R

How much did %it/they% interfere with your social life?

<table>
<thead>
<tr>
<th></th>
<th>No interference</th>
<th>I</th>
<th></th>
<th>V</th>
<th>Very severe interference</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
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</tbody>
</table>

Number
(MIN: 0) (MAX: 10)

DK, R

If (MIA_Q27A, MIA_Q27B_1, MIA_Q27B_2, MIA_Q27C and MIA_Q27D) = 0 (no interference) or = 11 (not applicable) or DK, or R, MIA_C29 = 1 and go to MIA_Q33. Otherwise, MIA_C29 = 2.

In the past 12 months, about how many days out of 365 were you totally unable to work or carry out your normal activities because of your %episode/episodes% of being very %excited and full of energy/irritable or grouchy%?

<table>
<thead>
<tr>
<th></th>
<th>Number of days</th>
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<tbody>
<tr>
<td>0</td>
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<tr>
<td>1</td>
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<td>2</td>
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<tr>
<td>9</td>
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<td>10</td>
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</tbody>
</table>

(MIN: 0) (MAX: 365)

DK, R
Did you ever in your life see, or talk on the telephone, to a medical doctor or other professional about your %episode/episodes% of being very %excited and full of energy/irritable or grouchy%? (By other professional, we mean psychologists, psychiatrists, social workers, counsellors, spiritual advisors, homeopaths, acupuncturists, self-help groups or other health professionals.)

1  Yes  (Go to MIA_Q48_1)
2  No    (Go to MIA_Q48_1)

How old were you the first time you saw, or talked to a professional about your %episode/episodes%?

INTERVIEWER: Minimum is 1; maximum is %current age%.

[ ] Age in years
(MIN: 1) (MAX: current age)

DK, R

Did you ever get treatment for your %episode/episodes% of being very %excited and full of energy/irritable or grouchy% that you considered helpful or effective?

1  Yes  (Go to MIA_Q45C)
2  No    (Go to MIA_Q45C)

How old were you the first time you got helpful treatment for your %episode/episodes%?

INTERVIEWER: Minimum is 1; maximum is %current age%.

[ ] Age in years
(MIN: 1) (MAX: current age)

DK, R

Up to and including the first time you got helpful treatment, how many professionals did you see, or talk to about your %episode/episodes% of being very %excited and full of energy/irritable or grouchy%?

[ ] Number of professionals
(MIN: 1) (MAX: 95; warning after 12)

DK, R

In total, how many professionals did you ever see, or talk to about your %episode/episodes% of being very %excited and full of energy/irritable or grouchy%?

[ ] Number of professionals
(MIN: 0) (MAX: 95; warning after 12)

DK, R
MIA_Q47  MIAB_47 Did you receive professional treatment for your %episode/episodes2% of being very %excited and full of energy/irritable or grouchy% at any time in the past 12 months?

1 Yes
2 No
DK, R

MIA_Q48  MIAB_48 Were you ever hospitalized overnight for your %episode/episodes% of being very %excited and full of energy/irritable or grouchy%?

1 Yes
2 No (Go to MIA_Q48_1)
DK, R (Go to MIA_Q48_1)

MIA_Q48A  MIAB_48A How old were you the first time you were hospitalized?

INTERVIEWER: Minimum is 1; maximum is %current age%.

<table>
<thead>
<tr>
<th></th>
<th></th>
<th>Age in years</th>
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<tbody>
<tr>
<td></td>
<td></td>
<td>(MIN: 1) (MAX: current age)</td>
</tr>
</tbody>
</table>

DK, R

MIA_Q48_1  MIAB_481 How many of your close relatives – including your biological parents, brothers and sisters, and children – ever had episodes of being very %excited and full of energy/irritable or grouchy%?

INTERVIEWER: Minimum is 0; maximum is 95.

<table>
<thead>
<tr>
<th></th>
<th>Number of relatives</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>(MIN: 0) (MAX: 95)</td>
</tr>
</tbody>
</table>

DK, R

MIA_ND  INTERVIEWER: This is the end of the module. Press <1> to continue.

MIA_END Go to next module.
PANIC DISORDER

PAD_C01A  If SCR_Q20 = 1 (Yes), go to PAD_QINT1.
           If SCR_Q20A = 1 (Yes), go to PAD_QINT2.
           Otherwise, go to PAD_END.

PAD_QINT1 Earlier, you mentioned having attacks of fear or panic when all of a sudden you felt very frightened, anxious or uneasy. Think of a bad attack like that. During that attack, tell me which of the following problems you had.
INTERVIEWER: Press <Enter> to continue.

Go to PAD_C01B.

PAD_QINT2 Earlier you mentioned having attacks when all of a sudden you had problems like being short of breath, feeling dizzy, your heart pounding or being afraid you would die or go crazy. Think of a bad attack like that. During that attack, tell me which of the following problems you had.
INTERVIEWER: Press <Enter> to continue.

PAD_C01B PAD_C01B = Count of all responses of 1 (Yes) in (PAD_Q01A through PAD_Q01P).
When PAD_C01B = 4, go to PAD_C02.

PAD_Q01A Did your heart pound or race?

PADB_01A
1  Yes  (KEY_PHRASE = having your heart pounding or racing)
2  No
DK
R  (Go to PAD_ND)

PAD_Q01B Were you short of breath?

PADB_01B
1  Yes  (KEY_PHRASE = being short of breath)
2  No
DK, R

PAD_Q01C Did you feel nauseous or sick to your stomach?

PADB_01C
Yes  (KEY_PHRASE = feeling nauseous)
No
DK, R

PAD_Q01D Did you feel dizzy or faint?

PADB_01D
1  Yes  (KEY_PHRASE = feeling dizzy)
2  No
DK, R
Did you sweat?

1. Yes (KEY_PHRASE = sweating)
2. No
   DK, R

Did you tremble or shake?

1. Yes (KEY_PHRASE = trembling)
2. No
   DK, R

Did you have a dry mouth?

1. Yes (KEY_PHRASE = having a dry mouth)
2. No
   DK, R

Did you feel like you were choking?

1. Yes (KEY_PHRASE = feeling like choking)
2. No
   DK, R

Did you have pain or discomfort in your chest?

1. Yes (KEY_PHRASE = having discomfort in your chest)
2. No
   DK, R

Were you afraid that you might lose control of yourself or go crazy?

1. Yes (KEY_PHRASE = fearing that you might lose control of yourself)
2. No
   DK, R

Did you feel that you were “not really there”, like you were watching a movie of yourself?

1. Yes (KEY_PHRASE = feeling that you were “not really there”)
   (Go to PAD_Q01M)
2. No
   DK, R

Did you feel that things around you were not real or like a dream?

1. Yes (KEY_PHRASE = feeling that things around you were unreal)
2. No
   DK, R
**PAD_Q01M**  
Were you afraid that you might pass out?

1  Yes  (KEY_PHRASE = fearing that you might pass out)  
2  No  
DK, R

**PAD_Q01N**  
Were you afraid that you might die?

1  Yes  (KEY_PHRASE = fearing that you might die)  
2  No  
DK, R

**PAD_Q01O**  
Did you have hot flushes or chills?

1  Yes  (KEY_PHRASE = having hot flushes)  
2  No  
DK, R

**PAD_Q01P**  
Did you feel numbness or have tingling sensations?

1  Yes  (KEY_PHRASE = having numbness)  
2  No  
DK, R

**PAD_C02**  
If count of responses of “Yes” in PAD_Q01A through PAD_Q01P <= 3,  
PAD_C02 = 1 and go to PAD_ND.  
Otherwise, PAD_C02 = 2.

**PAD_Q03**  
During your attacks, did the problems like ^KEY_PHRASES begin suddenly  
and reach their peak within 10 minutes after the attacks began?

1  Yes  
2  No  (Go to PAD_ND)  
DK, R  (Go to PAD_ND)

**PAD_Q04**  
About how many of these sudden attacks have you had in your entire lifetime?  
INTERVIEWER: If respondent answers more than 900 attacks, enter “900”.  
If respondent answers “More than I can remember”, enter “901”.

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<thead>
<tr>
<th></th>
<th>Number of attacks</th>
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<tr>
<td>MIN: 1</td>
<td>(MAX: 901)</td>
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<tbody>
<tr>
<td>DK</td>
<td></td>
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<tr>
<td>R</td>
<td>(Go to PAD_ND)</td>
</tr>
</tbody>
</table>

**PAD_C05**  
If PAD_Q04 = 1 (number of attacks), PAD_C05 = 1 (only one sudden attack in  
entire life).  
Otherwise, PAD_C05 = 2 (many sudden attacks in entire life) and go to  
PAD_Q09.
When did the attack occur? Was it:

1. ... during the past month? (Go to PAD_QINT8)
2. ... 2 to 6 months ago? (Go to PAD_QINT8)
3. ... 7 to 12 months ago? (Go to PAD_QINT8)
4. ... more than 12 months ago?
   DK, R

Can you remember exactly how old you were when the attack occurred?

1. Yes
2. No    (Go to PAD_Q07B)
   DK    (Go to PAD_Q07B)
   R    (Go to PAD_Q07B_1)

How old were you?

INTERVIEWER: Minimum is 0; maximum is %current age%.

| | | | Age in years  (Go to PAD_QINT8)
(MIN: 0)  (MAX: current age)

DK
R

About how old were you?

INTERVIEWER: Minimum is 0; maximum is %current age%.

| | | | Age in years  (Go to PAD_QINT8)
(MIN: 0)  (MAX: current age)

DK
R

When would you say this attack occurred? Was it:

1. ... before you first started school?
2. ... before you were a teenager?
3. ... once you were a teenager or adult?
   DK, R

Attacks of this sort can occur in 3 different situations. The first situation is when the attacks occur unexpectedly, “out of the blue”. The second situation is when a person has an unreasonably strong fear. For example, some people have a terrible fear of bugs or of heights or of being in a crowd. The third situation is when a person is in real danger, like a car accident or a bank robbery.

INTERVIEWER: Press <Enter> to continue.
PAD Q08
Which of these 3 situations describes your attack? Did it occur:

PADB 08 INTERVIEWER: Read categories to respondent.
If respondent thought there was real danger even though it turned out not to be dangerous, select category 3, “… in a situation of real danger”.

1  … unexpectedly, “out of the blue”?
2  … in a situation where you had a strong fear?
3  … in a situation of real danger?
   DK, R

Go to PAD ND.

PAD Q09
Can you remember exactly how old you were, the very first time you had one of these attacks?

PADB 09
1  Yes
2  No     (Go to PAD Q09B)
   DK     (Go to PAD Q09B)
   R      (Go to PAD Q09B_1)

PAD Q09A
How old were you?

PADB 09A INTERVIEWER: Minimum is 0; maximum is %current age%.

|   |   |   |   |   | Age in years  (Go to PAD Q10)
(MIN: 0)  (MAX: current age)

DK
R      (Go to PAD Q10)

PAD Q09B
About how old were you?

PADB 09B INTERVIEWER: Minimum is 0; maximum is %current age%.
If respondent answers “All my life” or “As long as I can remember”, press <F6> to indicate “DK”.

|   |   |   |   |   | Age in years  (Go to PAD Q10)
(MIN: 0)  (MAX: current age)

DK
R      (Go to PAD Q10)

PAD Q09B_1
Would you say that the very first time you had one of these attacks

PADB 09B_1 INTERVIEWER: Read categories to respondent.
If respondent answers “All my life”, press <F6> to indicate “DK”.

1  … before you first started school?
2  … before you were a teenager?
3  … once you were a teenager or an adult?
   DK, R

PAD Q10
At any time in the past 12 months, did you have one of these attacks?

PADB 10
1  Yes
2  No     (Go to PAD Q10D)
   DK     (Go to PAD Q10D)
   R      (Go to PAD Q11)
PAD_Q10A  How recently was it?

INTERVIEWER: Read categories to respondent.

1  During the past month
2  Between 2 and 6 months ago
3  More than 6 months ago
   DK, R

PAD_Q10B  During the past 12 months, in how many weeks did you have at least one attack?

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<th>Number of weeks</th>
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<tr>
<td></td>
<td></td>
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<td>(MIN: 1) (MAX: 52)</td>
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</table>

DK, R

PAD_Q10C  And how many attacks in total did you have in the past 12 months?

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<th></th>
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<th>Number of attacks</th>
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<tr>
<td></td>
<td></td>
<td></td>
<td>(MIN: 1) (MAX: 900)</td>
</tr>
</tbody>
</table>

DK, R

Go to PAD_Q11.

PAD_Q10D  How old were you the last time you had one of these attacks?

INTERVIEWER: Minimum is %age in PAD_Q09A or PAD_Q09B%; maximum is %current age%.

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<th>Age in years</th>
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<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>(MIN: age in PAD_Q09A or PAD_Q09B) (MAX: current age)</td>
</tr>
</tbody>
</table>

DK, R

PAD_Q11  What is the greatest number of attacks you ever had in any single year of your life?

INTERVIEWER: Minimum is 1; maximum is %number in PAD_Q04%.

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<th>Number of attacks</th>
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<td></td>
<td></td>
<td></td>
<td>(MIN: 1) (MAX: number in PAD_Q04)</td>
</tr>
</tbody>
</table>

DK, R

PAD_Q12  For about how many different years of your life did you have at least one attack?

INTERVIEWER: Minimum is 1; maximum is %PAD_Q10D – (PAD_Q09A or PAD_Q09B)% or %current age – (PAD_Q09A or PAD_Q09B)%.

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<th>Number of years</th>
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<td></td>
<td></td>
<td>(MIN: 1) (MAX: age in PAD_Q10D – age in (PAD_Q09A or PAD_Q09B) or (current age – age in (PAD_Q09A or PAD_Q09B))</td>
</tr>
</tbody>
</table>

DK, R  (Go to PAD_QINT13)
PAD_E12 If PAD_Q12 >= 1(number of years) and PAD_Q12 <= age in PAD_Q10D – age in (PAD_Q09A or PAD_Q09B) or (current age – age in (PAD_Q09A or PAD_Q09B)), go to PAD_QINT13. Otherwise, show pop-up edit as follows.

The number of different years for which the respondent had at least one attack is unusual. Please return and correct.

Go to PAD_Q12.

PAD_QINT13 After one of these attacks, tell me if you ever had any of the following experiences?

INTERVIEWER: Press <Enter> to continue.

PAD_Q13A A month or more when you often worried that you might have another attack?

1 Yes (Go to PAD_C14)
2 No DK, R

PAD_Q13B A month or more when you worried that something terrible might happen because of the attacks, like having a car accident, having a heart attack or losing control?

1 Yes (Go to PAD_C14)
2 No DK, R

PAD_Q13C A month or more when you changed your everyday activities because of the attacks?

1 Yes (Go to PAD_C14)
2 No DK, R

PAD_Q13D A month or more when you avoided certain situations because of fear about having another attack?

Yes (Go to PAD_C14)
No DK, R

PAD_C14 If any one of PAD_Q13A, B, C or D = 1 (Yes), PAD_C14 = 1. Otherwise, PAD_C14 = 2 and go to PAD_QINT17.

PAD_Q15 How old were you the first time you had a month when you either often worried, changed your everyday activities or avoided certain situations because of the attacks?

INTERVIEWER: Minimum is %age in PAD_Q09A or PAD_Q09B%; maximum is %current age%.

| | | | Age in years |
| | | | (MIN: age in PAD_Q09A or PAD_Q09B) (MAX: current age) |
| | | | DK, R |
Did you have a month of worry or change in activity like that in the past 12 months?

1 Yes
2 No (Go to PAD_Q16E)
DK, R (Go to PAD_Q16E)

How recently?

INTERVIEWER: Read categories to respondent.

1 During the past month
2 Between 2 and 6 months ago
3 More than 6 months ago
DK, R

In the past 12 months, how many months of worry or change in activity did you have?

<table>
<thead>
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<th>Number of months</th>
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<tbody>
<tr>
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<td>(MIN: 1) (MAX: 12)</td>
</tr>
</tbody>
</table>
DK, R

During the time in the past 12 months when your worry about having another attack was the most frequent and severe, did you worry:

INTERVIEWER: Read categories to respondent.

1 ... nearly all the time?
2 ... most of the time?
3 ... often?
4 ... sometimes?
5 ... only rarely?
DK, R

And how severe was your worry during this time? Was it:

INTERVIEWER: Read categories to respondent.

1 ... mild?
2 ... moderate?
3 ... severe?
4 ... so severe that you were unable to carry out important tasks?
DK, R

Go to PAD_QINT17.

About how old were you the last time you had a month like this when you worried about having another attack?

INTERVIEWER: Minimum is %age in PAD_Q09A or PAD_Q09B%; maximum is %current age%.

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<tr>
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<th>Age in years</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>(MIN: age in PAD_Q09A or PAD_Q09B) (MAX: current age)</td>
</tr>
</tbody>
</table>
DK, R
Attacks of this sort can occur in 3 different situations. The first situation is when the attacks occur unexpectedly, "out of the blue". The second situation is when a person has an unreasonably strong fear. For example, some people have a terrible fear of bugs or of heights or of being in a crowd. The third situation is when a person is in real danger, like a car accident or a bank robbery.

**INTERVIEWER:** Press <Enter> to continue.

The next questions are about how many of your attacks occurred in each of these 3 kinds of situations. Did you ever have an attack that occurred unexpectedly, “out of the blue”?

1. Yes
2. No  (Go to PAD_Q18)

**PAD_Q17A**

In your lifetime, about how many attacks occurred unexpectedly, “out of the blue”?

**INTERVIEWER:** If respondent answers more than 900 attacks, enter “900”. If respondent answers “More than I can remember”, enter “901”.

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<tr>
<th></th>
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<th>Number of attacks</th>
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<tbody>
<tr>
<td></td>
<td>(MIN: 1)</td>
<td>(MAX: 901)</td>
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<tr>
<td>DK, R</td>
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</table>

**PAD_C17**

If number in PAD_Q17A = number in PAD_Q04, PAD_C17 = 1 and go to PAD_C20.
Otherwise, PAD_C17 = 2.

In your lifetime, about how many attacks occurred in situations where you were not in real danger, but where you had an unreasonably strong fear of the situations?

**INTERVIEWER:** If respondent answers more than 900 attacks, enter “900”. If respondent answers “More than I can remember”, enter “901”.

<table>
<thead>
<tr>
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<th></th>
<th>Number of attacks</th>
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<tbody>
<tr>
<td></td>
<td>(MIN: 0)</td>
<td>(MAX: 901)</td>
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<tr>
<td>DK, R</td>
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</table>

**PAD_C18**

If (number in PAD_Q17A + number in PAD_Q18) = number in PAD_Q04, PAD_C18 = 1 and go to PAD_C20.
Otherwise, PAD_C18 = 2.

In your lifetime, about how many attacks occurred in situations where you were in real danger?

**INTERVIEWER:** If respondent thought there was real danger even though it turned out not to be dangerous, consider it as a “real danger”.
**INTERVIEWER:** If respondent answers more than 900 attacks, enter “900”. If respondent answers “More than I can remember”, enter “901”.

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<th>Number of attacks</th>
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<tbody>
<tr>
<td></td>
<td>(MIN: 0)</td>
<td>(MAX: 901)</td>
<td></td>
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<tr>
<td>DK, R</td>
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</table>
PAD_C20 If PAD_Q17 = 1 ("out of the blue" attack), PAD_C20 = 1. Otherwise, PAD_C20 = 2 (no "out of the blue" attack) and go to PAD_ND.

PAD_C20A If PAD_Q18 and PAD_Q19 = <> or 0, PAD_C20A = 1 (no attacks associated with dangerous situations) and go to PAD_C22. Otherwise, PAD_C20A = 2 (attacks associated with dangerous situations).

PAD_C21 If PAD_Q17A = 1, use %when you had the attack% in PAD_Q21. Otherwise, use %the first time you had an attack% in PAD_Q21.

PAD_Q21 How old were you %when you had the attack/the first time you had an attack% “out of the blue”, for no obvious reason?
INTERVIEWER: Minimum is %age in PAD_Q09A or PAD_Q09B%; maximum is %current age%.
If respondent answers “All my life” or “As long as I can remember”, press <F6> to indicate “DK”.

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th>Age in years</th>
<th>(Go to PAD_C22)</th>
</tr>
</thead>
<tbody>
<tr>
<td>(MIN: age in PAD_Q09A or PAD_Q09B)</td>
<td>(MAX: current age)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>DK</td>
<td>R</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

PAD_Q21A Would you say that the very first time you had one of these unexpected “out of the blue” attacks was:
INTERVIEWER: Read categories to respondent.
If respondent answers “All my life”, press <F6> to indicate “DK”.

1 ... before you first started school?
2 ... before you were a teenager?
3 ... once you were a teenager or an adult?
DK, R

PAD_C22 If PAD_Q17A = 1 (number of out of the blue attacks), use %this% and %attack% in PAD_Q22. Otherwise, use %these% and %attacks% in PAD_Q22.

PAD_Q22 How much did %this/these% unexpected, “out of the blue” %attack/attacks% or worry about having another attack ever interfere with either your work, your social life or your personal relationships?
INTERVIEWER: Read categories to respondent.

1 Not at all
2 A little
3 Some
4 A lot
5 Extremely
DK, R

PAD_C23 If PAD_Q17A = 1, PAD_C23 = 1 (only one “out of the blue” attack). Otherwise, PAD_C23 = 2 (many “out of the blue” attacks) and go to PAD_Q24A.
PAD_Q24 Did this unexpected, “out of the blue” attack occur while you were asleep?

1 Yes
2 No
DK, R

Go to PAD_ND.

PAD_Q24A How many of your unexpected, “out of the blue”, attacks occurred while you were asleep?

INTERVIEWER: If respondent answers more than 900 attacks, enter “900”. If respondent answers “More than I can remember”, enter “901”.

|  |  |  |  | Number of attacks
|  |  |  | (MIN: 0) (MAX: 901)
DK, R

PAD_Q25A Unexpected attacks sometimes occur as a result of a physical illness or injury or the use of medication, drugs or alcohol. Do you think any of your attacks ever occurred as the result of physical causes, medication, drugs or alcohol?

1 Yes
2 No (Go to PAD_C33)
DK, R (Go to PAD_C33)

PAD_Q25B Do you think all of your attacks were the result of physical causes, medication, drugs or alcohol?

1 Yes
2 No (Go to PAD_C33)
DK, R (Go to PAD_C33)

PAD_Q25C What were the causes?

INTERVIEWER: Mark all that apply.

PADB_2CA 1 Exhaustion
PADB_2CB 2 Hyperventilation
PADB_2CC 3 Hypochondria
PADB_2CD 4 Menstrual cycle
PADB_2CE 5 Pregnancy / postpartum
PADB_2CF 6 Thyroid disease
PADB_2CG 7 Cancer
PADB_2CH 8 Overweight
PADB_2CI 9 Medication (excluding illicit drugs)
PADB_2CJ 10 Illicit drugs
PADB_2CK 11 Alcohol
PADB_2CL 12 Chemical Imbalance/Serotonin Imbalance
PADB_2CM 13 Chronic Pain
PADB_2CN 14 Caffeine
PADB_2CO 15 No specific diagnosis
PADB_2CP 16 Other – Specify
PADB_2CQ 17 Other – Physical causes, etc.
DK, R
PAD_C33  If PAD_C20A = 1 (no attack associated with dangerous situations),
          PAD_C33 = 1.
          Otherwise, PAD_C33 = 2 (attacks associated with dangerous situations) and go
to PAD_C35.

PAD_C34  If PAD_Q10 = 1 (sudden attack in past 12 month), PAD_C34 = 1 and go to
          PAD_Q40.
          Otherwise, PAD_C34 = 2 (no sudden attack in past 12 month) and go to
          PAD_C39.

PAD_C35  If PAD_Q10 = 1, (sudden attack in past 12 month), PAD_C35 = 1.
          Otherwise, PAD_C35 = 2 (no sudden attack in past 12 month) and go to
          PAD_C39.

PAD_Q36  In the past 12 months, how many unexpected, “out of the blue” attacks did
          you have?
          INTERVIEWER: Minimum is 0; maximum is %number in PAD_Q17A%.
          If respondent answers “More than I can remember”, enter “901”.

          Number of attacks
          (MIN: 0) (MAX: number in PAD_Q17A)

          DK, R

PAD_E36  If PAD_Q36 <= PAD_Q17A, go to PAD_C37.
          Otherwise, show pop-up edit as follows.
          The entered number of attacks is greater than the total number of attacks the
          respondent ever had in %his/her% life.
          Please return and correct.

PAD_C37  If PAD_Q36 = 0, PAD_C37 = 1 (no “out of the blue” attack in past 12 month).
          If PAD_Q36 = 1, PAD_C37 = 2 (only one “out of the blue” attack in past 12
          month) and go to PAD_Q38.
          Otherwise, PAD_C37 = 3 (many “out of the blue” attacks in past 12 month) and
          go to PAD_Q37B.

PAD_Q37A  How old were you the last time you had an unexpected, “out of the blue”
          attack?
          INTERVIEWER: Minimum is %age in PAD_Q09A or PAD_Q09B%; maximum is
          %current age%.

          Age in years
          (MIN: age in PAD_Q09A or PAD_Q09B) (MAX: current age)

          DK, R

          Go to PAD_C39.
During the past 12 months, in about how many weeks did you have at least one of these attacks?  
INTERVIEWER: Minimum is 1; maximum is 52.  
If respondent answers more than 52 weeks, enter “52”.

<table>
<thead>
<tr>
<th></th>
<th>Number of weeks</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>(MIN: 1) (MAX: 52)</td>
</tr>
</tbody>
</table>

DK, R

When was your most recent attack?  
INTERVIEWER: Read categories to respondent.

1  During the past month  
2  Between 2 and 6 months ago  
3  More than 6 months ago

DK, R

Go to PAD_Q40.

If PAD_Q16 = 1, PAD_C39 = 1 (one month of worry or change in past 12 months) and go to PAD_QINT41.  
Otherwise, PAD_C39 = 2 (no month of worry or change in past 12 months) and go to PAD_Q50.

Think about an attack during the past 12 months. How much emotional distress did you have during this attack?  
INTERVIEWER: Read categories to respondent.

1  None  
2  Mild  
3  Moderate  
4  Severe  
5  So severe that you were unable to concentrate and had to stop what you were doing

DK, R

Sometimes people with attacks get upset by physical sensations that remind them of the attacks. Examples include being out of breath after physical exercise, feeling speeded up after drinking coffee or beverages containing caffeine, feeling out of control after using alcohol or drugs, and feeling tingly while watching a scary movie or television show.  
INTERVIEWER: Press <Enter> to continue.

In the past 12 months, did you get upset by any physical sensations that reminded you of your attacks?  

1  Yes
2  No  

DK, R  
(Go to PAD_QINT44)
In the past 12 months, how strong was your discomfort with any physical sensations like these? Was it:

INTERVIEWER: Read categories to respondent.

1...mild?
2...moderate?
3...severe?
4...so severe that you became very worried that these sensations might cause you to have another attack?

DK, R

In the past 12 months, how often did you avoid situations or activities that might cause these physical sensations?

INTERVIEWER: Read categories to respondent.

1 All the time
2 Most of the time
3 Sometimes
4 Rarely (Go to PAD_QINT44)
5 Never (Go to PAD_QINT44)

DK, R (Go to PAD_QINT44)

In the past 12 months, how much did avoidance of these situations interfere with your work, your social life or your personal relationships?

INTERVIEWER: Read categories to respondent.

1 Not at all
2 A little
3 Some
4 A lot
5 Extremely

DK, R

(Please refer to page 1 of the booklet.)

In the past 12 months, think about the period of time that lasted 1 month or longer when your attacks or worry about the attacks were most severe. Please tell me what number best describes how much the attacks or worry about the attacks interfered with each of the following activities. For each activity, answer with a number between 0 and 10; 0 means "no interference", while 10 means "very severe interference".

INTERVIEWER: Press <Enter> to continue.
### PAD_Q44A
**How much did your attacks or worry about the attacks interfere with your home responsibilities, like cleaning, shopping and taking care of the house or apartment?**

<table>
<thead>
<tr>
<th>Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>No interference</td>
</tr>
<tr>
<td>1</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td></td>
</tr>
<tr>
<td>4</td>
<td></td>
</tr>
<tr>
<td>5</td>
<td></td>
</tr>
<tr>
<td>6</td>
<td></td>
</tr>
<tr>
<td>7</td>
<td></td>
</tr>
<tr>
<td>8</td>
<td></td>
</tr>
<tr>
<td>9</td>
<td>Very severe interference</td>
</tr>
<tr>
<td>10</td>
<td>Very severe interference</td>
</tr>
</tbody>
</table>

Number (MIN: 0) (MAX: 10)

DK, R

### PAD_Q44B_1
**How much did it interfere with your ability to attend school?**

**INTERVIEWER:** If necessary, enter “11” to indicate “Not applicable”.

<table>
<thead>
<tr>
<th>Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>No interference</td>
</tr>
<tr>
<td>1</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td></td>
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<tr>
<td>4</td>
<td></td>
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<tr>
<td>5</td>
<td></td>
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<tr>
<td>6</td>
<td></td>
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<tr>
<td>7</td>
<td></td>
</tr>
<tr>
<td>8</td>
<td></td>
</tr>
<tr>
<td>9</td>
<td>Very severe interference</td>
</tr>
<tr>
<td>10</td>
<td>Very severe interference</td>
</tr>
</tbody>
</table>

Number (MIN: 0) (MAX: 11)

DK, R
PADQ44B_2 How much did it interfere with your ability to work at a job?
INTERVIEWER: If necessary, enter “11” to indicate “Not applicable”.

<table>
<thead>
<tr>
<th></th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>No interference</td>
</tr>
<tr>
<td>1</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td></td>
</tr>
<tr>
<td>4</td>
<td></td>
</tr>
<tr>
<td>5</td>
<td></td>
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<tr>
<td>6</td>
<td></td>
</tr>
<tr>
<td>7</td>
<td></td>
</tr>
<tr>
<td>8</td>
<td></td>
</tr>
<tr>
<td>9</td>
<td>V</td>
</tr>
<tr>
<td>10</td>
<td>Very severe interference</td>
</tr>
</tbody>
</table>

(MIN: 0) (MAX: 11)

DK, R

PADQ44C Again think about that period of time lasting 1 month or longer when your attacks or worry about the attacks were most severe, how much did they interfere with your ability to form and maintain close relationships with other people? (Remember that 0 means “no interference” and 10 means “very severe interference”.)

<table>
<thead>
<tr>
<th></th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>No interference</td>
</tr>
<tr>
<td>1</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td></td>
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<tr>
<td>3</td>
<td></td>
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<td>8</td>
<td></td>
</tr>
<tr>
<td>9</td>
<td>V</td>
</tr>
<tr>
<td>10</td>
<td>Very severe interference</td>
</tr>
</tbody>
</table>

(MIN: 0) (MAX: 10)

DK, R
**PAD_Q44D**

How much did it interfere with your social life?

<table>
<thead>
<tr>
<th>Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>No interference</td>
</tr>
<tr>
<td>1</td>
<td>I</td>
</tr>
<tr>
<td>2</td>
<td>I</td>
</tr>
<tr>
<td>3</td>
<td>I</td>
</tr>
<tr>
<td>4</td>
<td>I</td>
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<tr>
<td>5</td>
<td>I</td>
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<td>6</td>
<td>I</td>
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<tr>
<td>7</td>
<td>I</td>
</tr>
<tr>
<td>8</td>
<td>I</td>
</tr>
<tr>
<td>9</td>
<td>V</td>
</tr>
<tr>
<td>10</td>
<td>Very severe interference</td>
</tr>
</tbody>
</table>

**PAD_C45**

If (PAD_Q44A, PAD_Q44B_1, PAD_Q44B_2, PAD_Q44C and PAD_Q44D) = 0 (no interference) or = 11 (not applicable) or DK, or R, PAD_C45 = 1 and go to PAD_Q50. Otherwise, PAD_C45 = 2.

**PAD_Q50**

Did you ever in your life see, or talk on the telephone, to a medical doctor or other professional about your attacks? (By other professional, we mean psychologists, psychiatrists, social workers, counsellors, spiritual advisors, homeopaths, acupuncturists, self-help groups or other health professionals.)

<table>
<thead>
<tr>
<th>Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Yes</td>
</tr>
<tr>
<td>2</td>
<td>No</td>
</tr>
</tbody>
</table>

**PAD_Q50A**

How old were you the first time you saw, or talked to a professional about your attacks?

INTERVIEWER: Minimum is %age in PAD_Q09A or PAD_Q09B%; maximum is %current age%.

<table>
<thead>
<tr>
<th>Age in years</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>(MIN: age in PAD_Q09A or PAD_Q09B) (MAX: current age)</td>
<td>DK, R</td>
</tr>
</tbody>
</table>

**PAD_B_44D**

In the past 12 months, about how many days out of 365 were you totally unable to work or carry out your normal activities because of your attacks or the worry about the attacks? (You may use any number between 0 and 365 to answer.)

<table>
<thead>
<tr>
<th>Number of Days</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>(MIN: 0) (MAX: 365)</td>
<td>DK, R</td>
</tr>
</tbody>
</table>

**PAD_B_50**

Did you ever in your life see, or talk on the telephone, to a medical doctor or other professional about your attacks? (By other professional, we mean psychologists, psychiatrists, social workers, counsellors, spiritual advisors, homeopaths, acupuncturists, self-help groups or other health professionals.)

<table>
<thead>
<tr>
<th>Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Yes</td>
</tr>
<tr>
<td>2</td>
<td>No</td>
</tr>
</tbody>
</table>

**PAD_B_50A**

How old were you the first time you saw, or talked to a professional about your attacks?

INTERVIEWER: Minimum is %age in PAD_Q09A or PAD_Q09B%; maximum is %current age%.

<table>
<thead>
<tr>
<th>Age in years</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>(MIN: age in PAD_Q09A or PAD_Q09B) (MAX: current age)</td>
<td>DK, R</td>
</tr>
</tbody>
</table>
Did you ever get treatment for your attacks that you considered helpful or effective?

1  Yes
2  No  (Go to PAD_Q62C)

How old were you the first time you got helpful treatment for your attacks?

INTERVIEWER: Minimum is %age in PAD_Q09A or PAD_Q09B%; maximum is %current age%.

<table>
<thead>
<tr>
<th></th>
<th>Age in years</th>
</tr>
</thead>
<tbody>
<tr>
<td>MIN</td>
<td>age in PAD_Q09A or PAD_Q09B</td>
</tr>
<tr>
<td>MAX</td>
<td>current age</td>
</tr>
</tbody>
</table>

Up to and including the first time you got helpful treatment, how many professionals did you see, or talk to about your attacks or worry about other attacks?

<table>
<thead>
<tr>
<th></th>
<th>Number of professionals</th>
</tr>
</thead>
<tbody>
<tr>
<td>MIN</td>
<td>1</td>
</tr>
<tr>
<td>MAX</td>
<td>95; warning after 12</td>
</tr>
</tbody>
</table>

In total, how many professionals did you ever see, or talk to about your attacks?

<table>
<thead>
<tr>
<th></th>
<th>Number of professionals</th>
</tr>
</thead>
<tbody>
<tr>
<td>MIN</td>
<td>0</td>
</tr>
<tr>
<td>MAX</td>
<td>95; warning after 12</td>
</tr>
</tbody>
</table>

During the past 12 months, did you receive professional treatment for your attacks?

1  Yes
2  No  (Go to PAD_Q65_1)

Were you ever hospitalized overnight for your attacks?

1  Yes
2  No  (Go to PAD_Q65_1)

How old were you the first time you were hospitalized overnight because of your attacks?

INTERVIEWER: Minimum is %age in PAD_Q09A or PAD_Q09B%; maximum is %current age%.

<table>
<thead>
<tr>
<th></th>
<th>Age in years</th>
</tr>
</thead>
<tbody>
<tr>
<td>MIN</td>
<td>age in PAD_Q09A or PAD_Q09B</td>
</tr>
<tr>
<td>MAX</td>
<td>current age</td>
</tr>
</tbody>
</table>

DK, R
How many of your close relatives – including your biological parents, brothers, sisters and children – ever had attacks of this sort?

INTERVIEWER: Minimum is 0; maximum is 95.

Number of relatives
(MIN: 0) (MAX: 95)

DK, R

INTERVIEWER: This is the end of the module. Press <1> to continue.

Go to next module.
SOCIAL PHOBIA

SOP_C1  If SCR_Q29_1 = 1 and (SCR_Q29_2 = 1 or SCR_Q29_3 = 1), go to SOP_QINT1. Otherwise, go to SOP_END.

SOP_QINT1  Earlier, you mentioned having a time in your life when you felt very shy, afraid or uncomfortable with other people or in social situations. The next questions are about which of these situations made you feel this way. Tell me if there was ever a time in your life when you felt shy, afraid or uncomfortable with the following situations.
INTERVIEWER: Press <Enter> to continue.

SOP_Q01A  Meeting new people?

SOPB_01A  1  Yes  (KEY_PHRASE = meeting new people)
2  No
3  Not applicable
   DK
   R  (Go to SOP_ND)

SOP_Q01B  Talking to people in authority?

SOPB_01B  1  Yes  (KEY_PHRASE = talking to people in authority)
2  No
3  Not applicable
   DK, R

SOP_Q01C  Speaking up in a meeting or class?

SOPB_01C  1  Yes  (KEY_PHRASE = speaking up at a meeting)
2  No
3  Not applicable
   DK, R

SOP_Q01D  Going to parties or other social gatherings?

SOPB_01D  1  Yes  (KEY_PHRASE = going to parties)
2  No
3  Not applicable
   DK, R

SOP_Q01E  Have you ever felt very shy, afraid or uncomfortable when you were performing or giving a talk in front of an audience?

SOPB_01E  1  Yes  (KEY_PHRASE = performing in front of an audience)
2  No
3  Not applicable
   DK, R
<table>
<thead>
<tr>
<th>SOP_Q01F</th>
<th>SOPB_01F</th>
<th>Taking an important exam or interviewing for a job, even though you were well prepared?</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Yes</td>
<td>(KEY_PHRASE = taking an important exam)</td>
</tr>
<tr>
<td>2</td>
<td>No</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>Not applicable</td>
<td>DK, R</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>SOP_Q01G</th>
<th>SOPB_01G</th>
<th>Working while someone watches you?</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Yes</td>
<td>(KEY_PHRASE = working while someone watches)</td>
</tr>
<tr>
<td>2</td>
<td>No</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>Not applicable</td>
<td>DK, R</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>SOP_Q01H</th>
<th>SOPB_01H</th>
<th>Entering a room when others are already present?</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Yes</td>
<td>(KEY_PHRASE = entering a room when others are already present)</td>
</tr>
<tr>
<td>2</td>
<td>No</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>Not applicable</td>
<td>DK, R</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>SOP_Q01I</th>
<th>SOPB_01I</th>
<th>Talking with people you don’t know very well?</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Yes</td>
<td>(KEY_PHRASE = talking with people you don’t know very well)</td>
</tr>
<tr>
<td>2</td>
<td>No</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>Not applicable</td>
<td>DK, R</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>SOP_Q01J</th>
<th>SOPB_01J</th>
<th>Expressing disagreement to people you don’t know very well?</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Yes</td>
<td>(KEY_PHRASE = disagreeing with people)</td>
</tr>
<tr>
<td>2</td>
<td>No</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>Not applicable</td>
<td>DK, R</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>SOP_Q01K</th>
<th>SOPB_01K</th>
<th>Writing, eating or drinking while someone watches?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>(KEY_PHRASE = writing, eating or drinking while someone watches you)</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>No</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>Not applicable</td>
<td>DK, R</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>SOP_Q01L</th>
<th>SOPB_01L</th>
<th>Have you ever felt very shy, afraid or uncomfortable when using a public bathroom or a bathroom away from home?</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Yes</td>
<td>(KEY_PHRASE = using a public bathroom)</td>
</tr>
<tr>
<td>2</td>
<td>No</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>Not applicable</td>
<td>DK, R</td>
</tr>
</tbody>
</table>
When going on a date?

1. Yes (KEY_PHRASE = dating)
2. No
3. Not applicable

In any other social or performance situation where you could be the centre of attention or where something embarrassing might happen?

1. Yes
2. No
3. Not applicable

If count of responses of “Yes” in SOP_Q01A through SOP_Q01N = 0, SOP_C2 = 1 and go to SOP_ND.

If count of responses of “Yes” in SOP_Q01A through SOP_Q01N = 1 through 3, SOP_C2 = 2 and go to SOP_C3.

If count of responses of “Yes” in SOP_Q01A through SOP_Q01N >= 4, SOP_C2 = 3 and go to SOP_Q03_2.

If count of responses of “Yes” in SOP_Q01A through SOP_Q01N = 1, use %this situation% in SOP_Q03_1. Otherwise, use %any of these situations% in SOP_Q03_1. (Applies to SOP_Q03_1.)

If SOP_Q01N = 1 and count of responses of “Yes” in SOP_Q01A through SOP_Q01N = 1, KEY_PHRASE for SOP_Q01N = those we just mentioned. (Applies to SOP_Q03_1, SOP_Q20, SOP_Q25.)

If SOP_Q01N <= 1 and count of responses of “Yes” in SOP_Q01A through SOP_Q01N > 1, KEY_PHRASE for SOP_Q01N = any other similar situation.

You mentioned that you had a fear of situations like ^KEY_PHRASES. Can you remember exactly how old you were, the very first time you had a fear of %this situation/any of these situations%?

1. Yes (Go to SOP_Q03A)
2. No (Go to SOP_Q03B)
3. DK, R (Go to SOP_Q03B)

You mentioned that you had a fear of a number of social or performance situations. Can you remember exactly how old you were, the very first time you had a fear of any of these situations?

INTERVIEWER: If respondent does not remember the situations, press <Ctrl+S> to show the list of situations.

1. Yes
2. No (Go to SOP_Q03B)
3. DK, R (Go to SOP_Q03B)
SOP_Q03A  How old were you?
SOPB_03A  INTERVIEWER: Minimum is 0; maximum is %current age%.

|   | Age in years (Go to SOP_C6)
(MIN: 0)  (MAX: current age)
DK
R  (Go to SOP_C6)

SOP_Q03B  About how old were you?
SOPB_03B  INTERVIEWER: Minimum is 0; maximum is %current age%.
If respondent answers “All my life” or “As long as I can remember”, press <F6> to indicate “DK”.

|   | Age in years (Go to SOP_C6)
(MIN: 0)  (MAX: current age)
DK
R  (Go to SOP_C6)

SOP_C4  If count of responses of “Yes” in SOP_Q01A through SOP_Q01N = 1, use %this situation% in SOP_Q03B_1. Otherwise, use %any of these situations% in SOP_Q03B_1. (Applies to SOP_Q03B_1.)

SOP_Q03B_1  Would you say that the very first time you had a fear of %this situation/any of these situations% was:
SOPB_3B1  INTERVIEWER: Read categories to respondent. If respondent answers “All my life”, press <F6> to indicate “DK”.

1  … before you first started school?
2  … before you were a teenager?
3  … once you were a teenager or an adult?
DK, R

SOP_C6  If count of responses of “Yes” in SOP_Q01A through SOP_Q01N = 1, use %this situation% in SOP_Q06A and SOP_Q06A_1. Otherwise, use %any of these situations% in SOP_Q06A and SOP_Q06A_1. (Applies to SOP_Q06A and SOP_Q06A_1.)

SOP_C6A  If SCR_Q29_2 = 1 then SOP_C6A = 1, and go to SOP_Q06A. Otherwise, go to SOP_C8.
Earlier, you mentioned having times when you avoided social or performance situations because of your fear. How old were you the very first time you started avoiding this situation/any of these situations? 
INTERVIEWER: Minimum is %age in SOP_Q03A or SOP_Q03B%; maximum is %current age%.
If respondent answers “All my life” or “As long as I can remember”, press <F6> to indicate “DK”.
If respondent does not remember the situations, press <Ctrl+S> to show the list of situations.

___|___|  Age in years  (Go to SOP_C8)
(MIN: 0)  (MAX: current age)
DK
R  (Go to SOP_C8)

Would you say that the very first time you avoided this situation/any of these situations was:
INTERVIEWER: Read categories to respondent.
If respondent answers “All my life”, press <F6> to indicate “DK”.

1  ... before you first started school?
2  ... before you were a teenager?
3  ... once you were a teenager or an adult?
DK, R

If count of responses of “Yes” in SOP_Q01A through SOP_Q01N = 1, use this situation% in SOP_QINT8.
Otherwise, use these situations% in SOP_QINT8.
(Applies to SOP_QINT8.)

Think of the time in your life when your fear or avoidance of this situation/these situations was most severe. When you were faced with this situation/these situations, or thought you would have to be, did you ever have any of the following experiences?
INTERVIEWER: Press <Enter> to continue.

Did you ever blush or shake?

Yes  (Go to SOP_C9)
No
DK, R

Did you ever fear that you might lose control of your bowels or bladder?

1  Yes  (Go to SOP_C9)
2  No
DK, R

Did you ever fear that you might vomit?

1  Yes  (Go to SOP_C9)
2  No
DK, R
SOP_C9  SOP_C9 = Count of all responses of 1 (Yes) in (SOP_Q09A through SOP_Q09O).
        When SOP_C9 = 2, go to SOP_C11.

SOP_C10  If SOP_Q01N = 1 and count of responses of “Yes” in SOP_Q01A through SOP_Q01N = 1, KEY_PHRASE for SOP_Q01N = “situations similar to those that we just mentioned.”
        If SOP_Q01N = 1 and count of responses of “Yes” in SOP_Q01A through SOP_Q01N > 1, KEY_PHRASE for SOP_Q01N = “any other similar situation.”
        If SOP_C2 = 2, insert KEY_PHRASES from SOP_Q01A through SOP_Q01N in SOP_QINT9.
        Otherwise, use %these situations% in SOP_QINT9.
        (Applies to SOP_QINT9.)

SOP_QINT9  When you were faced with %^KEY_PHRASEs/these situations%, tell me if you ever had any of the following reactions.
INTERVIEWER: Press <Enter> to continue.

SOP_Q09A  Did your heart ever pound or race?
  SOPB_09A
    1  Yes
    2  No
    DK, R

SOP_Q09B  Did you sweat?
  SOPB_09B
    1  Yes
    2  No
    DK, R

SOP_Q09C  Did you tremble?
  SOPB_09C
    1  Yes
    2  No
    DK, R

SOP_Q09D  Did you feel sick to your stomach?
  SOPB_09D
    Yes
    No
    DK, R

SOP_Q09E  Did you have a dry mouth?
  SOPB_09E
    1  Yes
    2  No
    DK, R

SOP_Q09F  Did you have hot flushes or chills?
  SOPB_09F
    1  Yes
    2  No
    DK, R
Did you feel numbness or have tingling sensations?

1 Yes
2 No
DK, R

Did you have trouble breathing normally?

1 Yes
2 No
DK, R

Did you feel like you were choking?

1 Yes
2 No
DK, R

Did you have pain or discomfort in your chest?

1 Yes
2 No
DK, R

Did you feel dizzy or faint?

1 Yes
2 No
DK, R

Were you afraid that you might die?

1 Yes
2 No
DK, R

(When you were faced with %^KEY_PHRASES/these situations%), did you ever fear that you might lose control, go crazy or pass out?

INTERVIEWER: If respondent does not remember the situations, press <Ctrl+S> to show the list of situations.

1 Yes
2 No
DK, R
Did you feel like you were “not really there”, like you were watching a movie of yourself?

1. Yes  (Go to SOP_C11)
2. No
   DK, R

Did you feel that things around you were not real or like a dream?

1. Yes
2. No
   DK, R

If count of responses of “Yes” in SOP_Q01A through SOP_Q01N = 1, use %this situation% in SOP_Q10, SOP_Q10A and SOP_Q12.
Otherwise, use %these situations% in SOP_Q10, SOP_Q10A and SOP_Q12.
(Applies to SOP_Q10, SOP_Q10A, SOP_Q12.)

When you were in %this situation/these situations%, were you ever afraid that you might have a panic attack?

1. Yes  (Go to SOP_C11)
2. No  (Go to SOP_C11)
   DK, R

Did you ever have a panic attack in %this situation/these situations%?

1. Yes
2. No
   DK, R

Were you afraid that you might be trapped or unable to escape?

1. Yes
2. No
   DK, R

When you were in %this situation/these situations%, were you afraid you might do something embarrassing or humiliating?

1. Yes  (Go to SOP_Q15)
2. No
   DK, R

Were you afraid that you might embarrass other people?

1. Yes  (Go to SOP_Q15)
2. No
   DK, R
Were you afraid that people might look at you, talk about you or think negative things about you?

1. Yes (Go to SOP_Q15)
2. No
   DK, R

Were you afraid that you might be the focus of attention?

1. Yes (Go to SOP_Q15)
2. No
   DK, R

If SOP_Q01N = 1 and count of responses of “Yes” in SOP_Q01A through SOP_Q01N = 1, KEY_PHRASE for SOP_Q01N = “facing situations similar to those we just mentioned.”

If SOP_Q01N = 1 and count of responses of “Yes” in SOP_Q01A through SOP_Q01N = 2 or 3, KEY_PHRASE for SOP_Q01N = “any other similar situation.”

If SOP_C2 = 2, insert KEY_PHRASES from SOP_Q01A through SOP_Q01N in SOP_Q14A.
Otherwise, use %these situations% in SOP_Q14A. (Applies to SOP_Q14A.)

There are several reasons why people are afraid when faced with different situations. Tell me, what was it you feared most about %KEY_PHRASES/these situations%? Did you think it was:

INTERVIEWER: Read categories to respondent.
If respondent thought there was real danger even though it turned out not to be dangerous, consider it as a “real danger”.

1. ... a real danger, like the danger associated with a car accident or a bank robbery? (Go to SOP_Q14B)
2. ... or another reason? (Go to SOP_Q14C)
   DK, R

What was this danger?

INTERVIEWER: Enter a brief description of the danger.

DK, R (Go to SOP_Q15)

What was this reason?

INTERVIEWER: Enter a brief description of the reason.

DK, R

Was your fear related to embarrassment about having a physical, emotional or mental health problem or condition?

1. Yes (Go to SOP_Q16)
2. No
   DK, R (Go to SOP_Q16)
SOP_Q15A  (Please refer to page 8 of the booklet.)

What was the problem or condition?
INTERVIEWER: Mark all that apply.

| SOPB_15A | 1 | Emotional or mental health problem or condition |
| SOPB_15B | 2 | Alcohol or drug problem |
| SOPB_15C | 3 | Speech, vision or hearing problem |
| SOPB_15D | 4 | Movement or coordination problem |
| SOPB_15E | 5 | Facial or body disfigurement, weight or body image problem |
| SOPB_15F | 6 | Bad odour or sweating |
| SOPB_15G | 7 | Other physical health problem |
| SOPB_15H | 8 | Pregnancy |

DK, R

SOP_C13 If count of responses of “Yes” in SOP_Q01A through SOP_Q01N = 1, use %this situation% in SOP_Q16 and SOP_Q17. Otherwise, use %these situations% in SOP_Q16 and SOP_Q17. (Applies to SOP_Q16, SOP_Q17.)

SOP_Q16 How much did your fear or avoidance of %this situation/these situations% ever interfere with either your work, your social life or your personal relationships?
INTERVIEWER: Read categories to respondent.

| SOPB_16 | 1 | Not at all |
| SOPB_16 | 2 | A little |
| SOPB_16 | 3 | Some |
| SOPB_16 | 4 | A lot |
| SOPB_16 | 5 | Extremely |

DK, R

SOP_Q17 Was there ever a time in your life when you felt emotionally upset, worried or disappointed with yourself because of your fear or avoidance of %this situation/these situations%?

| SOPB_17 | 1 | Yes |
| SOPB_17 | 2 | No |

DK, R

SOP_C14 If count of responses of “Yes” in SOP_Q01A through SOP_Q01N = 1, use %this situation% in SOP_Q18 and SOP_Q18A. Otherwise, use %any of these situations% in SOP_Q18 and SOP_Q18A. (Applies to SOP_Q18, SOP_Q18A.)

SOP_Q18 When was the last time you either strongly feared or avoided %this situation/any of these situations%? Was it:
INTERVIEWER: Read categories to respondent.

| SOPB_18 | 1 | … during the past month? | (Go to SOP_C15) |
| SOPB_18 | 2 | … between 2 and 6 months ago? | (Go to SOP_C15) |
| SOPB_18 | 3 | … between 7 and 12 months ago? | (Go to SOP_C15) |
| SOPB_18 | 4 | … more than 12 months ago | (Go to SOP_C15) |

DK

R
How old were you the last time you either strongly feared or avoided %this situation/any of these situations%?

INTERVIEWER: Minimum is %age in SOP_Q03A or SOP_Q03B%; maximum is %current age%.
INTERVIEWER: If respondent answers “All my life” or “As long as I can remember”, press <F6> to indicate “DK”.

|___|___|___ Age in years (MIN: age in SOP_Q03A or SOP_Q03B) (MAX: current age)

DK, R

SOP_C15 If count of responses of “Yes” in SOP_Q01A through SOP_Q01N ≠ 1, use %this situation% in SOP_Q19. Otherwise, use %one of these situations% in SOP_Q19. (Applies to SOP_Q19.)

SOP_Q19 What if you were faced with %this situation/one of these situations% today. How strong would your fear be?

INTERVIEWER: Read categories to respondent. If respondent answers “It depends on which situation”, ask about the situation that would scare %him/her% most.

1 No fear (Go to SOP_C18)
2 Mild (Go to SOP_C18)
3 Moderate
4 Severe
5 Very severe

DK, R

SOP_C16 If SOP_C2 = 2, insert KEY PHRASES from SOP_Q01A through SOP_Q01N in SOP_Q20. Otherwise, use %any of these situations% in SOP_Q20. (Applies to SOP_Q20; SOP_Q20 uses SOP_C3A and SOP_C16.)

SOP_Q20 During the past 12 months, how often did you avoid %situations like %KEY PHRASES/any of these situations%?

INTERVIEWER: Read categories to respondent. If respondent answers “It depends on which situation”, ask about the situation that %he/she% avoided most.

1 All the time
2 Most of the time
3 Sometimes
4 Rarely
5 Never

DK, R
SOP_QINT21  (Please refer to page 1 of the booklet.)

In the past 12 months, think about the period of time that lasted 1 month or longer when your fear or avoidance of social and performance situations was most severe. Please tell me what number best describes how much your fear or avoidance of situations interfered with each of the following activities. For each activity, please answer with a number between 0 and 10: 0 means “no interference” while 10 means “very severe interference”.

INTERVIEWER: Press <Enter> to continue.

SOP_Q21A How much did your fear or avoidance of social and performance situations interfere with your home responsibilities, like cleaning, shopping and taking care of the house or apartment?

0  No interference
1  I
2  I
3  I
4  I
5  I
6  I
7  I
8  I
9  V
10 Very severe interference

[ ] [ ] [ ] Number
(MIN: 0) (MAX: 10)

DK, R

SOP_Q21B_1 How much did it interfere with your ability to attend school?

INTERVIEWER: If necessary, enter “11” to indicate “Not applicable”.

0  No interference
1  I
2  I
3  I
4  I
5  I
6  I
7  I
8  I
9  V
10 Very severe interference

[ ] [ ] [ ] Number
(MIN: 0) (MAX: 11)

DK, R
SOP Q21B  How much did it interfere with your ability to work at a job?

INTERVIEWER: If necessary, enter “11” to indicate “Not applicable”.

<table>
<thead>
<tr>
<th>Interference Level</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>No interference</td>
</tr>
<tr>
<td>1</td>
<td></td>
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<tr>
<td>2</td>
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<td>7</td>
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<td>8</td>
<td></td>
</tr>
<tr>
<td>9</td>
<td>Very severe interference</td>
</tr>
<tr>
<td>10</td>
<td></td>
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</tbody>
</table>

Number
(MIN: 0)  (MAX: 11)

DK, R

SOP Q21C  Again think about that period of time lasting 1 month or longer when your fear or avoidance of social or performance situations was most severe, how much did this fear or avoidance interfere with your ability to form and maintain close relationships with other people? (Remember that 0 means “no interference” and 10 means “very severe interference”.)

<table>
<thead>
<tr>
<th>Interference Level</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>No interference</td>
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<td>1</td>
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<tr>
<td>9</td>
<td>Very severe interference</td>
</tr>
<tr>
<td>10</td>
<td></td>
</tr>
</tbody>
</table>

Number
(MIN: 0)  (MAX: 10)

DK, R
### SOP_Q21D
**How much did it interfere with your social life?**

<table>
<thead>
<tr>
<th>Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>No interference</td>
</tr>
<tr>
<td>1</td>
<td>1</td>
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<td>9</td>
<td>V</td>
</tr>
<tr>
<td>10</td>
<td>Very severe interference</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Number</th>
<th>Description</th>
</tr>
</thead>
</table>

(MIN: 0) (MAX: 10)

DK, R

### SOP_C17
If (SOP_Q21A, SOP_Q21B_1, SOP_Q21B_2, SOP_Q21C and SOP_Q21D) = 0 (no interference) or = 11 (not applicable) or DK or R, SOP_C17 = 1 and go to SOP_C18. Otherwise, SOP_C17 = 2.

### SOP_Q23
**In the past 12 months, about how many days out of 365 were you totally unable to work or carry out your normal activities because of your fear or avoidance of situations? (You may use any number between 0 and 365 to answer.)**

<table>
<thead>
<tr>
<th>Number of Days</th>
<th>Description</th>
</tr>
</thead>
</table>

(MIN: 0) (MAX: 365)

DK, R

### SOP_C18
If SOP_C2 = 2, insert KEY_PHRASES from SOP_Q01A through SOP_Q01N in SOP_Q25 as % of a situation like ^KEY_PHRASES%. Otherwise, use % of these situations% in SOP_Q25. (Applies to SOP_Q25; SOP_Q25 uses SOP_C18 and SOP_C3A.)

### SOP_Q25
**Did you ever in your life see, or talk on the telephone, to a medical doctor or other professional about your fear or avoidance % of a situation like ^KEY_PHRASES/of these situations%? (By other professional, we mean psychologists, psychiatrists, social workers, counsellors, spiritual advisors, homeopaths, acupuncturists, self-help groups or other health professionals.)**

<table>
<thead>
<tr>
<th>Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Yes</td>
</tr>
<tr>
<td>2</td>
<td>No</td>
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</table>

(Go to SOP_Q39_1)

DK, R  
(Go to SOP_Q39_1)
SOP.Q25A How old were you the first time you saw, or talked to a professional about your fear?
INTERVIEWER: Minimum is %age in SOP.Q03A or SOP.Q03B%; maximum is %current age%.

|___|___| Age in years
(MIN: age in SOP.Q03A or SOP.Q03B) (MAX: current age)
DK, R

SOP.Q36 Did you ever get treatment for your fear that you considered helpful or effective?
1 Yes
2 No (Go to SOP.Q36C)
DK, R (Go to SOP.Q36C)

SOP.Q36A How old were you the first time you got helpful treatment for your fear?
INTERVIEWER: Minimum is %age in SOP.Q03A or SOP.Q03B%; maximum is %current age%.

|___|___| Age in years
(MIN: age in SOP.Q03A or SOP.Q03B) (MAX: current age)
DK, R

SOP.Q36B Up to and including the first time you got helpful treatment, how many professionals did you see, or talk to about your fear?

|___| Number of professionals
(MIN: 1) (MAX: 95; warning after 12)
DK, R

SOP.Q36C In total, how many professionals did you ever see, or talk to about your fear?

|___| Number of professionals
(MIN: 0) (MAX: 95; warning after 12)
DK, R

SOP.Q38 At any time in the past 12 months, did you receive professional treatment for your fear?
1 Yes
2 No
DK, R

SOP.Q39 Were you ever hospitalized overnight for your fear?
1 Yes (Go to SOP.Q39_1)
2 No (Go to SOP.Q39_1)
**SOP Q39A**

**How old were you the first time you were hospitalized overnight because of your fear?**

INTERVIEWER: Minimum is %age in SOP Q03A or SOP Q03B%; maximum is %current age%.

|___| Age in years
(MIN: age in SOP Q03A or SOP Q03B) (MAX: current age)

DK, R

**SOP Q39 1**

**How many of your close relatives – including your biological parents, brothers, sisters and children – ever had a strong fear of social or performance situations?**

INTERVIEWER: Minimum is 0; maximum is 95.

|___| Number of relatives
(MIN: 0) (MAX: 95)

DK, R

**SOP ND**

INTERVIEWER: This is the end of the module. Press <1> to continue.

**SOP END** Go to next module.
AGORAPHOBIA

AGP_C1  If SCR_30 = 1, go to AGP_QINT1. Otherwise, go to AGP_ND.

AGP_QINT1  Earlier you mentioned having a strong fear of things like being in crowds, going to public places, travelling by yourself or travelling away from home. The next questions are about which of these things you feared. Tell me if you ever strongly feared any of the following situations.
INTERVIEWER: Press <Enter> to continue.

AGP_Q01A  Being home alone?
AGPB_01A
1  Yes  (KEY_PHRASE = being home alone)
2  No
3  Not applicable
DK, R  (Go to AGP_ND)

AGP_Q01B  Being in crowds?
AGPB_01B
1  Yes  (KEY_PHRASE = being in crowds)
2  No
3  Not applicable
DK, R

AGP_Q01C  Travelling away from home?
AGPB_01C
1  Yes  (KEY_PHRASE = travelling away from home)
2  No
3  Not applicable
DK, R

AGP_Q01D  Travelling alone or being alone away from home?
AGPB_01D
1  Yes  (KEY_PHRASE = travelling alone)
2  No
3  Not applicable
DK, R

AGP_Q01E  Did you ever strongly fear using public transportation?
AGPB_01E
1  Yes  (KEY_PHRASE = using public transportation)
2  No
3  Not applicable
DK, R

AGP_Q01F  Driving a car?
AGPB_01F
1  Yes  (KEY_PHRASE = driving a car)
2  No
3  Not applicable
DK, R
AGP_Q01G  Standing in a line in a public place?
AGPB_01G  
1  Yes  (KEY_PHRASE = standing in a line)
2  No
3  Not applicable
   DK, R

AGP_Q01H  Did you ever strongly fear being in a department store, shopping mall or supermarket?
AGPB_01H  
1  Yes  (KEY_PHRASE = being in stores or malls)
2  No
3  Not applicable
   DK, R

AGP_Q01I  Being in a movie theatre, auditorium, lecture hall or church?
AGPB_01I  
1  Yes  (KEY_PHRASE = being in large auditoriums)
2  No
3  Not applicable
   DK, R

AGP_Q01J  Being in a restaurant or any other public place?
AGPB_01J  
1  Yes  (KEY_PHRASE = being in restaurants)
2  No
3  Not applicable
   DK, R

AGP_Q01K  Being in a wide, open field or street?
AGPB_01K  
1  Yes  (KEY_PHRASE = being in wide open places)
2  No
3  Not applicable
   DK, R

AGP_C2A  If count of responses of "Yes" in AGP_Q01A to AGP_Q01J <= 1, AGP_C2A = 1 and go to AGP_ND.
          Otherwise AGP_C2A = 2.

AGP_C2B  If SOP_Q39_1 = 0 to 95, DK, or R, AGP_C2B = 1.
          Otherwise, AGP_C2B = 2 and go to AGP_Q03_1.

AGP_Q02  Was the reason for your fear of ^KEY_PHRASES ever because you felt very shy, afraid or uncomfortable in social or performance situations, or being with other people?
AGPB_02  
1  Yes
2  No  (Go to AGP_Q03_1)
   DK, R  (Go to AGP_Q03_1)
Was your fear of these situations always because you felt shy, afraid or uncomfortable in social or performance situations, or being with other people?

1  Yes  (Go to AGP_ND)
2  No  
   DK, R

You mentioned that you had a fear of KEY_PHRASES. Can you remember exactly how old you were, the very first time you had a fear of one of these situations?

1  Yes  (Go to AGP_Q03B)
2  No  
   DK, R  (Go to AGP_Q03B)

How old were you?

INTERVIEWER: Minimum is 0; maximum is %current age%.

<table>
<thead>
<tr>
<th></th>
<th>Age in years</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>(MIN: 0) (MAX: current age)</td>
</tr>
</tbody>
</table>

DK
R  (Go to AGP_QINT4)

About how old were you?

INTERVIEWER: Minimum is 0; maximum is %current age%.
If respondent answers “All my life” or “As long as I can remember”, press <F6> to indicate “DK”.

<table>
<thead>
<tr>
<th></th>
<th>Age in years</th>
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<tbody>
<tr>
<td></td>
<td>(MIN: 0) (MAX: current age)</td>
</tr>
</tbody>
</table>

DK
R  (Go to AGP_QINT4)

Would you say that the very first time you had a fear of one of these situations was:

INTERVIEWER: Read categories to respondent.
If respondent answers “All my life”, press <F6> to indicate “DK”.

1  ... before you first started school?
2  ... before you were a teenager?
3  ... once you were a teenager or an adult?
   DK, R

People with fears like this differ in what it is they fear about the situations. Please tell me which of the following fears you experienced.

INTERVIEWER: Press <Enter> to continue.

When you were faced with one of these situations, did you fear being alone or being separated from your loved ones?

1  Yes
2  No
   DK, R
<table>
<thead>
<tr>
<th>AGP_Q04B</th>
<th>Did you fear that there was some real danger, like that you might be robbed or assaulted?</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Yes</td>
</tr>
<tr>
<td>2</td>
<td>No</td>
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<td></td>
<td>DK, R</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>AGP_Q04C</th>
<th>Did you fear that you might get sick to your stomach or have diarrhea?</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Yes</td>
</tr>
<tr>
<td>2</td>
<td>No</td>
</tr>
<tr>
<td></td>
<td>DK, R</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>AGP_Q04D</th>
<th>Did you fear that you might have a panic attack?</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Yes</td>
</tr>
<tr>
<td>2</td>
<td>No</td>
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<tr>
<td></td>
<td>DK, R</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>AGP_Q04E</th>
<th>Did you fear that you might have a heart attack or some other emergency?</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Yes</td>
</tr>
<tr>
<td>2</td>
<td>No</td>
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<tr>
<td></td>
<td>DK, R</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>AGP_Q04F</th>
<th>Did you fear that you might become physically ill and be unable to get help?</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Yes</td>
</tr>
<tr>
<td>2</td>
<td>No</td>
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<tr>
<td></td>
<td>DK, R</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>AGP_Q04G</th>
<th>Did you fear that it might be difficult or embarrassing to escape?</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Yes</td>
</tr>
<tr>
<td>2</td>
<td>No</td>
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<td></td>
<td>DK, R</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>AGP_Q04H</th>
<th>Did you fear that some other terrible thing might happen?</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Yes</td>
</tr>
<tr>
<td>2</td>
<td>No</td>
</tr>
<tr>
<td></td>
<td>DK, R</td>
</tr>
</tbody>
</table>

| AGP_C6A  | If SCR_Q30_2=1, AGP_C6A=1. Otherwise, AGP_C6A=2 and go to AGP_QINT8.                   |

| AGP_QINT6A | The following questions are about your fear of ^KEY_PHRASES. INTERVIEWER: Press <Enter> to continue. |
AGP_Q06A  Earlier, you mentioned having times when you avoided one of these situations. How old were you the very first time you started avoiding these situations?
INTERVIEWER: Minimum is %age in AGP_Q03A or AGP_Q03B%; maximum is %current age%.
If respondent answers “All my life” or “As long as I can remember”, press <F6> to indicate “DK”.

_______  Age in years (Go to AGP_QINT8)
(MIN: age in AGP_Q03A or AGP_Q03B) (MAX: current age)
DK  
R  (Go to AGP_QINT8)

AGP_Q06A_1 Would you say that the very first time you avoided these situations was:
INTERVIEWER: Read categories to respondent.
If respondent answers “All my life”, press <F6> to indicate “DK”.

1  ... before you first started school?
2  ... before you were a teenager?
3  ... once you were a teenager or an adult?
DK, R

AGP_QINT8  The following questions are about your fear of ^KEY_PHRASES.
INTERVIEWER: Press <Enter> to continue.

AGP_Q08  Was there a particular incident or event that caused your fear of these situations to start the very first time?

1  Yes
2  No  (Go to AGP_QINT9)
DK, R  (Go to AGP_QINT9)

AGP_Q08A Did you have a panic attack as a result of that incident or event?

1  Yes
2  No  
DK, R

AGP_QINT9  Think of the time in your life when your fear or avoidance of these situations was most severe and frequent. When you were faced with these situations, or thought you would have to be, tell me if you ever had any of the following experiences.
INTERVIEWER: Press <Enter> to continue.

AGP_Q09A Did your heart ever pound or race?

1  Yes
2  No  
DK, R
AGP_Q09B  Did you sweat?
   1  Yes
   2  No
       DK, R

AGP_Q09C  Did you tremble or shake?
   1  Yes
   2  No
       DK, R

AGP_Q09D  Did you have a dry mouth?
   1  Yes
   2  No
       DK, R

AGP_C10  If any of AGP_Q09A, AGP_Q09B, AGP_Q09C or AGP_Q09D = 1 (Yes), go to AGP_QINT11.
         Otherwise, go to AGP_Q13.

AGP_QINT11  When you were faced with these situations, or thought you would have to
             be, tell me if you ever had one of the following reactions.
             INTERVIEWER: Press <Enter> to continue.

AGP_Q11A  Did you have trouble breathing normally?
   1  Yes  (Go to AGP_Q13)
   2  No
       DK, R

AGP_Q11B  Did you feel like you were choking?
   1  Yes  (Go to AGP_Q13)
   2  No
       DK, R

AGP_Q11C  Did you have pain or discomfort in your chest?
   1  Yes  (Go to AGP_Q13)
   2  No
       DK, R

AGP_Q11D  Did you feel nauseous or sick to your stomach?
   1  Yes  (Go to AGP_Q13)
   2  No
       DK, R

AGP_Q11E  Did you feel dizzy or faint?
   1  Yes  (Go to AGP_Q13)
   2  No
       DK, R
AGP_Q11F  Did you ever fear that you might lose control, go crazy or pass out?
AGPB_11F
1 Yes (Go to AGP_Q13)
2 No
DK, R

AGP_Q11G  Were you afraid that you might die?
AGPB_11G
1 Yes (Go to AGP_Q13)
2 No
DK, R

AGP_Q11H  Did you have hot flushes or chills?
AGPB_11H
1 Yes (Go to AGP_Q13)
2 No
DK, R

AGP_Q11I  Did you feel numbness or have tingling sensations?
AGPB_11I
1 Yes (Go to AGP_Q13)
2 No
DK, R

AGP_Q11J  Did you feel like you were “not really there”, like you were watching a movie of yourself?
AGPB_11J
1 Yes (Go to AGP_Q13)
2 No
DK, R

AGP_Q11K  Did you feel that things around you were not real or like a dream?
AGPB_11K
1 Yes
2 No
DK, R

AGP_Q13  Were you ever unable to leave your home for an entire day because of your fear?
AGPB_13
1 Yes (Go to AGP_Q14)
2 No (Go to AGP_Q14)

AGP_Q13A  What is the longest period when you were unable to leave your home?
AGPB_13A
INTERVIEWER: Select the reporting unit here and enter the number in the next screen.
1 Days (Go to AGP_Q13C)
2 Weeks (Go to AGP_Q13D)
3 Months (Go to AGP_Q13E)
4 Years (Go to AGP_Q14)
DK, R (Go to AGP_Q14)
INTERVIEWER: Enter the number of days.
Minimum is 1; maximum is 900.

<table>
<thead>
<tr>
<th></th>
<th>Number of days</th>
<th>(MIN: 1) (MAX: 900; warning after 365)</th>
</tr>
</thead>
</table>

If AGP_Q13B <= 365, go to AGP_Q14.
Otherwise, show pop-up edit as follows.

An unusual value has been entered.
Please confirm or return and change the reporting unit.

INTERVIEWER: Enter the number of weeks.
Minimum is 1; maximum is 104.

<table>
<thead>
<tr>
<th></th>
<th>Number of weeks</th>
<th>(MIN: 1) (MAX: 104; warning after 52)</th>
</tr>
</thead>
</table>

If AGP_Q13C <= 52, go to AGP_Q14.
Otherwise, show pop-up edit as follows.

An unusual value has been entered.
Please confirm or return and change the reporting unit.

INTERVIEWER: Enter the number of months.
Minimum is 1; maximum is 36.

<table>
<thead>
<tr>
<th></th>
<th>Number of months</th>
<th>(MIN: 1) (MAX: 36; warning after 24)</th>
</tr>
</thead>
</table>

If AGP_Q13D <= 24, go to AGP_Q14.
Otherwise, show pop-up edit as follows.

An unusual value has been entered.
Please confirm or return and change the reporting unit.

INTERVIEWER: Enter the number of years.
Minimum is 1; maximum is %current age - (age in AGP_Q03A or AGP_Q03B)%.

<table>
<thead>
<tr>
<th></th>
<th>Number of years</th>
<th>(MIN: 1) (MAX: current age - (age in AGP_Q03A or AGP_Q03B))</th>
</tr>
</thead>
</table>
Some people are unable to go out of their home unless they have someone they know with them, like a family member or friend. Was this ever true for you?

1 Yes
2 No

Remember, these questions are about your fear or avoidance of KEY_PHRASES.

INTERVIEWER: Press <Enter> to continue.

How much did your fear or avoidance of these situations ever interfere with either your work, your social life or your personal relationships?

1 Not at all
2 A little
3 Some
4 A lot
5 Extremely

Was there ever a time in your life when you felt emotionally upset, worried or disappointed with yourself because of your fear or avoidance of these situations?

1 Yes
2 No

At any time in the past 12 months, did you either strongly fear or avoid any of these situations?

1 Yes
2 No

How recently was it?

1 During the past month
2 Between 2 to 6 months ago
3 More than 6 months ago

Go to AGP_Q18.
AGP_Q17B  How old were you the last time you either strongly feared or avoided one of these situations?
INTERVIEWER: Minimum is %age in AGP_Q03A or AGP_Q03B%; maximum is %current age%.
If respondent answers “All my life” or “As long as I can remember”, press <F6> to indicate “DK”.

[ ] [ ] [ ]  Age in years
(MIN: age in AGP_Q03A or AGP_Q03B) (MAX: current age)
DK, R

AGP_Q18  What if you were faced with one of these situations today. How strong would your fear be?
INTERVIEWER: Read categories to respondent.
If respondent answers “It depends on which situation”, ask about the situation that would scare %him/her% the most.

1  No fear (Go to AGP_Q24)
2  Mild (Go to AGP_Q24)
3  Moderate
4  Severe
5  Very severe
DK, R

AGP_Q19  During the past 12 months, how often did you avoid these feared situations?
INTERVIEWER: Read categories to respondent.
If respondent answers “It depends on which situation”, ask about the situation that %he/she% avoided the most.

1  All the time
2  Most of the time
3  Sometimes
4  Rarely
5  Never
DK, R

AGP_QINT20 (Please refer to page 1 of the booklet.)

During the past 12 months, think about the period of time that lasted one month or longer when your fear or avoidance of situations was most severe. Please tell me what number best describes how much your fear or avoidance of situations interfered with each of the following activities. For each activity, answer with a number between 0 and 10; 0 means “no interference”, while 10 means “very severe interference”.
INTERVIEWER: Press <Enter> to continue.
AGP_Q20A  How much did your fear or avoidance of situations interfere with your home responsibilities, like cleaning, shopping and taking care of the house or apartment?

0  No interference
1
2
3
4
5
6
7
8
9
10 Very severe interference

<table>
<thead>
<tr>
<th>Number</th>
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<tbody>
<tr>
<td>(MIN: 0) (MAX: 10)</td>
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</tbody>
</table>

DK, R

AGP_Q20B_1  How much did it interfere with your ability to attend school?

AGPB_201  INTERVIEWER: If necessary, enter “11” to indicate “Not applicable”.

0  No interference
1
2
3
4
5
6
7
8
9
10 Very severe interference

<table>
<thead>
<tr>
<th>Number</th>
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<tbody>
<tr>
<td>(MIN: 0) (MAX: 11)</td>
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</tbody>
</table>

DK, R
AGP_Q20B_2  How much did it interfere with your ability to work at a job?

AGPB_202  INTERVIEWER: If necessary, enter “11” to indicate “Not applicable”.

<table>
<thead>
<tr>
<th></th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>No interference</td>
</tr>
<tr>
<td>1</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td></td>
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<td>7</td>
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<td>8</td>
<td></td>
</tr>
<tr>
<td>9</td>
<td>V</td>
</tr>
<tr>
<td>10</td>
<td>Very severe interference</td>
</tr>
</tbody>
</table>

(DK, R)

AGP_Q20C  Again thinking about that period of time lasting one month or longer during the past 12 months when your fear or avoidance of situations was most severe, how much did this fear or avoidance interfere with your ability to form and maintain close relationships with other people? (Remember that 0 means “no interference” and 10 means “very severe interference”.)

<table>
<thead>
<tr>
<th></th>
<th>Number</th>
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<tbody>
<tr>
<td>0</td>
<td>No interference</td>
</tr>
<tr>
<td>1</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td></td>
</tr>
<tr>
<td>3</td>
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<td>9</td>
<td>V</td>
</tr>
<tr>
<td>10</td>
<td>Very severe interference</td>
</tr>
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</table>

(DK, R)
How much did it interfere with your social life?

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<tr>
<th></th>
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<th>Number</th>
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<tbody>
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<td></td>
<td>(MIN: 0) (MAX: 10)</td>
</tr>
<tr>
<td>0</td>
<td></td>
<td></td>
<td>DK, R</td>
</tr>
</tbody>
</table>

AGP_C21

If (AGP_Q20A, AGP_Q20B.1, AGP_Q20B.2, AGP_Q20C and AGP_Q20D) = 0 (no interference) or = 11 (not applicable) or DK, or R, AGP_C21 = 1 and go to AGP_Q24. Otherwise, AGP_C21 = 2.

AGP_Q22

During the past 12 months, about how many days out of 365 were you totally unable to work or carry out your normal activities because of your fear or avoidance of situations? (You may use any number between 0 and 365 to answer.)

<table>
<thead>
<tr>
<th></th>
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<th></th>
<th>Number of Days</th>
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<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>(MIN: 0) (MAX: 365)</td>
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<td></td>
<td>DK, R</td>
</tr>
</tbody>
</table>

AGP_Q24

Did you ever in your life see, or talk on the telephone, to a medical doctor or other professional about your fear or avoidance of these situations? (By other professional, we mean psychologists, psychiatrists, social workers, counsellors, spiritual advisors, homeopaths, acupuncturists, self-help groups or other health professionals.)

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<tbody>
<tr>
<td>Yes</td>
<td>(Go to AGP_Q38.1)</td>
<td></td>
</tr>
<tr>
<td>No</td>
<td>(Go to AGP_Q38.1)</td>
<td></td>
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<tr>
<td>DK, R</td>
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</table>

AGP_Q24A

How old were you the first time you saw, or talked to a professional about your fear?

INTERVIEWER: Minimum is %age in AGP_Q03A or AGP_Q03B%; maximum is %current age%.

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<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th>Age in years</th>
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<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>(MIN: age in AGP_Q03A or AGP_Q03B) (MAX: current age)</td>
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<td></td>
<td>DK, R</td>
</tr>
</tbody>
</table>
AGP_Q35  Did you ever get treatment for your fear that you considered helpful or effective?
1 Yes
2 No (Go to AGP_Q35C)

DK, R

AGPB_35

AGP_Q35A  How old were you the first time you got helpful treatment for your fear?
INTERVIEWER: Minimum is %age in AGP_Q03A or AGP_Q03B%; maximum is %current age%.

|___|___| Age in years
(MIN: age in AGP_Q03A or AGP_Q03B) (MAX: current age)
DK, R

AGP_Q35B  Up to and including the first time you got helpful treatment, how many professionals did you see, or talk to about your fear?

|___|___| Number of professionals
(MIN: 1) (MAX: 95; warning after 12)
DK, R

AGP_Q35C  In total, how many professionals did you ever see, or talk to about your fear?

|___|___| Number of professionals
(MIN: 1) (MAX: 95; warning after 12)
DK, R

AGP_Q37  At any time in the past 12 months, did you receive professional treatment for your fear?
1 Yes
2 No
DK, R

AGP_Q38  Were you ever hospitalized overnight for your fear?
1 Yes
2 No (Go to AGP_Q38_1)
DK, R

AGP_Q38A  How old were you the first time you were hospitalized overnight because of your fear?
INTERVIEWER: Minimum is %age in AGP_Q03A or AGP_Q03B%; maximum is %current age%.

|___|___| Age in years
(MIN: age in AGP_Q03A or AGP_Q03B) (MAX: current age)
DK, R
How many of your close relatives – including your biological parents, brothers, sisters and children – ever had a strong fear of being home alone, being in crowds or being away from home?

| | Number of relatives
(MIN: 0) (MAX: 95)

DK, R

INTERVIEWER: This is the end of the module. Press <1> to continue.

Go to next module.
**ALCOHOL USE**

**ALC_QINT**

The following questions are about your alcohol consumption.
When we use the word drink, it means:
- one bottle or can of beer or a glass of draft
- one glass of wine or a wine cooler
- one drink or cocktail with 1 and a 1/2 ounces of liquor.

**INTERVIEWER**: Press <Enter> to continue.

**ALC_Q1**

*During the past 12 months, that is, from %date one year ago% to yesterday, have you had a drink of beer, wine, liquor or any other alcoholic beverage?*

1. Yes
2. No (Go to ALC_Q5B)
   DK, R (Go to ALC_END)

**ALC_Q2**

*During the past 12 months, how often did you drink alcoholic beverages?*

1. Less than once a month
2. Once a month
3. 2 to 3 times a month
4. Once a week
5. 2 to 3 times a week
6. 4 to 6 times a week
7. Every day
   DK, R

**ALC_Q3**

*How often in the past 12 months have you had 5 or more drinks on one occasion?*

1. Never
2. Less than once a month
3. Once a month
4. 2 to 3 times a month
5. Once a week
6. More than once a week
   DK, R

**ALC_Q4**

*During the past 12 months, did you regularly drink more than 12 drinks a week?*

1. Yes
2. No
   DK, R

**ALC_Q5**

*Now, thinking back over the past week, that is, from %date last week% to yesterday, did you have a drink of beer, wine, liquor or any other alcoholic beverage?*

1. Yes
2. No (Go to ALC_Q6)
   DK, R (Go to ALC_Q6)
Starting with yesterday, that is %day name%, how many drinks did you have:

(If R on first day, go to ALC_Q6)
(MIN: 0  MAX: 99 warning after 12 for each day)

ALCB_5A1  1  Sunday?
ALCB_5A2  2  Monday?
ALCB_5A3  3  Tuesday?
ALCB_5A4  4  Wednesday?
ALCB_5A5  5  Thursday?
ALCB_5A6  6  Friday?
ALCB_5A7  7  Saturday?

Go to ALC_Q6.

Have you ever had a drink?

ALCB_5B

1  Yes
2  No  (Go to ALC_END)
DK, R  (Go to ALC_END)

Before %current month/current year–1%, was there ever a 12 month period when, at least once every month, you had 5 drinks or more in one occasion?

1  Yes
2  No
DK, R

Again, before %current month/current year–1%, did you ever regularly drink more than 12 drinks a week?

1  Yes
2  No
DK, R

If (ALC_Q3 <= 2 and ALC_Q6 = 1) or if (ALC_Q4 = 2 and ALC_Q6A = 1), go to ALC_Q7.
Otherwise, go to ALC_Q8.
**ALC_Q7**  Why did you reduce or quit drinking altogether?  
**INTERVIEWER:** Mark all that apply.

- **ALCB_7A** Dieting
- **ALCB_7B** Athletic training
- **ALCB_7C** Pregnancy
- **ALCB_7D** Getting older
- **ALCB_7E** Drinking too much / drinking problem
- **ALCB_7F** Affected – work, studies, employment opportunities
- **ALCB_7G** Interfered with family or home life
- **ALCB_7H** Affected – physical health
- **ALCB_7I** Affected – friendships or social relationships
- **ALCB_7J** Affected – financial position
- **ALCB_7K** Affected – outlook on life, happiness
- **ALCB_7L** Influence of family or friends
- **ALCB_7M** Other – Specify  
  DK, R

**ALC_Q8** Not counting small sips, how old were you when you started drinking alcoholic beverages?  
**INTERVIEWER:** Drinking does not include having a few sips of wine for religious purposes.

<table>
<thead>
<tr>
<th></th>
<th>Age in years</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>(MIN: 5) (MAX: current age)</td>
</tr>
</tbody>
</table>

DK, R

**ALC_END** Go to next module.
**ALCOHOL DEPENDENCE**

**ALD_C1A**  
If (ALC_Q5B = 2, DK or R), go to ALD_END.  
If (((ALC_Q1 = 2) and (ALC_Q6 = 2, DK, R)) or ((ALC_Q3 <= 2 DK or R) and (ALC_Q6 = 2, DK or R))), go to ALD_END.  
Otherwise, go to ALD_C1B.

**ALD_C1B**  
If (ALC_Q3 > 2) (In the past 12 months had at least 5 drinks at least once a month), go to ALD_QINT1.  
If (ALC_Q3 <= 2 or ALC_Q5B = 1) and ALC_Q6 = 1 (Previously had a 12-month period when had at least 5 drinks at least once a month), go to ALD_QINT2.

**ALD_QINT1**  
The next questions are about how drinking can affect people in their activities. We will be referring to the past 12 months, that is, from %date one year ago% to yesterday.  
INTERVIEWER: Press <Enter> to continue.

**ALD_Q01**  
**ALDB_01**  
During the past 12 months, have you ever been drunk or hung-over while at work, school or while taking care of children?  
1 Yes (Go to ALD_Q02)  
2 No (Go to ALD_END)  
DK, R (Go to ALD_END)

**ALD_C01**  
If ALC_Q6 = 1, go to ALD_Q01A.  
Otherwise, go to ALD_Q03.

**ALD_Q01A**  
**ALDB_01A**  
Has that ever happened?  
1 Yes (Go to ALD_Q03)  
2 No (Go to ALD_Q03)  
DK, R (Go to ALD_END)

**ALD_Q02**  
**ALDB_02**  
How many times? Was it:  
1 ... once or twice?  
2 ... 3 to 5 times?  
3 ... 6 to 10 times?  
4 ... 11 to 20 times?  
5 ... more than 20 times?  
DK, R

**ALD_Q03**  
**ALDB_03**  
During the past 12 months, were you ever in a situation while drunk or hung-over which increased your chances of getting hurt? (For example, driving a boat, using guns, crossing against traffic, or during sports.)  
1 Yes (Go to ALD_Q04)  
2 No (Go to ALD_Q04)  
DK, R (Go to ALD_Q04)
ALD_C03 If ALC_Q6 = 1, go to ALD_Q03A. 
Otherwise, go to ALD_Q04.

ALD_Q03A

Has that ever happened?

1  Yes
2  No
DK, R

ALD_Q04
During the past 12 months, have you had any emotional or psychological problems because of alcohol use, such as feeling uninterested in things, depressed or suspicious of people?

1  Yes (Go to ALD_Q05)
2  No (Go to ALD_Q05)
DK, R

ALD_C04A If ALC_Q6 = 1, go to ALD_Q04A. 
Otherwise, go to ALD_Q05.

ALD_Q04A

Has that ever happened?

1  Yes
2  No
DK, R

ALD_Q05
During the past 12 months, have you had such a strong desire or urge to drink alcohol that you could not resist it or could not think of anything else?

1  Yes (Go to ALD_Q06)
2  No (Go to ALD_Q06)
DK, R

ALD_C05A If ALC_Q6 = 1, go to ALD_Q05A. 
Otherwise, go to ALD_Q06.

ALD_Q05A

Has that ever happened?

1  Yes
2  No
DK, R

ALD_Q06
During the past 12 months, have you had a period of a month or more when you spent a great deal of time getting drunk or being hung-over?

1  Yes (Go to ALD_Q07)
2  No (Go to ALD_Q07)
DK, R

ALD_C06A If ALC_Q6 = 1, go to ALD_Q06A. 
Otherwise, go to ALD_Q07.
ALD_Q06A
ALDB_06A
Has that ever happened?

1  Yes
2  No
DK, R

ALD_Q07
ALDB_07
During the past 12 months, did you ever drink much more or for a longer period of time than you intended?

1  Yes (Go to ALD_Q08)
2  No  
DK, R (Go to ALD_Q09)

ALD_C07
If ALC_Q6 = 1, go to ALD_Q07A.
Otherwise, go to ALD_Q09.

ALD_Q07A
ALDB_07A
Has that ever happened?

1  Yes
2  No  (Go to ALD_Q09)
DK, R  (Go to ALD_Q09)

ALD_Q08
ALDB_08
How many times? Was it:

INTERVIEWER: Read categories to respondent.

1  ... once or twice?
2  ... 3 to 5 times?
3  ... 6 to 10 times?
4  ... 11 to 20 times?
5  ... more than 20 times?
DK, R

ALD_Q09
ALDB_09
During the past 12 months, did you ever find that you had to drink more alcohol than usual to get the same effect or that the same amount of alcohol had less effect on you than usual?

1  Yes (Go to ALD_Q10)
2  No  
DK, R (Go to ALD_Q10)

ALD_C09
If ALC_Q6 = 1, go to ALD_Q09A.
Otherwise, go to ALD_Q10.

ALD_Q09A
ALDB_09A
Has that ever happened?

1  Yes
2  No
DK, R

ALD_Q10
ALDB_10
During the past 12 months, did you ever have a period when you stopped, cut down, or went without alcohol and then experienced symptoms like fatigue, headaches, diarrhea, the shakes or emotional problems?

1  Yes (Go to ALD_Q11)
2  No
DK, R (Go to ALD_Q11)
ALD_C10 If ALC_Q6 = 1, go to ALD_Q10A. Otherwise, go to ALD_Q11.

ALD_Q10A Has that ever happened?

ALDB_10A

1 Yes
2 No
DK, R

ALD_Q11 During the past 12 months, did you ever have a period when you drank alcohol even though you promised yourself you wouldn't, or when you drank a lot more than you intended?

ALDB_11

1 Yes (Go to ALD_Q12)
2 No (Go to ALD_Q12)
DK, R

ALD_C11 If ALC_Q6 = 1, go to ALD_Q11A. Otherwise, go to ALD_Q12.

ALD_Q11A Has that ever happened?

ALDB_11A

1 Yes
2 No
DK, R

ALD_Q12 During the past 12 months, did you ever have a period of several days or more when you spent so much time drinking alcohol or recovering from the effects that you had little time for anything else?

ALDB_12

1 Yes (Go to ALD_Q13)
2 No (Go to ALD_Q13)
DK, R

ALD_C12 If ALC_Q6 = 1, go to ALD_Q12A. Otherwise, go to ALD_Q13.

ALD_Q12A Has that ever happened?

ALDB_12A

Yes
No
DK, R

ALD_Q13 During the past 12 months, did you ever have a period of a month or longer when you gave up or greatly reduced important activities because of your use of alcohol?

ALDB_13

1 Yes (Go to ALD_Q14)
2 No (Go to ALD_Q14)
DK, R

ALD_C13 If ALC_Q6 = 1, go to ALD_Q13A. Otherwise, go to ALD_Q14.
ALD_Q13A
Has that ever happened?
1   Yes
2   No
    DK, R

ALD_Q14
During the past 12 months, did you ever continue to drink alcohol when you
knew you had a serious physical or emotional problem that might have
been caused by or made worse by your alcohol use?
1   Yes    (Go to ALD_C15)
2   No
    DK, R    (Go to ALD_C15)

ALD_C14
If ALC_Q6 = 1, go to ALD_Q14A.
Otherwise, go to ALD_C15.

ALD_Q14A
Has that ever happened?
1   Yes
2   No
    DK, R

ALD_C15
ALD_C15 = Count of instances where ALD_Q01, ALD_Q03, ALD_Q04,
ALD_Q05, ALD_Q06, ALD_Q07, ALD_Q08, ALD_Q10, ALD_Q11, ALD_Q12,
ALD_Q13 and ALD_Q14 <> 2, DK or R.

If ALD_C15 => 1 and ALC_Q3 > 2 (in the past 12 months had 5 drinks in one
occasion at least once a month), go to ALD_QINT15.

Otherwise, go to ALD_END.

ALD_QINT15
(Please refer to page 1 of the booklet.)

Please tell me what number best describes how much your use of alcohol
interfered with each of the following activities during the past 12 months.
For each activity, answer with a number between 0 and 10; 0 means “no
interference”, while 10 means “very severe interference”.

INTERVIEWER: Press <Enter> to continue.
**ALD_Q15A**  
During the past 12 months, how much did your alcohol use interfere with your home responsibilities, like cleaning, shopping and taking care of the house or apartment?

<table>
<thead>
<tr>
<th>Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>No interference</td>
</tr>
<tr>
<td>1</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td></td>
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<td>8</td>
<td></td>
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<tr>
<td>9</td>
<td>V</td>
</tr>
<tr>
<td>10</td>
<td>Very severe interference</td>
</tr>
</tbody>
</table>

Number  
(MIN: 0)  (MAX: 10)

DK, R

**ALD_Q15B_1**  
How much did it interfere with your ability to attend school?

**INTERVIEWER**: If necessary, enter “11” to indicate “Not applicable”.

<table>
<thead>
<tr>
<th>Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>No interference</td>
</tr>
<tr>
<td>1</td>
<td></td>
</tr>
<tr>
<td>2</td>
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<td>9</td>
<td>V</td>
</tr>
<tr>
<td>10</td>
<td>Very severe interference</td>
</tr>
</tbody>
</table>

Number  
(MIN: 0)  (MAX: 11)

DK, R

For information only
ALD_Q15B_2  How much did it interfere with your ability to work at a job?

ALDB_5B2  INTERVIEWER: If necessary, enter “11” to indicate “Not applicable”.

0  No interference
1  
2  
3  
4  
5  
6  
7  
8  
9  V
10 Very severe interference

| | | Number
(MIN: 0) (MAX: 11)

DK, R

ALD_Q15C  (During the past 12 months,) how much did your alcohol use interfere with your ability to form and maintain close relationships with other people? (Remember that 0 means “no interference” and 10 means “very severe interference”.)

ALDB_15C

0  No interference
1  
2  
3  
4  
5  
6  
7  
8  
9  
10 Very severe interference

| | | Number
(MIN: 0) (MAX: 10)

DK, R
How much did it interfere with your social life?

<table>
<thead>
<tr>
<th>Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>No interference</td>
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<tr>
<td>1</td>
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<td>2</td>
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<td>9</td>
<td></td>
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<tr>
<td>10</td>
<td>Very severe interference</td>
</tr>
</tbody>
</table>

Go to ALD_END.

The next questions are about how drinking can affect people in their activities.

During your life, have you ever been drunk or hung-over while at work, school or while taking care of children?

1 Yes
2 No

Go to ALD_END.

During your life, were you ever in a situation while drunk or hung-over which increased your chances of getting hurt? (For example, driving a boat, using guns, crossing against traffic, or during sports.)

1 Yes
2 No
During your life, have you ever had any emotional or psychological problems because of alcohol use, such as feeling uninterested in things, depressed or suspicious of people?

1  Yes
2  No
   DK, R

During your life, have you ever had such a strong desire or urge to drink alcohol that you could not resist it or could not think of anything else?

1  Yes
2  No
   DK, R

During your life, have you ever had a period of a month or more when you spent a great deal of time getting drunk or being hung-over?

1  Yes
2  No
   DK, R

During your life, did you ever drink much more or for a longer period of time than you intended?

1  Yes
2  No
   DK, R

How many times? Was it:

INTERVIEWER: Read categories to respondent.

1  ... once or twice?
2  ... 3 to 5 times?
3  ... 6 to 10 times?
4  ... 11 to 20 times?
6  ... more than 20 times?
   DK, R

During your life, did you ever find that you had to drink more alcohol than usual to get the same effect or that the same amount of alcohol had less effect on you than usual?

1  Yes
2  No
   DK, R

During your life, did you ever have a period when you stopped, cut down, or went without alcohol and then experienced symptoms like fatigue, headaches, diarrhea, the shakes or emotional problems?

1  Yes
2  No
   DK, R
ALD_Q11L  During your life, did you ever have a period when you drank alcohol even though you promised yourself you wouldn’t, or when you drank a lot more than you intended?

1  Yes  
2  No  
DK, R

ALD_Q12L  During your life, did you ever have a period of several days or more when you spent so much time drinking alcohol or recovering from the effects that you had little time for anything else?

1  Yes  
2  No  
DK, R

ALD_Q13L  During your life, did you ever have a period of a month or longer when you gave up or greatly reduced important activities because of your use of alcohol?

1  Yes  
2  No  
DK, R

ALD_Q14L  During your life, did you ever continue to drink alcohol when you knew you had a serious physical or emotional problem that might have been caused by or made worse by your alcohol use?

1  Yes  
2  No  
DK, R

ALD_END  Go to next module.
**ILlicit DRUG Use and DEPENDence**

**DRG_QINT1**
Now I am going to ask some questions about drug use. Again, I would like to remind you that everything you say will remain strictly confidential.

**INTERVIEWER**: Press <Enter> to continue.

**DRG_Q01**
Have you ever used or tried marijuana, cannabis or hashish?

**IDGB_01**

1. Yes, just once
2. Yes, more than once
3. No

**INTERVIEWER**: Read categories to respondent.

**DRG_Q02**
Have you used it in the past 12 months?

**IDGB_02**

1. Yes
2. No

**INTERVIEWER**: Press <Enter> to continue.

**DRG_C03**
If DRG_Q01 = 1, go to DRG_Q04.

**DRG_Q03**
How often (did you use marijuana, cannabis or hashish in the past 12 months)?

**IDGB_03**

1. Less than once a month
2. 1 to 3 times a month
3. Once a week
4. More than once a week
5. Every day

**DRG_Q04**
Have you ever used or tried cocaine or crack?

**IDGB_04**

1. Yes, just once
2. Yes, more than once
3. No

**INTERVIEWER**: Press <Enter> to continue.

**DRG_Q05**
Have you used it in the past 12 months?

**IDGB_05**

1. Yes
2. No

**INTERVIEWER**: Press <Enter> to continue.

**DRG_C06**
If DRG_Q04 = 1, go to DRG_Q07.
How often (did you use cocaine or crack in the past 12 months)?

1. Less than once a month
2. 1 to 3 times a month
3. Once a week
4. More than once a week
5. Every day

Have you ever used or tried speed (amphetamines)?

1. Yes, just once
2. Yes, more than once
3. No (Go to DRG_Q10)
4. DK, R (Go to DRG_Q10)

How often (did you use speed (amphetamines) in the past 12 months)?

1. Less than once a month
2. 1 to 3 times a month
3. Once a week
4. More than once a week
5. Every day

Have you ever used or tried ecstasy (MDMA) or other similar drugs?

1. Yes, just once
2. Yes, more than once
3. No (Go to DRG_Q13)
4. DK, R (Go to DRG_Q13)

Have you used it in the past 12 months?

1. Yes
2. No (Go to DRG_Q13)

If DRG_Q07 = 1, go to DRG_Q10.

If DRG_Q10 = 1, go to DRG_Q13.
Canadian Community Health Survey – Cycle 1.2 - Mental Health and Well-Being

DRG_Q12
IDGB_12
How often (did you use ecstasy or other similar drugs in the past 12 months)?
INTERVIEWER: Read categories to respondent.

1. Less than once a month
2. 1 to 3 times a month
3. Once a week
4. More than once a week
5. Every day

DK, R

DRG_Q13
IDGB_13
Have you ever used or tried hallucinogens, PCP or LSD (acid)?

1. Yes, just once
2. Yes, more than once
3. No

(Go to DRG_Q16)

DK, R

(Go to DRG_Q16)

DRG_Q14
IDGB_14
Have you used it in the past 12 months?

1. Yes
2. No

(Go to DRG_Q16)

DK, R

(Go to DRG_Q16)

DRG_C15
If DRG_Q13 = 1, go to DRG_Q16.

DRG_Q15
IDGB_15
How often (did you use hallucinogens, PCP or LSD in the past 12 months)?
INTERVIEWER: Read categories to respondent.

1. Less than once a month
2. 1 to 3 times a month
3. Once a week
4. More than once a week
5. Every day

DK, R

DRG_Q16
IDGB_16
Did you ever sniff glue, gasoline or other solvents?

1. Yes, just once
2. Yes, more than once

(Go to DRG_Q19)

No

DK, R

(Go to DRG_Q19)

DRG_Q17
IDGB_17
Did you sniff some in the past 12 months?

1. Yes
2. No

(Go to DRG_Q19)

DK, R

(Go to DRG_Q19)

DRG_C18
If DRG_Q16 = 1, go to DRG_Q19.
How often (did you sniff glue, gasoline or other solvents in the past 12 months)?

**INTERVIEWER**: Read categories to respondent.

1. Less than once a month
2. 1 to 3 times a month
3. Once a week
4. More than once a week
5. Every day

Have you ever used or tried heroin?

1. Yes, just once
2. Yes, more than once
3. No (Go to DRG_Q22)

Have you used it in the past 12 months?

1. Yes (Go to DRG_Q22)
2. No (Go to DRG_Q22)

If DRG_Q19 = 1, go to DRG_Q22.

How often (did you use heroin in the past 12 months)?

**INTERVIEWER**: Read categories to respondent.

1. Less than once a month
2. 1 to 3 times a month
3. Once a week
4. More than once a week
5. Every day

Have you ever used or tried steroids, such as testosterone, dianabol or growth hormones, to increase your performance in a sport or activity or to change your physical appearance?

1. Yes, just once
2. Yes, more than once
3. No (Go to DRG_C25A1)

Have you used it in the past 12 months?

1. Yes (Go to DRG_C25A1)
2. No (Go to DRG_C25A1)

If DRG_Q22 = 1, go to DRG_C25A1.
How often (did you use steroids in the past 12 months)?

1. Less than once a month
2. 1 to 3 times a month
3. Once a week
4. More than once a week
5. Every day

DRG_C25A_1 = Count of instances where DRG_Q01, DRG_Q04, DRG_Q07, DRG_Q10, DRG_Q13, DRG_Q16 and DRG_Q19 = 3, DK or R.

If DRG_C25A_1 = 7, go to DRG_END.

DRG_C25A_2 = Count of instances where DRG_Q03, DRG_Q06, DRG_Q09, DRG_Q12, DRG_Q15, DRG_Q18 and DRG_Q21 >= 2.

DRG_C25A_3 = Count of instances where
  (DRG_Q01 and DRG_Q02) = 2
  (DRG_Q04 and DRG_Q05) = 2
  (DRG_Q07 and DRG_Q08) = 2
  (DRG_Q10 and DRG_Q11) = 2
  (DRG_Q13 and DRG_Q14) = 2
  (DRG_Q16 and DRG_Q17) = 2
  (DRG_Q19 and DRG_Q20) = 2

DRG_C25A_3: Min = 0; Max = 7

DRG_Q25AA Before %date one year ago%, was there ever a period of 12 months when you took any of the drugs we mentioned, 1 to 3 times a month or more?

1. Yes
2. No

DRG_C25AA If DRG_C25A2 = 0 and DRG_Q25AA = 2, DK or R, go to DRG_END.

If DRG_C25A2 >= 1, go to DRG_Q25A.

If DRG_C25A2 = 0 and DRG_Q25AA = 1, go to DRG_Q25AL.

During the past 12 months, did you ever need to use more drugs than usual in order to get high, or did you ever find that you could no longer get high on the amount you usually took?

1. Yes (Go to DRG_QINT25B)
2. No (Go to DRG_QINT25B)

DK, R

DRG_C25A4 If DRG_Q25AA = 1, go to DRG_Q25A_1.
Otherwise, go to DRG_QINT25B.
Canadian Community Health Survey – Cycle 1.2 - Mental Health and Well-Being

DRG_Q25A_1 Has that ever happened?

1  Yes
2  No
DK, R

DRG_QINT25B People who cut down their substance use or stop using drugs altogether may not feel well if they have been using steadily for some time. These feelings are more intense and can last longer than the usual hangover. INTERVIEWER: Press <Enter> to continue.

DRG_Q25B During the past 12 months, did you ever have times when you stopped, cut down or went without drugs and then experienced symptoms like fatigue, headaches, diarrhea, the shakes or emotional problems?

1  Yes
2  No
DK, R

DRG_C25B If DRG_Q25AA = 1, go to DRG_Q25B_1. Otherwise, go to DRG_Q25C.

DRG_Q25B_1 Has that ever happened?

1  Yes
2  No
DK, R

DRG_Q25C During the past 12 months, did you ever have times when you used drugs to keep from having such symptoms?

1  Yes
2  No
DK, R

DRG_C25C If DRG_Q25AA = 1, go to DRG_Q25C_1. Otherwise, go to DRG_Q25D.

DRG_Q25C_1 Has that ever happened?

1  Yes
2  No
DK, R

DRG_Q25D During the past 12 months, did you ever have times when you used drugs even though you promised yourself you wouldn’t, or times when you used a lot more drugs than you intended?

1  Yes
2  No
DK, R

DRG_C25D If DRG_Q25AA = 1, go to DRG_Q25D_1. Otherwise, go to DRG_Q25E.
DRG_Q25D_1 Has that ever happened?

IDGB_5D1

1  Yes
2  No
DK, R

DRG_Q25E During the past 12 months, were there ever times when you used drugs more frequently, or for more days in a row than you intended?

IDGB_25E

1  Yes  (Go to DRG_Q25F)
2  No  (Go to DRG_Q25F)
DK, R

DRG_C25E If DRG_Q25AA = 1, go to DRG_Q25E_1. Otherwise, go to DRG_Q25F.

DRG_Q25E_1 Has that ever happened?

IDGB_5E1

1  Yes
2  No
DK, R

DRG_Q25F During the past 12 months, did you ever have periods of several days or more when you spent so much time using drugs or recovering from the effects of using drugs that you had little time for anything else?

IDGB_25F

1  Yes  (Go to DRG_Q25G)
2  No  (Go to DRG_Q25G)
DK, R

DRG_C25F If DRG_Q25AA = 1, go to DRG_Q25F_1. Otherwise, go to DRG_Q25G.

DRG_Q25F_1 Has that ever happened?

IDGB_5F1

1  Yes
2  No
DK, R

DRG_Q25G During the past 12 months, did you ever have periods of a month or longer when you gave up or greatly reduced important activities because of your use of drugs?

IDGB_25G

1  Yes  (Go to DRG_Q25H)
2  No  (Go to DRG_Q25H)
DK, R

DRG_C25G If DRG_Q25AA = 1, go to DRG_Q25G_1. Otherwise, go to DRG_Q25H.

DRG_Q25G_1 Has that ever happened?

IDGB_5G1

1  Yes
2  No
DK, R
During the past 12 months, did you ever continue to use drugs when you knew you had a serious physical or emotional problem that might have been caused by or made worse by your use?

1. Yes
2. No

If DRG_Q25AA = 1, go to DRG_Q25H_1. Otherwise, go to DRG_C26.

 DRG_C25H_1 Has that ever happened?

1. Yes
2. No


If DRG_C26 <> 0, go to DRG_QINT26. Otherwise, go to DRG_END.

 DRG_QINT26 (Please refer to page 1 of the booklet.)

Please tell me what number best describes how much your use of drugs interfered with each of the following activities during the past 12 months. For each activity, answer with a number between 0 and 10; 0 means “no interference”, while 10 means “very severe interference”.

INTERVIEWER: Press <Enter> to continue.

 DRG_Q26A How much did your use of drugs interfere with your home responsibilities, like cleaning, shopping and taking care of the house or apartment?

0  No interference
1
2
3
4
5
6
7
8
9
10 Very severe interference

Number (MIN: 0) (MAX: 10)

DK, R
**DRG_Q26B_1** How much did your use interfere with your ability to attend school?

**IDGB_6B1** INTERVIEWER: If necessary, enter “11” to indicate “Not applicable”.

<table>
<thead>
<tr>
<th>Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>No interference</td>
</tr>
<tr>
<td>1-2</td>
<td></td>
</tr>
<tr>
<td>3-4</td>
<td></td>
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<tr>
<td>5</td>
<td></td>
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<tr>
<td>6-7</td>
<td></td>
</tr>
<tr>
<td>8</td>
<td></td>
</tr>
<tr>
<td>9</td>
<td>Very severe interference</td>
</tr>
</tbody>
</table>

| Number | Description   |

| (MIN: 0) (MAX: 11) |

DK, R

**DRG_Q26B_2** How much did your use interfere with your ability to work at a job?

**IDGB_6B2** INTERVIEWER: If necessary, enter “11” to indicate “Not applicable”.

<table>
<thead>
<tr>
<th>Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>No interference</td>
</tr>
<tr>
<td>1-2</td>
<td></td>
</tr>
<tr>
<td>3-4</td>
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</tr>
<tr>
<td>5</td>
<td></td>
</tr>
<tr>
<td>6-7</td>
<td></td>
</tr>
<tr>
<td>8</td>
<td></td>
</tr>
<tr>
<td>9</td>
<td>Very severe interference</td>
</tr>
</tbody>
</table>

| Number | Description   |

| (MIN: 0) (MAX: 11) |

DK, R
(During the past 12 months,) how much did your use of drugs interfere with your ability to form and maintain close relationships with other people? (Remember that 0 means “no interference” and 10 means “very severe interference”.)

0 No interference
1  
2  
3  
4  
5  
6  
7  
8  V
9  
10 Very severe interference

Number
(MIN: 0) (MAX: 10)

DK, R

How much did your use of drugs interfere with your social life?

0 No interference
1  
2  
3  
4  
5  
6  
7  
8  V
9  
10 Very severe interference

Number
(MIN: 0) (MAX: 10)

DK, R

Go to DRG_END.

During your life, did you ever need to use more drugs than usual in order to get high, or did you ever find that you could no longer get high on the amount you usually took?

1 Yes
2 No

DK, R
People who cut down their substance use or stop using drugs altogether may not feel well if they have been using steadily for some time. These feelings are more intense and can last longer than the usual hangover.

**INTERVIEWER:** Press <Enter> to continue.

**DRG_Q25BL** During your life, did you ever have times when you stopped, cut down or went without drugs and then experienced symptoms like fatigue, headaches, diarrhoea, the shakes or emotional problems?

1. Yes
2. No

**DK, R**

**DRG_Q25CL** During your life, did you ever have times when you used drugs to keep from having such symptoms?

1. Yes
2. No

**DK, R**

**DRG_Q25DL** During your life, did you ever have times when you used drugs even though you promised yourself you wouldn't, or times when you used a lot more drugs than you intended?

1. Yes
2. No

**DK, R**

**DRG_Q25EL** During your life, were there ever times when you used drugs more frequently, or for more days in a row than you intended?

1. Yes
2. No

**DK, R**

**DRG_Q25FL** During your life, did you ever have periods of several days or more when you spent so much time using drugs or recovering from the effects of using drugs that you had little time for anything else?

1. Yes
2. No

**DK, R**

**DRG_Q25GL** During your life, did you ever have periods of a month or longer when you gave up or greatly reduced important activities because of your use of drugs?

1. Yes
2. No

**DK, R**
During your life, did you ever continue to use drugs when you knew you had a serious physical or emotional problem that might have been caused by or made worse by your use?

1. Yes
2. No
   DK, R

Go to next module.
**PATHOLOGICAL GAMBLING**

CPG_C2

CPG_C2 = Count instances where CPG_Q01B to CPG_Q01M = 7, 8, DK or R.
If CPG_C2 = 12 and CPG_Q01A = 7, 8 or DK, go to CPG_ND.

CPG_QINT1

People have different definitions of gambling. They may bet money and
gamble on many different things, including buying lottery tickets, playing
bingo or playing card games with their family or friends.

The next questions are about gambling activities and experiences. Some of
these questions may not apply to you, however they need to be asked of all
respondents.

INTERVIEWER: Press <Enter> to continue.

CPG_Q01A

(Please refer to page 10 of the booklet.)

In the past 12 months, how often have you bet or spent money on instant
win/scratch tickets or daily lottery tickets (Keno, Pick 3, Encore, Banco,
Extra)?

INTERVIEWER: Read categories to respondent.

Exclude all other kinds of lottery tickets such as 6/49, Super 7, sports lotteries
and fund raising tickets.

1 Daily
2 Between 2 to 6 times a week
3 About once a week
4 Between 2 to 3 times a month
5 About once a month
6 Between 6 to 11 times a year
7 Between 1 to 5 times a year
8 Never
DK, R

CPG_C01A

If CPG_Q01A = R, go to CPG_ND.
Otherwise, go to CPG_Q01B.

CPG_Q01B

(In the past 12 months,) how often have you bet or spent money on lottery
tickets such as 6/49 and Super 7, raffles or fund–raising tickets?

1 Daily
2 Between 2 to 6 times a week
3 About once a week
4 Between 2 to 3 times a month
5 About once a month
6 Between 6 to 11 times a year
7 Between 1 to 5 times a year
8 Never
DK, R
CPG_Q01C  (In the past 12 months,) how often have you bet or spent money on Bingo?
   1   Daily
   2   Between 2 to 6 times a week
   3   About once a week
   4   Between 2 to 3 times a month
   5   About once a month
   6   Between 6 to 11 times a year
   7   Between 1 to 5 times a year
   8   Never
      DK, R

CPG_Q01D  (In the past 12 months,) how often have you bet or spent money playing cards or board games with family or friends?
   1   Daily
   2   Between 2 to 6 times a week
   3   About once a week
   4   Between 2 to 3 times a month
   5   About once a month
   6   Between 6 to 11 times a year
   7   Between 1 to 5 times a year
   8   Never
      DK, R

CPG_Q01E  (In the past 12 months,) how often have you bet or spent money on video lottery terminals (VLTs) outside of casinos?
   1   Daily
   2   Between 2 to 6 times a week
   3   About once a week
   4   Between 2 to 3 times a month
   5   About once a month
   6   Between 6 to 11 times a year
   7   Between 1 to 5 times a year
   8   Never
      DK, R

CPG_Q01F  (In the past 12 months,) how often have you bet or spent money on coin slots or VLTs at a casino?
   1   Daily
   2   Between 2 to 6 times a week
   3   About once a week
   4   Between 2 to 3 times a month
   5   About once a month
   6   Between 6 to 11 times a year
   7   Between 1 to 5 times a year
   8   Never
      DK, R
### CPG_Q01G
**In the past 12 months, how often have you bet or spent money on casino games other than coin slots or VLTs (for example, poker, roulette, blackjack, Keno)?**

1. Daily  
2. Between 2 to 6 times a week  
3. About once a week  
4. Between 2 to 3 times a month  
5. About once a month  
6. Between 6 to 11 times a year  
7. Between 1 to 5 times a year  
8. Never  

### CPG_Q01H
**In the past 12 months, how often have you bet or spent money on Internet or arcade gambling?**

1. Daily  
2. Between 2 to 6 times a week  
3. About once a week  
4. Between 2 to 3 times a month  
5. About once a month  
6. Between 6 to 11 times a year  
7. Between 1 to 5 times a year  
8. Never  

### CPG_Q01I
**In the past 12 months, how often have you bet or spent money on live horse racing at the track or off track?**

1. Daily  
2. Between 2 to 6 times a week  
3. About once a week  
4. Between 2 to 3 times a month  
5. About once a month  
6. Between 6 to 11 times a year  
7. Between 1 to 5 times a year  
8. Never  

### CPG_Q01J
**In the past 12 months, how often have you bet or spent money on sports such as sports lotteries (Sport Select, Pro-Line, Mise-au-jeu, Total), sports pool or sporting events?**

1. Daily  
2. Between 2 to 6 times a week  
3. About once a week  
4. Between 2 to 3 times a month  
5. About once a month  
6. Between 6 to 11 times a year  
7. Between 1 to 5 times a year  
8. Never  

DK, R
In the past 12 months, how often have you bet or spent money on speculative investments such as stocks, options or commodities?

INTERVIEWER: Speculative investments refers to buying high-risk stocks, but does not include low-risk bonds, RRSPs and/or mutual funds.

1. Daily
2. Between 2 to 6 times a week
3. About once a week
4. Between 2 to 3 times a month
5. About once a month
6. Between 6 to 11 times a year
7. Between 1 to 5 times a year
8. Never

In the past 12 months, how often have you bet or spent money on games of skill such as pool, golf, bowling or darts?

1. Daily
2. Between 2 to 6 times a week
3. About once a week
4. Between 2 to 3 times a month
5. About once a month
6. Between 6 to 11 times a year
7. Between 1 to 5 times a year
8. Never

In the past 12 months, how often have you bet or spent money on any other forms of gambling such as dog races, gambling at casino nights/country fairs, bet on sports with a bookie or gambling pools at work?

1. Daily
2. Between 2 to 6 times a week
3. About once a week
4. Between 2 to 3 times a month
5. About once a month
6. Between 6 to 11 times a year
7. Between 1 to 5 times a year
8. Never

In the past 12 months, how much money, not including winnings, did you spend on all of your gambling activities?

INTERVIEWER: Read categories to respondent.

1. Between 1 dollar and 50 dollars
2. Between 51 dollars and 100 dollars
3. Between 101 dollars and 250 dollars
4. Between 251 dollars and 500 dollars
5. Between 501 dollars and 1000 dollars
6. More than 1000 dollars

DK, R
The next questions are about gambling attitudes and experiences. Again, all the questions will refer to the past 12 months.

**INTERVIEWER:** Press <Enter> to continue.

**CPG_Q02**  
*In the past 12 months, how often have you bet or spent more money than you wanted to on gambling?*

<table>
<thead>
<tr>
<th></th>
<th>Never</th>
<th>Sometimes</th>
<th>Most of the time</th>
<th>Almost always</th>
<th>I am not a gambler</th>
<th>DK</th>
<th>R</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
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<td></td>
<td></td>
<td></td>
<td>(Go to CPG_ND)</td>
<td></td>
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<tr>
<td>5</td>
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<td>(Go to CPG_ND)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**CPG_Q03**  
*(In the past 12 months), how often have you needed to gamble with larger amounts of money to get the same feeling of excitement?*

<table>
<thead>
<tr>
<th></th>
<th>Never</th>
<th>Sometimes</th>
<th>Most of the time</th>
<th>Almost always</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
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</tbody>
</table>

**CPG_Q04**  
*(In the past 12 months), when you gambled, how often did you go back another day to try to win back the money you lost?*

<table>
<thead>
<tr>
<th></th>
<th>Never</th>
<th>Sometimes</th>
<th>Most of the time</th>
<th>Almost always</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
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</tr>
</tbody>
</table>

**CPG_Q05**  
*In the past 12 months, how often have you borrowed money or sold anything to get money to gamble?*

<table>
<thead>
<tr>
<th></th>
<th>Never</th>
<th>Sometimes</th>
<th>Most of the time</th>
<th>Almost always</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
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<td>4</td>
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<td></td>
</tr>
</tbody>
</table>

**CPG_Q06**  
*(In the past 12 months,) how often have you felt that you might have a problem with gambling?*

<table>
<thead>
<tr>
<th></th>
<th>Never</th>
<th>Sometimes</th>
<th>Most of the time</th>
<th>Almost always</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td></td>
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<td>3</td>
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<td></td>
</tr>
<tr>
<td>4</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
**CPG_Q07**  
*(In the past 12 months,)* how often has gambling caused you any health problems, including stress or anxiety?  
1. Never  
2. Sometimes  
3. Most of the time  
4. Almost always  

**CPG_Q08**  
*(In the past 12 months,)* how often have people criticized your betting or told you that you had a gambling problem, regardless of whether or not you thought it was true?  
1. Never  
2. Sometimes  
3. Most of the time  
4. Almost always  

**CPG_Q09**  
*(In the past 12 months,)* how often has your gambling caused financial problems for you or your family?  
1. Never  
2. Sometimes  
3. Most of the time  
4. Almost always  

**CPG_Q10**  
In the past 12 months, how often have you felt guilty about the way you gamble or what happens when you gamble?  
1. Never  
2. Sometimes  
3. Most of the time  
4. Almost always  

**CPG_Q11**  
*(In the past 12 months,)* how often have you lied to family members or others to hide your gambling?  
1. Never  
2. Sometimes  
3. Most of the time  
4. Almost always  

**CPG_Q12**  
*(In the past 12 months,)* how often have you wanted to stop betting money or gambling, but didn’t think you could?  
1. Never  
2. Sometimes  
3. Most of the time  
4. Almost always  

For information only
CPG_Q13  In the past 12 months, how often have you bet more than you could really afford to lose?

1  Never
2  Sometimes
3  Most of the time
4  Almost always
   DK, R

CPG_Q14  (In the past 12 months), have you tried to quit or cut down on your gambling but were unable to do it?

1  Never
2  Sometimes
3  Most of the time
4  Almost always
   DK, R

CPG_Q15  (In the past 12 months,) have you gambled as a way of forgetting problems or to feel better when you were depressed?

1  Never
2  Sometimes
3  Most of the time
4  Almost always
   DK, R

CPG_Q16  (In the past 12 months,) has your gambling caused any problems with your relationship with any of your family members or friends?

1  Never
2  Sometimes
3  Most of the time
4  Almost always
   DK, R

CPG_C17  For CPG_Q02 to CPG_Q10 and CPG_Q13, recode 1 = 0, 2 = 1, 3 = 2 and 4 = 3 into CPG_C17A to CPG_C17I.

   CPG_C17J = Sum CPG_C17A to CPG_C17I.

   If CPG_C17J <= 2, go to CPG_ND.
   Otherwise, go to CPG_Q17.

CPG_Q17  Has anyone in your family ever had a gambling problem?

1  Yes
2  No
   DK, R
CPG_C18  

CPG_C18 = Count instances where DRG_Q02, DRG_Q05, DRG_Q08, DRG_Q11, DRG_Q14, DRG_Q17 and DRG_Q20 = 1.

If CPG_C18 = 0 and ALC_Q1 <> 1, go to CPG_QINT19.

Otherwise,

If CPG_C18 >= 1 and ALC_Q1 = 1, use “alcohol or drugs” in %alcohol or drugs/alcohol/drugs%.

If CPG_C18 = 0 and ALC_Q1 = 1, use “alcohol” in %alcohol or drugs/alcohol/drugs%.

If CPG_C18 >= 1 and ALC_Q1 <> 1, use “drugs” in %alcohol or drugs/alcohol/drugs%.

CPG_Q18

In the past 12 months, have you used %alcohol or drugs/alcohol/drugs% while gambling?

1 Yes
2 No
DK, R

CPG_QINT19  

(Please refer to page 1 of the booklet.)

Please tell me what number best describes how much your gambling activities interfered with each of the following activities during the past 12 months. For each activity, answer with a number between 0 and 10; 0 means “no interference”, while 10 means “very severe interference”.

INTERVIEWER: Press <Enter> to continue.

CPG_Q19A

During the past 12 months, how much did your gambling activities interfere with your home responsibilities, like cleaning, shopping and taking care of the house or apartment?

0 No interference
1
2
3
4
5
6
7
8
9 V
10 Very severe interference

<table>
<thead>
<tr>
<th>Number</th>
<th>(MIN: 0) (MAX: 10)</th>
</tr>
</thead>
<tbody>
<tr>
<td>DK, R</td>
<td></td>
</tr>
</tbody>
</table>
**CPG Q19B 1** How much did these activities interfere with your ability to attend school?

**INTERVIEWER:** If necessary, enter “11” to indicate “Not applicable”.

<table>
<thead>
<tr>
<th></th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>No interference</td>
</tr>
<tr>
<td>1</td>
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<td></td>
</tr>
<tr>
<td>8</td>
<td></td>
</tr>
<tr>
<td>9</td>
<td>Very severe interference</td>
</tr>
<tr>
<td>10</td>
<td></td>
</tr>
</tbody>
</table>

**Number**

(MIN: 0) (MAX: 11)

**DK, R**

**CPG Q19B 2** How much did they interfere with your ability to work at a job?

**INTERVIEWER:** If necessary, enter “11” to indicate “Not applicable”.

<table>
<thead>
<tr>
<th></th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>No interference</td>
</tr>
<tr>
<td>1</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td></td>
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<tr>
<td>4</td>
<td></td>
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<td>5</td>
<td></td>
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<td>6</td>
<td></td>
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<tr>
<td>7</td>
<td></td>
</tr>
<tr>
<td>8</td>
<td></td>
</tr>
<tr>
<td>9</td>
<td>Very severe interference</td>
</tr>
<tr>
<td>10</td>
<td></td>
</tr>
</tbody>
</table>

**Number**

(MIN: 0) (MAX: 11)

**DK, R**
(During the past 12 months), how much did your gambling activities interfere with your ability to form and maintain close relationships with other people? (Remember that 0 means “no interference” and 10 means “very severe interference”.)

0  No interference
1  I
2  I
3  I
4  I
5  I
6  I
7  I
8  V
9  V
10 Very severe interference

How much did they interfere with your social life?

0  No interference
1  I
2  I
3  I
4  I
5  I
6  I
7  I
8  V
9  V
10 Very severe interference

INTERVIEWER: Press 1, to continue.

Go to next module.
**EATING TROUBLES ASSESSMENT**

**ETA_QINT1**  
This part of the interview is about problems people may have with their weight or with eating.  
**INTERVIEWER:** Press <Enter> to continue.

**ETA_Q01A**  
**ETAB_01A**  
Was there ever a time in your life when you had a strong fear or a great deal of concern about being too fat or overweight?

1  Yes  
2  No  
  (Go to ETA_END)  
  (Go to ETA_END)

**ETA_Q01B**  
**ETAB_01B**  
During the past 12 months, did you have a strong fear or a great deal of concern about being too fat or overweight?

1  Yes  
2  No  
  (Go to ETA_END)  
  (Go to ETA_END)

**ETA_QINT2**  
(Please refer to page 11 of the booklet.)  
Now, I am going to read you a series of statements about food and eating habits that describe feelings and experiences that you may have had during the past 12 months. Please tell me whether the statements are true for you by answering, “always”, “usually”, “often”, “sometimes”, “rarely”, or “never”.  
**INTERVIEWER:** Press <Enter> to continue.

**ETA_Q02**  
**ETAB_02**  
You are terrified about being overweight.

1  Always  
2  Usually  
3  Often  
4  Sometimes  
5  Rarely  
6  Never  
  DK, R

**ETA_Q03**  
**ETAB_03**  
You avoid eating when you are hungry.

1  Always  
2  Usually  
3  Often  
4  Sometimes  
5  Rarely  
6  Never  
  DK, R
ETA_Q04
You find yourself preoccupied with food.

1  Always
2  Usually
3  Often
4  Sometimes
5  Rarely
6  Never
DK, R

ETA_Q05
You go on eating binges where you feel you may not be able to stop.

1  Always
2  Usually
3  Often
4  Sometimes
5  Rarely
6  Never
DK, R

ETA_Q06
You cut your food into small pieces.

1  Always
2  Usually
3  Often
4  Sometimes
5  Rarely
6  Never
DK, R

ETA_Q07
You are aware of the calorie content of the foods you eat.

1  Always
2  Usually
3  Often
4  Sometimes
5  Rarely
6  Never
DK, R

ETA_Q08
You particularly avoid food with a high carbohydrate content such as bread, rice or potatoes.

1  Always
2  Usually
3  Often
4  Sometimes
5  Rarely
6  Never
DK, R
(Again, in the past 12 months, please tell me how true the following statements are for you.)

You feel that others would prefer if you ate more.

1. Always
2. Usually
3. Often
4. Sometimes
5. Rarely
6. Never

DK, R

You vomit after you eat.

1. Always
2. Usually
3. Often
4. Sometimes
5. Rarely
6. Never

DK, R

You feel extremely guilty after eating.

1. Always
2. Usually
3. Often
4. Sometimes
5. Rarely
6. Never

DK, R

You are preoccupied with a desire to be thinner.

1. Always
2. Usually
3. Often
4. Sometimes
5. Rarely
6. Never

DK, R

You think about burning up calories when you exercise.

1. Always
2. Usually
3. Often
4. Sometimes
5. Rarely
6. Never

DK, R
ETA_Q14  Other people think you are too thin.
   ETAB_14
1 Always  
2 Usually  
3 Often  
4 Sometimes  
5 Rarely  
6 Never  
   DK, R  

ETA_Q15  You are preoccupied with the thought of having fat on your body.
   ETAB_15
1 Always  
2 Usually  
3 Often  
4 Sometimes  
5 Rarely  
6 Never  
   DK, R  

ETA_Q16  You take longer than others to eat your meals.
   ETAB_16
1 Always  
2 Usually  
3 Often  
4 Sometimes  
5 Rarely  
6 Never  
   DK, R  

ETA_Q17  You avoid foods with sugar in them.
   ETAB_17
1 Always  
2 Usually  
3 Often  
4 Sometimes  
5 Rarely  
6 Never  
   DK, R  

ETA_Q18  Again, in the past 12 months, please tell me how true the following statements are for you.
   ETAB_18
You eat diet foods.
1 Always  
2 Usually  
3 Often  
4 Sometimes  
5 Rarely  
6 Never  
   DK, R  

For information only
### ETA_Q19
**You feel that food controls your life.**

1. Always
2. Usually
3. Often
4. Sometimes
5. Rarely
6. Never

DK, R

### ETA_Q20
**You display self-control around food.**

1. Always
2. Usually
3. Often
4. Sometimes
5. Rarely
6. Never

DK, R

### ETA_Q21
**You feel that others pressure you to eat.**

1. Always
2. Usually
3. Often
4. Sometimes
5. Rarely
6. Never

DK, R

### ETA_Q22
**You give too much time and thought to food.**

1. Always
2. Usually
3. Often
4. Sometimes
5. Rarely
6. Never

DK, R

### ETA_Q23
**You feel uncomfortable after eating sweets.**

1. Always
2. Usually
3. Often
4. Sometimes
5. Rarely
6. Never

DK, R
<table>
<thead>
<tr>
<th>ETA_Q24</th>
<th>You engage in dieting behaviour.</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Always</td>
</tr>
<tr>
<td>2</td>
<td>Usually</td>
</tr>
<tr>
<td>3</td>
<td>Often</td>
</tr>
<tr>
<td>4</td>
<td>Sometimes</td>
</tr>
<tr>
<td>5</td>
<td>Rarely</td>
</tr>
<tr>
<td>6</td>
<td>Never</td>
</tr>
<tr>
<td>DK, R</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>ETA_Q25</th>
<th>You like your stomach to be empty.</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Always</td>
</tr>
<tr>
<td>2</td>
<td>Usually</td>
</tr>
<tr>
<td>3</td>
<td>Often</td>
</tr>
<tr>
<td>4</td>
<td>Sometimes</td>
</tr>
<tr>
<td>5</td>
<td>Rarely</td>
</tr>
<tr>
<td>6</td>
<td>Never</td>
</tr>
<tr>
<td>DK, R</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>ETA_Q26</th>
<th>You have the impulse to vomit after meals.</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Always</td>
</tr>
<tr>
<td>2</td>
<td>Usually</td>
</tr>
<tr>
<td>3</td>
<td>Often</td>
</tr>
<tr>
<td>4</td>
<td>Sometimes</td>
</tr>
<tr>
<td>5</td>
<td>Rarely</td>
</tr>
<tr>
<td>6</td>
<td>Never</td>
</tr>
<tr>
<td>DK, R</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>ETA_Q27</th>
<th>You enjoy trying new rich foods.</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Always</td>
</tr>
<tr>
<td>2</td>
<td>Usually</td>
</tr>
<tr>
<td>3</td>
<td>Often</td>
</tr>
<tr>
<td>4</td>
<td>Sometimes</td>
</tr>
<tr>
<td>5</td>
<td>Rarely</td>
</tr>
<tr>
<td>6</td>
<td>Never</td>
</tr>
<tr>
<td>DK, R</td>
<td></td>
</tr>
</tbody>
</table>

ETA_END Go to next module.
RESTRICTION OF ACTIVITIES

RAC_QINT
The next few questions deal with any current limitations in your daily activities caused by a long-term health condition or problem. In these questions, a “long-term condition” refers to a condition which is expected to last or has already lasted 6 months or more.
INTERVIEWER: Press <Enter> to continue.

RAC_Q1
Do you have any difficulty hearing, seeing, communicating, walking, climbing stairs, bending, learning or doing any similar activities?
INTERVIEWER: Read categories to respondent.

1 Sometimes
2 Often
3 Never
DK
R  (Go to RAC_END)

RAC_Q2A
Does a long-term physical condition or mental condition or health problem, reduce the amount or the kind of activity you can do:

... at home?
INTERVIEWER: Read categories to respondent.

1 Sometimes
2 Often
3 Never
DK
R  (Go to RAC_END)

RAC_Q2B_1
(Does a long-term physical condition or mental condition or health problem, reduce the amount or the kind of activity you can do:)

... at school?

1 Sometimes
2 Often
3 Never
4 Not applicable
DK
R  (Go to RAC_END)

RAC_Q2B_2
(Does a long-term physical condition or mental condition or health problem, reduce the amount or the kind of activity you can do:)

... at work?

1 Sometimes
2 Often
3 Never
4 Not applicable
DK
R  (Go to RAC_END)
RAC_Q2C (Does a long-term physical condition or mental condition or health problem, reduce the amount or the kind of activity you can do:)

... in other activities, for example, transportation or leisure?

1 Sometimes
2 Often
3 Never
DK R (Go to RAC_END)

RAC_C5 If has difficulty or is limited in activities (i.e. any of RAC_Q1 = 1 or 2 or RAC_Q2(A)-(C) = 1 or 2), ask RAC_Q5.

Otherwise, go to RAC_Q6A.

RAC_Q5 Which one of the following is the best description of the cause of this condition?

INTERVIEWER: Read categories to respondent.

1 Accident at home
2 Motor vehicle accident
3 Accident at work
4 Other type of accident
5 Existed from birth or genetic
6 Work conditions
7 Disease or illness
8 Ageing
9 Emotional or mental health problem or condition
10 Use of alcohol or drugs
11 Other – Specify
DK R

RAC_Q5A_1 Because of your condition or health problem, have you ever experienced any embarrassment?

1 Yes
2 No (Go to RAC_Q5B_1)
DK R (Go to RAC_Q5B_1)

RAC_Q5B_1 Because of your condition or health problem, have you ever experienced discrimination or unfair treatment?

1 Yes
2 No (Go to RAC_Q6A)
DK R (Go to RAC_Q6A)

RAC_Q5B_1 Because of your condition or health problem, have you ever experienced discrimination or unfair treatment?
In the past 12 months, how much discrimination or unfair treatment did you experience?
1. A lot
2. Some
3. A little
4. None at all

The next few questions may not apply to you, but we need to ask the same questions of everyone. Because of any physical condition or mental condition or health problem, do you need the help of another person:

... with preparing meals?
1. Yes
2. No

(Because of any physical condition or mental condition or health problem, do you need the help of another person:)

... with getting to appointments and running errands such as shopping for groceries?
1. Yes
2. No

(Because of any physical condition or mental condition or health problem, do you need the help of another person:)

... with doing everyday housework?
1. Yes
2. No

(Because of any physical condition or mental condition or health problem, do you need the help of another person:)

... with doing heavy household chores such as spring cleaning or yard work?
1. Yes
2. No
RAC_Q6E  
(Because of any physical condition or mental condition or health problem, do you need the help of another person:)

... with personal care such as washing, dressing, eating or taking medication?

1  Yes  
2  No  
DK, R

RAC_Q6F  
(Because of any physical condition or mental condition or health problem, do you need the help of another person:)

... with moving about inside the house?

1  Yes  
2  No  
DK, R

RAC_Q6G  
(Because of any physical condition or mental condition or health problem, do you need the help of another person:)

... with looking after your personal finances such as making bank transactions or paying bills?

1  Yes  
2  No  
DK, R

RAC_Q7A  
(Because of any physical condition or mental condition or health problem, do you have difficulty:)

... making new friends or maintaining friendships?

1  Yes  
2  No  
DK, R

RAC_Q7B  
(Because of any physical condition or mental condition or health problem, do you have difficulty:)

... dealing with people you don’t know well?

1  Yes  
2  No  
DK, R

RAC_Q7C  
(Because of any physical condition or mental condition or health problem, do you have difficulty:)

... starting and maintaining a conversation?

1  Yes  
2  No  
DK, R
If any of RAC_Q6A to RAC_Q6G or RAC_Q7A to RAC_Q7C = 1, ask RAC_Q8.
Otherwise, go to RAC_END.

RAC_Q8 Are these difficulties due to your physical health, to your emotional or mental health, to your use of alcohol or drugs, or to another reason?
INTERVIEWER: Mark all that apply.

1 Physical health
2 Emotional or mental health
3 Use of alcohol or drugs
4 Another reason – Specify
   DK, R

RAC_END Go to next module.
**TWO-WEEK DISABILITY**

**TWD_QINT**  The next few questions ask about your health during the past 14 days. It is important for you to refer to the 14-day period from %date two weeks ago% to %date yesterday%.

INTERVIEWER: Press <Enter> to continue.

**TWD_Q1**  During that period, did you stay in bed at all because of illness or injury, including any nights spent as a patient in a hospital?

1  Yes
2  No     (Go to TWD_Q3)
DK, R     (Go to TWD_END)

**TWD_Q2**  How many days did you stay in bed for all or most of the day?

INTERVIEWER: Enter 0 if less than a day.

<table>
<thead>
<tr>
<th></th>
<th>Days</th>
</tr>
</thead>
<tbody>
<tr>
<td>(MIN: 0)</td>
<td>(MAX: 14)</td>
</tr>
</tbody>
</table>

DK, R     (Go to TWD_END)

**TWD_C2A**  If TWD_Q2 > 1, go to TWD_Q2B.

**TWD_Q2A**  Was that due to your emotional or mental health or your use of alcohol or drugs?

1  Yes
2  No
DK, R

Go to TWD_C3

**TWD_Q2B**  How many of these %TWD_Q2% days were due to your emotional or mental health or your use of alcohol or drugs?

INTERVIEWER: Minimum is 0; maximum is %TWD_Q2%.

<table>
<thead>
<tr>
<th></th>
<th>Days</th>
</tr>
</thead>
<tbody>
<tr>
<td>(MIN: 0)</td>
<td>(MAX: days in TWD_Q2)</td>
</tr>
</tbody>
</table>

DK, R

**TWD_Q3**  If TWD_Q2 = 14 days, go to TWD_END.

**TWD_Q3**  %Not counting days spent in bed%During those 14 days, were there any days that you cut down on things you normally do because of illness or injury?

1  Yes
2  No     (Go to TWD_Q5)
DK, R     (Go to TWD_Q5)
TWD_Q4  
**How many days did you cut down on things for all or most of the day?**

**INTERVIEWER**: Enter 0 if less than a day. Maximum is %14 - TWD_Q2%.

<table>
<thead>
<tr>
<th></th>
<th></th>
<th>Days</th>
</tr>
</thead>
<tbody>
<tr>
<td>(MIN: 0)</td>
<td>(MAX: 14 - days in TWD_Q2)</td>
<td>(Go to TWD_Q5)</td>
</tr>
</tbody>
</table>

DK, R

TWD_C4A  
If TWD_Q4 > 1, go to TWD_Q4B.

TWD_Q4A  
**Was that due to your emotional or mental health or your use of alcohol or drugs?**

1  Yes
2  No

DK, R

Go to TWD_Q5

TWD_Q4B  
**How many of these %TWD_Q4% days were due to your emotional or mental health or your use of alcohol or drugs?**

**INTERVIEWER**: Minimum is 0; maximum is %TWD_Q4%.

<table>
<thead>
<tr>
<th></th>
<th></th>
<th>Days</th>
</tr>
</thead>
<tbody>
<tr>
<td>(MIN: 0)</td>
<td>(MAX: days in TWD_Q4)</td>
<td></td>
</tr>
</tbody>
</table>

DK, R

TWD_Q5  
**%Not counting days spent in bed** During those 14 days, were there any days when it took extra effort to perform up to your usual level at work or at your other daily activities, because of illness or injury?

1  Yes
2  No    (Go to TWD_END)

DK, R    (Go to TWD_END)

TWD_Q6  
**How many days required extra effort?**

**INTERVIEWER**: Enter 0 if less than a day. Maximum is %14 - TWD_Q2%.

<table>
<thead>
<tr>
<th></th>
<th></th>
<th>Days</th>
</tr>
</thead>
<tbody>
<tr>
<td>(MIN: 0)</td>
<td>(MAX: 14 - days in TWD_Q2)</td>
<td>(Go to TWD_END)</td>
</tr>
</tbody>
</table>

DK, R     (Go to TWD_END)

TWD_C6A  
If TWD_Q6 > 1, go to TWD_Q6B.

TWD_Q6A  
**Was that due to your emotional or mental health or your use of alcohol or drugs?**

1  Yes
2  No

DK, R

Go to TWD_END
How many of these %TWD_Q6% days were due to your emotional or mental health or your use of alcohol or drugs?

INTERVIEWER: Minimum is 0; maximum is %TWD_Q6%.

[ ] [ ] [ ] Days
(MIN: 0) (MAX: days in TWD_Q6)

DK, R

Go to next module.
MENTAL HEALTH SERVICES

SER_QINT1 Now I would like to ask you some questions about your contacts with health professionals. INTERVIEWER: Press <Enter> to continue.

SER_C1A If DEP_Q26EE5 or DEP_Q26EE7B or DEP_Q26EE8B or DEP_Q87 or MIA_Q48 or PAD_Q65 or SOP_Q39 or AGP_Q38 = 1 (Yes), SER_C1 = 1 and go to SER_QINT3. Otherwise, SER_C1A = 0.

SER_Q002 Have you ever been hospitalized overnight or longer in any type of health care facility to receive help for problems with your emotions, mental health or use of alcohol or drugs?

1 Yes (Go to SER_Q003)
2 No (Go to SER_Q010)
DK, R (Go to SER_Q010)

SER_QINT3 Earlier, you mentioned being hospitalized for problems with your emotions, mental health or use of alcohol or drugs. INTERVIEWER: Press <Enter> to continue.

SER_Q003 During your lifetime, how many times were you hospitalized for such problems? INTERVIEWER: Minimum is 1; maximum is 251. If respondent answers "More than I can remember", enter "251".

| | | | Number of times
(MIN: 1) (MAX: 251)

DK, R (Go to SER_Q010)

SER_C4 If SER_Q003 = 1 (hospitalization), SER_C4 = 1. Otherwise, SER_C4 = 2 and go to SER_Q006.

SER_Q005A How recently was that?
INTERVIEWER: Read categories to respondent.

1 During the past month (Go to SER_Q005C)
2 Between 2 and 6 months ago (Go to SER_Q005C)
3 Between 7 and 12 months ago (Go to SER_Q005C)
4 More than a year ago
DK, R

SER_Q005B How old were you at the time of this admission?
INTERVIEWER: Minimum is 1; maximum is %current age - 1%.

| | | | Age in years
(MIN: 1) (MAX: current age - 1)

DK, R
During this admission, how many nights did you stay in the hospital?

INTERVIEWER: Select the reporting unit here and enter the number in the next screen.

1 Nights
2 Weeks  (Go to SER_Q005E)
3 Months  (Go to SER_Q005F)
4 Years  (Go to SER_Q005G)
DK, R  (Go to SER_Q010)

INTERVIEWER: Enter the number of nights.
Minimum is 1; maximum is 900.

_____ Number of nights
(MIN: 1) (MAX: 900; warning after 365)

DK, R

If SER_Q005D <= 365, go to SER_Q010.
Otherwise, show pop-up edit as follows.
An unusual value has been entered.
Please confirm or return and change the reporting unit.

INTERVIEWER: Enter the number of weeks.
Minimum is 1; maximum is 104.

_____ Number of weeks
(MIN: 1) (MAX: 104; warning after 52)

DK, R

If SER_Q005E <= 52, go to SER_Q010.
Otherwise, show pop-up edit as follows.
An unusual value has been entered.
Please confirm or return and change the reporting unit.

INTERVIEWER: Enter the number of months.
Minimum is 1; maximum is 36.

_____ Number of months
(MIN: 1) (MAX: 36, warning after 24)

DK, R

If SER_Q005F <= 24, go to SER_Q010.
Otherwise, show pop-up edit as follows.
An unusual value has been entered.
Please confirm or return and change the reporting unit.
Canadian Community Health Survey – Cycle 1.2 - Mental Health and Well-Being

SER_Q005G INTERVIEWER: Enter the number of years.
SERB_05G Minimum is 1; maximum is %current age -1) – age in SER_Q05B%.

| | | | Number of years
(MIN: 1) (MAX: (current age -1) - age in SER_Q05B)

DK, R

Go to SER_Q010.

SER_Q006 How old were you at the time of your first admission?
SERB_06 INTERVIEWER: Minimum is 1; maximum is %current age%.

| | | | Age in years
(MIN: 1) (MAX: current age)

DK, R

SER_C007 If SER_Q003 > 0 and SER_Q003 <100 (between 1 and 99) use “number in SER_Q003” in %number in SER_Q003/several%

Otherwise use “several” in %number in SER_Q003/several%

SER_Q007 In total, how much time did you spend in the hospital on those %number in SER_Q003/several% occasions?
SERB_07 INTERVIEWER: Select the reporting unit here and enter the number in the next screen.

1 Days (Go to SER_Q007B)
2 Weeks (Go to SER_Q007C)
3 Months (Go to SER_Q007D)
4 Years (Go to SER_Q008)

SER_Q007A INTERVIEWER: Enter the number of days.
SERB_07A Minimum is 1; maximum is 900.

| | | | Number of days
(MIN: 1) (MAX: 900, warning after 365)

DK, R

SER_E007A If SER_Q007A <= 365, go to SER_Q008.
Otherwise, show pop-up edit as follows.

An unusual value has been entered.
Please confirm or return and change the reporting unit.

SER_Q007B INTERVIEWER: Enter the number of weeks.
SERB_07B Minimum is 1; maximum is 104.

| | | | Number of weeks
(MIN: 1) (MAX: 104; warning after 52)

DK, R
SER_E007B  If SER_Q007B <= 52, go to SER_Q008. Otherwise, show pop-up edit as follows.

An unusual value has been entered. Please confirm or return and change the reporting unit.

SER_Q007C  INTERVIEWER: Enter the number of months.
MIN: 1; MAX: 36.

| | | Number of months
(MIN: 1) (MAX: 36; warning after 24)

DK, R

SER_E007C  If SER_Q007C <= 24, go to SER_Q008. Otherwise, show pop-up edit as follows.

An unusual value has been entered. Please confirm or return and change the reporting unit.

SER_Q007D  INTERVIEWER: Enter the number of years.
MIN: 1; MAX: current age - (age in SER_Q006 - 1)

| | | | Number of years
(MIN: 1) (MAX: current age - (age in SER_Q006 - 1))

DK, R

SER_Q008  During the past 12 months, were you hospitalized overnight or longer for problems with your emotions, mental health or use of alcohol or drugs?

1 Yes (Go to SER_Q009)
2 No (Go to SER_Q010)

SER_Q009A  How old were you the last time you were hospitalized overnight or longer for any of these problems?
INTERVIEWER: Minimum is 1; maximum is current age - 1.

| | | Age in years
(MIN: 1) (MAX: current age - 1)

DK, R

Go to SER_Q010.

SER_Q009  How long did you stay in the hospital for these problems (during the past 12 months)?
INTERVIEWER: Select the reporting unit here and enter the number in the next screen.

1 Days
2 Weeks (Go to SER_Q009B)
3 Months (Go to SER_Q009C)
DK, R (Go to SER_Q010)
<table>
<thead>
<tr>
<th>Question</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>SER_Q009A</td>
<td><strong>INTERVIEWER</strong>: Enter the number of days. Minimum is 1; maximum is 365.</td>
</tr>
<tr>
<td>SERB_09A</td>
<td>Number of days (MIN: 1) (MAX: 365)</td>
</tr>
<tr>
<td>SER_Q009B</td>
<td><strong>INTERVIEWER</strong>: Enter the number of weeks. Minimum is 1; maximum is 52.</td>
</tr>
<tr>
<td>SERB_09B</td>
<td>Number of weeks (MIN: 1) (MAX: 52)</td>
</tr>
<tr>
<td>SER_Q009C</td>
<td><strong>INTERVIEWER</strong>: Enter the number of months. Minimum is 1; maximum is 12.</td>
</tr>
<tr>
<td>SERB_09C</td>
<td>Number of months (MIN: 1) (MAX: 12)</td>
</tr>
</tbody>
</table>

**SER_Q010**

*During your lifetime, have you ever seen, or talked on the telephone, to any of the following professionals about your emotions, mental health or use of alcohol or drugs?*

**INTERVIEWER**: Read categories to respondent. Mark all that apply.

<table>
<thead>
<tr>
<th>Category</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>SERB_10A</td>
<td>Psychiatrist</td>
</tr>
<tr>
<td>SERB_10B</td>
<td>Family doctor or general practitioner</td>
</tr>
<tr>
<td>SERB_10C</td>
<td>Other medical doctor such as a cardiologist, gynaecologist or urologist</td>
</tr>
<tr>
<td>SERB_10D</td>
<td>Psychologist</td>
</tr>
<tr>
<td>SERB_10E</td>
<td>Nurse</td>
</tr>
<tr>
<td>SERB_10F</td>
<td>Social worker, counsellor or psychotherapist</td>
</tr>
<tr>
<td>SERB_10G</td>
<td>Religious or spiritual advisor such as a priest, chaplain or rabbi</td>
</tr>
<tr>
<td>SERB_10H</td>
<td>Other professional</td>
</tr>
<tr>
<td>SERB_10I</td>
<td>None (Go to SER_Q100A)</td>
</tr>
</tbody>
</table>

**SER_E010** If only category 9 has been selected, go to SER_Q100A. If SER_Q010 = 9 and any other response is indicated, show hard pop-up edit as follows.

Otherwise, go to SER_Q012.

**You cannot select “None” and another category. Please return and correct.**

Go to SER_Q010
SER_C010 If SER_Q002 <> R and SER_Q010 = R, go to SER_Q100A.
If SER_Q002 = R and SER_Q010 = R, go to SER_END

SER_Q012 With any of these professionals, did you ever have a session of psychological counselling or therapy that lasted 15 minutes or longer?
1 Yes
2 No (Go to SER_C20)
   DK, R (Go to SER_C20)

SER_Q013 How old were you the first time you had such a session (of psychological counselling or therapy)?
INTERVIEWER: Minimum is 1; maximum is %current age%.

<table>
<thead>
<tr>
<th></th>
<th>Age in years</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>(MIN: 1) (MAX: current age)</td>
</tr>
</tbody>
</table>

DK, R

SER_C20 If SER_Q010 = 1, go to SER_Q020.
Otherwise, go to SER_C30.

SER_Q020 You mentioned that you saw, or talked on the telephone, to a psychiatrist about your emotions, mental health or use of alcohol or drugs.

How old were you the first time you saw, or talked to such a professional?
INTERVIEWER: Minimum is 1; maximum is %current age%.

<table>
<thead>
<tr>
<th></th>
<th>Age in years</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>(MIN: 1) (MAX: current age)</td>
</tr>
</tbody>
</table>

DK, R

SER_Q021 When was the last time?
INTERVIEWER: Read categories to respondent.

1 During the past month (Go to SER_Q023)
2 Between 2 and 6 months ago (Go to SER_Q023)
3 Between 7 and 12 months ago (Go to SER_Q023)
4 More than a year ago
   DK, R (Go to SER_C30)

SER_Q022 How old were you the last time you saw, or talked to a psychiatrist (about your emotions, mental health or use of alcohol or drugs)?
INTERVIEWER: Minimum is 1; maximum is %current age - 1%.

<table>
<thead>
<tr>
<th></th>
<th>Age in years</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>(MIN: 1) (MAX: current age - 1)</td>
</tr>
</tbody>
</table>

DK, R
Go to SER_C30
Think of the psychiatrist you talked to the most often during the past 12 months.

How many times did you see, or talk on the telephone, to this psychiatrist (about your emotions, mental health or use of alcohol or drugs)?

INTERVIEWER: Minimum is 1; maximum is 365.

<table>
<thead>
<tr>
<th></th>
<th></th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>(MIN: 1) (MAX: 365)</td>
</tr>
</tbody>
</table>

DK, R  (Go to SER_Q025)

If SER_Q023 = 1, use “this contact” in %this contact/these contacts%.
Otherwise, use “these contacts” in %this contact/these contacts%.

Where did %this contact/these contacts% take place?

INTERVIEWER: Mark all that apply.
If respondent says “hospital”, probe for details.

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>SERB_24A</td>
<td>1</td>
<td>Hospitalized as an overnight patient</td>
</tr>
<tr>
<td>SERB_24B</td>
<td>2</td>
<td>Health professional’s office (including doctor’s)</td>
</tr>
<tr>
<td>SERB_24C</td>
<td>3</td>
<td>Hospital emergency room</td>
</tr>
<tr>
<td>SERB_24D</td>
<td>4</td>
<td>Psychiatric outpatient clinic</td>
</tr>
<tr>
<td>SERB_24E</td>
<td>5</td>
<td>Drug or alcohol outpatient clinic</td>
</tr>
<tr>
<td>SERB_24F</td>
<td>6</td>
<td>Other hospital outpatient clinic (e.g., day surgery, cancer)</td>
</tr>
<tr>
<td>SERB_24G</td>
<td>7</td>
<td>Walk-in clinic</td>
</tr>
<tr>
<td>SERB_24H</td>
<td>8</td>
<td>Appointment clinic</td>
</tr>
<tr>
<td>SERB_24I</td>
<td>9</td>
<td>Community health centre / CLSC</td>
</tr>
<tr>
<td>SERB_24J</td>
<td>10</td>
<td>At work</td>
</tr>
<tr>
<td>SERB_24K</td>
<td>11</td>
<td>At school</td>
</tr>
<tr>
<td>SERB_24L</td>
<td>12</td>
<td>At home</td>
</tr>
<tr>
<td>SERB_24M</td>
<td>13</td>
<td>Telephone consultation only</td>
</tr>
<tr>
<td>SERB_24N</td>
<td>14</td>
<td>Church or other place for religious assembly</td>
</tr>
<tr>
<td>SERB_24O</td>
<td>15</td>
<td>Other ~ Specify</td>
</tr>
</tbody>
</table>

(For information only)

In general, how satisfied are you with the treatments and services you received (from the psychiatrist during the past 12 months)?

1 Very satisfied
2 Satisfied
3 Neither satisfied nor dissatisfied
4 Dissatisfied
5 Very dissatisfied
DK, R

In general, how much would you say the psychiatrist helped you?

INTERVIEWER: Read categories to respondent.

1 A lot
2 Some
3 A little
4 Not at all
DK, R
SER_Q027  Have you stopped seeing the psychiatrist?

SERB_27  
1  Yes  
2  No  (Go to SER_Q029)  
DK, R  (Go to SER_Q029)

SER_Q028  (Please refer to page 13 of the booklet.)

Why did you stop?  
INTERVIEWER: Mark all that apply.

SERB_28A  1  You felt better  
SERB_28B  2  You completed the recommended treatment  
SERB_28C  3  You thought it was not helping  
SERB_28D  4  You thought the problem would get better without more professional help  
SERB_28E  5  You couldn’t afford to pay  
SERB_28F  6  You were too embarrassed to see the professional  
SERB_28G  7  You wanted to solve the problem without professional help  
SERB_28H  8  You had problems with things like transportation, childcare or your schedule  
SERB_28I  9  The service or program was no longer available  
SERB_28J  10  You were not comfortable with the professional’s approach  
SERB_28K  11  Other reason -Specify  
DK, R

SER_Q029  Did this psychiatrist ever recommend that you talk to another mental health professional or go to another clinic or program specializing in mental health services?

SERB_29  
1  Yes  
2  No  
DK, R

SER_C30  If SER_Q010 = 2, go to SER_Q030.  
Otherwise, go to SER_C40.

SER_Q030  You mentioned that you saw, or talked on the telephone, to a family doctor or general practitioner about your emotions, mental health or use of alcohol or drugs.

How old were you the first time you saw, or talked to such a professional?  
INTERVIEWER: Minimum is 1; maximum is %current age%.

| | | |  Age in years  
(MIN: 1) (MAX: current age)

DK, R

SER_Q031  When was the last time?  
INTERVIEWER: Read categories to respondent.

SERB_31  
1  During the past month  (Go to SER_Q033)  
2  Between 2 and 6 months ago  (Go to SER_Q033)  
3  Between 7 and 12 months ago  (Go to SER_Q033)  
4  More than a year ago  (Go to SER_C40)  
DK, R
SER_Q032  How old were you the last time you saw, or talked to a family doctor or general practitioner (about your emotions, mental health or use of alcohol or drugs)?
INTERVIEWER: Minimum is 1; maximum is current age – 1.

|   |   |   | Age in years
(MIN: 1) (MAX: current age – 1)

DK, R
Go to SER_C40

SER_Q033  Think of the family doctor or the general practitioner you talked to the most often during the past 12 months.
How many times did you see, or talk on the telephone, to this family doctor or general practitioner (about your problems with your emotions, mental health or use of alcohol or drugs)?
INTERVIEWER: Minimum is 1; maximum is 365.

|   |   |   | Number
(MIN: 1) (MAX: 365)

DK, R
( Go to SER_Q035 )

SER_C33  If SER_Q033 = 1, use “this contact” in %this contact/these contacts%. Otherwise, use “these contacts” in %this contact/these contacts%.

SER_Q034  Where did %this contact/these contacts% take place?
INTERVIEWER: Mark all that apply.
If respondent says “hospital”, probe for details.

SERB_34A  1 Hospitalized as an overnight patient
SERB_34B  2 Health professional’s office (including doctor’s)
SERB_34C  3 Hospital emergency room
SERB_34D  4 Psychiatric outpatient clinic
SERB_34E  5 Drug or alcohol outpatient clinic
SERB_34F  6 Other hospital outpatient clinic (e.g. day surgery, cancer)
SERB_34G  7 Walk-in clinic
SERB_34H  8 Appointment clinic
SERB_34I  9 Community health centre / CLSC
SERB_34J 10 At work
SERB_34K 11 At school
SERB_34L 12 At home
SERB_34M 13 Telephone consultation only
SERB_34N 14 Church or other place for religious assembly
SERB_34O 15 Other – Specify
DK, R
In general, how satisfied are you with the treatments and services you received (from this family doctor or general practitioner during the past 12 months)?

1  Very satisfied
2  Satisfied
3  Neither satisfied nor dissatisfied
4  Dissatisfied
5  Very dissatisfied

In general, how much would you say this family doctor or general practitioner helped you (for your problems with your emotions, mental health or use of alcohol or drugs)?

INTERVIEWER: Read categories to respondent.

1  A lot
2  Some
3  A little
4  Not at all

Have you stopped talking to this family doctor or general practitioner about your problems with your emotions, mental health or use of alcohol or drugs?

1  Yes
2  No  (Go to SER_Q039)  

Why did you stop?

INTERVIEWER: Mark all that apply.

1  You felt better
2  You completed the recommended treatment
3  You thought it was not helping
4  You thought the problem would get better without more professional help
5  You couldn’t afford to pay
6  You were too embarrassed to see the professional
7  You wanted to solve the problem without professional help
8  You had problems with things like transportation, childcare or your schedule
9  The service or program was no longer available
10 You were not comfortable with the professional’s approach
11 Other reason – Specify
Did this family doctor or general practitioner ever recommend that you talk to a mental health professional or go to a clinic or a program specializing in mental health services?

1 Yes
2 No

If SER_Q010 = 3, go to SER_Q040. Otherwise, go to SER_C50.

You mentioned that you saw, or talked on the telephone, to other medical doctors about your problems with your emotions, mental health or use of alcohol or drugs.

What kind(s) of other medical doctor(s) did you ever see, or talk to about such problems?

INTERVIEWER: Mark all that apply.

1 Cardiologist
2 Gynaecologist
3 Urologist
4 Allergist
5 Other – Specify

(Go to SER_C50)

During the past 12 months, what kind of other medical doctor did you see, or talk to on the telephone, the most often (about your emotions, mental health or use of alcohol or drugs)?

1 Cardiologist
2 Gynaecologist
3 Urologist
4 Allergist
5 Other
6 None

(Go to SER_C50)

If SER_Q041 = 6, go to SER_Q042.

If SER_Q041 = SER_Q040, go to SER_Q043.

If SER_Q041 <> 6, show pop-up edit as follows:

A response inconsistent with a response to a previous question has been entered. Please return and correct.
SER_Q042 How old were you the last time you saw, or talked to this other kind of medical doctor about your emotions, mental health or use of alcohol or drugs?

INTERVIEWER: Minimum is 1; maximum is %current age - 1%.

| | | | Age in years
(MIN: 1) (MAX: current age - 1)

DK, R

Go to SER_C50

SER_Q043 During the past 12 months, how many times did you see, or talk on the telephone, to this doctor about your problems with your emotions, mental health or use of alcohol or drugs?

INTERVIEWER: Minimum is 1; maximum is 365.

| | | | Number
(MIN: 1) (MAX: 365)

DK, R (Go to SER_Q045)

SER_C44 If SER_Q043 = 1, use “this contact” in this contact/these contacts%. Otherwise, use “these contacts” in %this contact/these contacts%.

SER_Q044 Where did %this contact/these contacts% take place?

INTERVIEWER: Mark all that apply.
If respondent says “hospital”, probe for details.

SERB_44A 1 Hospitalized as an overnight patient
SERB_44B 2 Health professional’s office (including doctor’s)
SERB_44C 3 Hospital emergency room
SERB_44D 4 Psychiatric outpatient clinic
SERB_44E 5 Drug or alcohol outpatient clinic
SERB_44F 6 Other hospital outpatient clinic (e.g. day surgery, cancer)
SERB_44G 7 Walk-in clinic
SERB_44H 8 Appointment clinic
SERB_44I 9 Community health centre / CLSC
SERB_44J 10 At work
SERB_44K 11 At school
SERB_44L 12 At home
SERB_44M 13 Telephone consultation only
SERB_44N 14 Church or other place for religious assembly
SERB_44O 15 Other – Specify
DK, R
**SER_Q045**

(Please refer to page 12 of the booklet.)

In general, how satisfied are you with the treatments and services you received (from this other kind of medical doctor during the past 12 months)?

1. Very satisfied
2. Satisfied
3. Neither satisfied nor dissatisfied
4. Dissatisfied
5. Very dissatisfied

DK, R

**SER_Q046**

In general, how much would you say this medical doctor helped you (for your problems with your emotions, mental health or use of alcohol or drugs)?

INTERVIEWER: Read categories to respondent.

1. A lot
2. Some
3. A little
4. Not at all

DK, R

**SER_Q047**

Have you stopped talking to this medical doctor about your problems with your emotions, mental health or use of alcohol or drugs?

1. Yes
2. No (Go to SER_Q049)

DK, R (Go to SER_Q049)

**SER_Q048**

(Please refer to page 13 of the booklet.)

Why did you stop?

INTERVIEWER: Mark all that apply.

SERB_48A 1 You felt better
SERB_48B 2 You completed the recommended treatment
SERB_48C 3 You thought it was not helping
SERB_48D 4 You thought the problem would get better without more professional help
SERB_48E 5 You couldn’t afford to pay
SERB_48F 6 You were too embarrassed to see the professional
SERB_48G 7 You wanted to solve the problem without professional help
SERB_48H 8 You had problems with things like transportation, childcare or your schedule
SERB_48I 9 The service or program was no longer available
SERB_48J 10 You were not comfortable with the professional’s approach
SERB_48K 11 Other reason – Specify

DK, R
Did this other kind of medical doctor ever recommend that you talk to a mental health professional or go to a clinic or a program specializing in mental health services?

1. Yes
2. No

If SER_Q010 = 4, go to SER_Q050.
Otherwise, go to SER_C60.

You mentioned that you saw, or talked on the telephone, to a psychologist about your emotions, mental health or use of alcohol or drugs.

How old were you the first time you saw, or talked to such a professional?

INTERVIEWER: Minimum is 1; maximum is %current age%.

| | | | Age in years  
(MIN: 1) (MAX: current age) |
|DK, R|

When was the last time?

INTERVIEWER: Read categories to respondent.

1. During the past month (Go to SER_Q053)
2. Between 2 and 6 months ago (Go to SER_Q053)
3. Between 7 and 12 months ago (Go to SER_Q053)
4. More than a year ago (Go to SER_C60)

How old were you the last time you saw, or talked to a psychologist (about your emotions, mental health or use of alcohol or drugs)?

INTERVIEWER: Minimum is 1; maximum is %current age - 1%.

| | | | Age in years  
(MIN: 1) (MAX: current age - 1) |
|DK, R|

Think of the psychologist you talked to the most often during the past 12 months.

How many times did you see, or talk on the telephone, to this psychologist (about your problems with your emotions, mental health or use of alcohol or drugs)?

INTERVIEWER: Minimum is 1; maximum is 365.

| | | | Number  
(MIN: 1) (MAX: 365) |
|DK, R|

For information only
SER_C53  If SER_Q053 = 1, use “this contact” in %this contact/these contacts%. Otherwise, use “these contacts” in %this contact/these contacts%.

SER_Q054  Where did %this contact/these contacts% take place?
INTERVIEWER: Mark all that apply.
If respondent says “hospital”, probe for details.

SERB_54A 1  Hospitalized as an overnight patient
SERB_54B 2  Health professional’s office (including doctor’s)
SERB_54C 3  Hospital emergency room
SERB_54D 4  Psychiatric outpatient clinic
SERB_54E 5  Drug or alcohol outpatient clinic
SERB_54F 6  Other hospital outpatient clinic (e.g. day surgery, cancer)
SERB_54G 7  Walk-in clinic
SERB_54H 8  Appointment clinic
SERB_54I 9  Community health centre / CLSC
SERB_54J 10 At work
SERB_54K 11 At school
SERB_54L 12 At home
SERB_54M 13 Telephone consultation only
SERB_54N 14 Church or other place for religious assembly
SERB_54O 15 Other – Specify
DK, R

SER_Q055  (Please refer to page 12 of the booklet.)
SERB_55
In general, how satisfied are you with the treatments and services you received (from this psychologist during the past 12 months)?

1  Very satisfied
2  Satisfied
3  Neither satisfied nor dissatisfied
4  Dissatisfied
5  Very dissatisfied
DK, R

SER_Q056  In general, how much would you say this psychologist helped you (for your problems with your emotions, mental health or use of alcohol or drugs)?
INTERVIEWER: Read categories to respondent.

   A lot
   Some
   A little
   Not at all
DK, R

SER_Q057  Have you stopped seeing this psychologist?
SERB_57
1  Yes
2  No  (Go to SER_Q059)
DK, R  (Go to SER_Q059)
SER_Q058  
(Please refer to page 13 of the booklet.)

Why did you stop?
INTERVIEWER: Mark all that apply.

SERB_58A  1 You felt better
SERB_58B  2 You completed the recommended treatment
SERB_58C  3 You thought it was not helping
SERB_58D  4 You thought the problem would get better without more professional help
SERB_58E  5 You couldn’t afford to pay
SERB_58F  6 You were too embarrassed to see the professional
SERB_58G  7 You wanted to solve the problem without professional help
SERB_58H  8 You had problems with things like transportation, childcare or your schedule
SERB_58I  9 The service or program was no longer available
SERB_58J  10 You were not comfortable with the professional’s approach
SERB_58K  11 Other reason – Specify
DK, R

SER_Q059  
Do you have insurance that covers all or part of the cost of your contact with this psychologist? Include any private, government or employee-paid insurance plans.

1  Yes
2  No
DK, R

SER_Q059A  
Did this psychologist ever recommend that you talk to another mental health professional or go to another type of clinic or a program specializing in mental health services?

1  Yes
2  No
DK, R

SER_C60  
If SER_Q010 = 5, go to SER_Q060.
Otherwise, go to SER_C70.

SER_Q060  
You mentioned that you saw, or talked on the telephone, to a nurse about your emotions, mental health or use of alcohol or drugs.

How old were you the first time you saw, or talked to such a professional?
INTERVIEWER: Minimum is 1; maximum is %current age%.

[ ] [ ] [ ]  Age in years
(MIN: 1)  (MAX: current age)

DK, R
SER_Q061 When was the last time?

INTERVIEWER: Read categories to respondent.

1. During the past month (Go to SER_Q063)
2. Between 2 and 6 months ago (Go to SER_Q063)
3. Between 7 and 12 months ago (Go to SER_Q063)
4. More than a year ago (Go to SER_C70)

SER_Q062 How old were you the last time you saw, or talked to a nurse (about your emotions, mental health or use of alcohol or drugs)?

INTERVIEWER: Minimum is 1; maximum is %current age - 1%.

| | | || Age in years |
|---|---|---|---|
| | | | (MIN: 1) (MAX: current age - 1) |

DK, R

Go to SER_C70

SER_Q063 Think of the nurse you talked to the most often during the past 12 months.

How many times did you see, or talk on the telephone, to this nurse about your problems with your emotions, mental health or use of alcohol or drugs?

INTERVIEWER: Minimum is 1; maximum is 365.

| | | || Number |
|---|---|---|---|
| | | | (MIN: 1) (MAX: 365) |

DK, R (Go to SER_Q065)

SER_C63 If SER_Q063 = 1, use “this contact” in %this contact/these contacts%. Otherwise use “these contacts” in %this contact/these contacts%.

SER_Q064 Where did %this contact/these contacts% take place?

INTERVIEWER: Mark all that apply. If respondent says “hospital”, probe for details.

- Hospitalized as an overnight patient
- Health professional’s office (including doctor’s)
- Hospital emergency room
- Psychiatric outpatient clinic
- Drug or alcohol outpatient clinic
- Other hospital outpatient clinic (e.g. day surgery, cancer)
- Walk-in clinic
- Appointment clinic
- Community health centre / CLSC
- At work
- At school
- At home
- Telephone consultation only
- Church or other place for religious assembly
- Other – Specify

DK, R
In general, how satisfied are you with the treatments and services you received (from this nurse during the past 12 months)?

1 Very satisfied
2 Satisfied
3 Neither satisfied nor dissatisfied
4 Dissatisfied
5 Very dissatisfied

In general, how much would you say this nurse helped you (for your problems with your emotions, mental health or use of alcohol or drugs)?

1 A lot
2 Some
3 A little
4 Not at all

Have you stopped talking to this nurse about your problems with your emotions, mental health or use of alcohol or drugs?

1 Yes
2 No

Why did you stop?

INTERVIEWER: Mark all that apply.

1 You felt better
2 You completed the recommended treatment
3 You thought it was not helping
4 You thought the problem would get better without more professional help
5 You couldn’t afford to pay
6 You were too embarrassed to see the professional
7 You wanted to solve the problem without professional help
8 You had problems with things like transportation, childcare or your schedule
9 The service or program was no longer available
10 You were not comfortable with the professional’s approach
11 Other reason – Specify

Do you have insurance that covers all or part of the cost of your contact with this nurse? Include any private, government or employee-paid insurance plans.

1 Yes
2 No
Did this nurse *ever* recommend that you talk to another mental health professional or go to another clinic or a program specializing in mental health services?

1. Yes
2. No

If SER_Q010 = 6, go to SER_Q070. Otherwise, go to SER_C80.

You mentioned that you saw, or talked on the telephone, to a social worker, counsellor or psychotherapist about your emotions, mental health or use of alcohol or drugs.

How old were you the first time you saw, or talked to this professional?

INTERVIEWER: Minimum is 1; maximum is %current age%.

|   |   |   | Age in years
|   |   |   | (MIN: 1) (MAX: current age)

DK, R

When was the last time?

INTERVIEWER: Read categories to respondent.

1. During the past month (Go to SER_Q073)
2. Between 2 and 6 months ago (Go to SER_Q073)
3. Between 7 and 12 months ago (Go to SER_Q073)
4. More than a year ago (Go to SER_C80)

How old were you the last time you saw, or talked to social worker, counsellor or psychotherapist (about your emotions, mental health or use of alcohol or drugs)?

INTERVIEWER: Minimum is 1; maximum is %current age - 1%.

|   |   |   | Age in years
|   |   |   | (MIN: 1) (MAX: current age - 1)

DK, R

Think of the social worker, counsellor or psychotherapist you talked to the most often during the past 12 months.

How many times did you see, or talk to on the telephone, to this professional (about your problems with your emotions, mental health or use of alcohol or drugs)?

INTERVIEWER: Minimum is 1; maximum is 365.

|   |   |   | Number
|   |   |   | (MIN: 1) (MAX: 365)

DK, R (Go to SER_Q075)
If SER_Q073 = 1, use “this contact” in %this contact/these contacts%. Otherwise, use “these contacts” in %this contact/these contacts%.

Where did %this contact/these contacts% take place?
INTERVIEWER: Mark all that apply. If respondent says “hospital”, probe for details.

1. Hospitalized as an overnight patient
2. Health professional’s office (including doctor’s)
3. Hospital emergency room
4. Psychiatric outpatient clinic
5. Drug or alcohol outpatient clinic
6. Other hospital outpatient clinic (e.g. day surgery, cancer)
7. Walk-in clinic
8. Appointment clinic
9. Community health centre / CLSC
10. At work
11. At school
12. At home
13. Telephone consultation only
14. Church or other place for religious assembly
15. Other – Specify

In general, how satisfied are you with the treatments and services you received (from this social worker, counsellor or psychotherapist during the past 12 months)?

1. Very satisfied
2. Satisfied
3. Neither satisfied nor dissatisfied
4. Dissatisfied
5. Very dissatisfied

In general, how much would you say this social worker, counsellor or psychotherapist helped you (for your problems with your emotions, mental health or use of alcohol or drugs)?
INTERVIEWER: Read categories to respondent.

1. A lot
2. Some
3. A little
4. Not at all

Have you stopped talking to this social worker, counsellor or psychotherapist about your problems with your emotions, mental health or use of alcohol or drugs?

1. Yes
2. No

Go to SER_Q079
DK, R (Go to SER_Q079)
**SER_Q078**  
(Please refer to page 13 of the booklet.)

**Why did you stop?**

**INTERVIEWER:** Mark all that apply.

- **SERB_78A** You felt better
- **SERB_78B** You completed the recommended treatment
- **SERB_78C** You thought it was not helping
- **SERB_78D** You thought the problem would get better without more professional help
- **SERB_78E** You couldn’t afford to pay
- **SERB_78F** You were too embarrassed to see the professional
- **SERB_78G** You wanted to solve the problem without professional help
- **SERB_78H** You had problems with things like transportation, childcare or your schedule
- **SERB_78I** The service or program was no longer available
- **SERB_78J** You were not comfortable with the professional’s approach
- **SERB_78K** Other reason – Specify

**SER_Q079**

**SERB_79**  
Do you have insurance that covers all or part of the cost of your contact with this social worker, counsellor or psychotherapist? Include any private, government or employee-paid insurance plans.

- **1** Yes
- **2** No
- **DK, R**

**SER_Q079_A**

**SERB_79A**  
Did this social worker, counsellor or psychotherapist ever recommend that you talk to another mental health professional or go to another type of clinic or a program specializing in mental health services?

- **1** Yes
- **2** No
- **DK, R**

**SER_C80**

If **SER_Q010 = 7,** go to **SER_Q080.**  
Otherwise, go to **SER_C90.**

**SER_Q080**

You mentioned that you saw, or talked on the telephone, to a religious or spiritual advisor (such as a priest, chaplain or rabbi) about your emotions, mental health or use of alcohol or drugs.

**How old were you the first time you saw, or talked to such a professional?**

**INTERVIEWER:** Minimum is 1; maximum is %current age%.

<table>
<thead>
<tr>
<th></th>
<th>Age in years</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>(MIN: 1)</td>
</tr>
<tr>
<td></td>
<td>(MAX: current age)</td>
</tr>
</tbody>
</table>

- **DK, R**

**When was the last time?**

**INTERVIEWER:** Read categories to respondent.

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>During the past month  (Go to SER_Q083)</td>
</tr>
<tr>
<td>2</td>
<td>Between 2 and 6 months ago  (Go to SER_Q083)</td>
</tr>
<tr>
<td>3</td>
<td>Between 7 and 12 months ago  (Go to SER_Q083)</td>
</tr>
<tr>
<td>4</td>
<td>More than a year ago  (Go to SER_Q083)</td>
</tr>
</tbody>
</table>

**SER_Q082**

**How old were you the last time you saw, or talked to a religious or spiritual advisor (about your emotions, mental health or use of alcohol or drugs)?**

**INTERVIEWER:** Minimum is 1; maximum is current age - 1%.

<table>
<thead>
<tr>
<th></th>
<th>Age in years</th>
<th>MIN: 1</th>
<th>MAX: current age - 1%</th>
</tr>
</thead>
<tbody>
<tr>
<td>DK, R</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Go to SER_C90

**SER_Q083**

**Think of the religious or spiritual advisor you talked to the most often during the past 12 months.**

**INTERVIEWER:** Minimum is 1; maximum is 365.

<table>
<thead>
<tr>
<th></th>
<th>Number</th>
<th>MIN: 1</th>
<th>MAX: 365</th>
</tr>
</thead>
<tbody>
<tr>
<td>DK, R</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Go to SER_Q085

**SER_C83**

**If SER_Q083 = 1, use “this contact” in %this contact/these contacts%. Otherwise, use “these contacts” in %this contact/these contacts%.**

**SER_Q084**

**Where did %this contact/these contacts% take place?**

**INTERVIEWER:** Mark all that apply. If respondent says “hospital”, probe for details.

| SERB_84A | Hospitalized as an overnight patient |
| SERB_84B | Health professional’s office (including doctor’s) |
| SERB_84C | Hospital emergency room |
| SERB_84D | Psychiatric outpatient clinic |
| SERB_84E | Drug or alcohol outpatient clinic |
| SERB_84F | Other hospital outpatient clinic (e.g. day surgery, cancer) |
| SERB_84G | Walk-in clinic |
| SERB_84H | Appointment clinic |
| SERB_84I | Community health centre / CLSC |
| SERB_84J | At work |
| SERB_84K | At school |
| SERB_84L | At home |
| SERB_84M | Telephone consultation only |
| SERB_84N | Church or other place for religious assembly |
| SERB_84O | Other – Specify |

DK, R
SER_Q085 (Please refer to page 12 of the booklet.)

In general, how satisfied are you with the services you received (from this religious or spiritual advisor during the past 12 months)?

1  Very satisfied
2  Satisfied
3  Neither satisfied nor dissatisfied
4  Dissatisfied
5  Very dissatisfied
DK, R

SER_Q086

In general, how much would you say this religious or spiritual advisor helped you (for your problems with your emotions, mental health or use of alcohol or drugs)?

INTERVIEWER: Read categories to respondent.

1  A lot
2  Some
3  A little
4  Not at all
DK, R

SER_Q087

Have you stopped seeing this religious or spiritual advisor for your problems with your emotions, mental health or use of alcohol or drugs?

1  Yes
2  No  (Go to SER_Q089)
DK, R  (Go to SER_Q089)

SER_Q088 (Please refer to page 13 of the booklet.)

Why did you stop?

INTERVIEWER: Mark all that apply.

SERB_88A  1  You felt better
SERB_88B  2  You completed the recommended treatment
SERB_88C  3  You thought it was not helping
SERB_88D  4  You thought the problem would get better without more professional help
SERB_88E  5  You couldn’t afford to pay
SERB_88F  6  You were too embarrassed to see the professional
SERB_88G  7  You wanted to solve the problem without professional help
SERB_88H  8  You had problems with things like transportation, childcare or your schedule
SERB_88I  9  The service or program was no longer available
SERB_88J  10 You were not comfortable with the professional’s approach
SERB_88K  11 Other reason – Specify
DK, R

SER_Q089

Did this religious or spiritual advisor ever recommend that you talk to a mental health professional or go to another type clinic or a program specializing in mental health services?

1  Yes
2  No
DK, R
SER_C90  If SER_Q010 = 8, go to SER_Q90. Otherwise, go to SER_Q100A.

SER_Q090  You mentioned that you saw, or talked on the telephone, to other professionals about your problems with your emotions, mental health or use of alcohol or drugs.

What kind(s) of other professional(s) did you ever see, or talk to about such problems?

INTERVIEWER: Mark all that apply.

<table>
<thead>
<tr>
<th>Code</th>
<th>Professional</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Acupuncturist</td>
</tr>
<tr>
<td>2</td>
<td>Biofeedback teacher</td>
</tr>
<tr>
<td>3</td>
<td>Chiropractor</td>
</tr>
<tr>
<td>4</td>
<td>Energy healing specialist</td>
</tr>
<tr>
<td>5</td>
<td>Exercise or movement therapist</td>
</tr>
<tr>
<td>6</td>
<td>Herbalist</td>
</tr>
<tr>
<td>7</td>
<td>Homeopath or naturopath</td>
</tr>
<tr>
<td>8</td>
<td>Hypnotist</td>
</tr>
<tr>
<td>9</td>
<td>Guided imagery specialist</td>
</tr>
<tr>
<td>10</td>
<td>Massage therapist</td>
</tr>
<tr>
<td>11</td>
<td>Relaxation, yoga or meditation expert</td>
</tr>
<tr>
<td>12</td>
<td>Dietician</td>
</tr>
<tr>
<td>13</td>
<td>Other – Specify</td>
</tr>
<tr>
<td></td>
<td>DK, R (Go to SER_Q100A)</td>
</tr>
</tbody>
</table>

SER_Q091  During the past 12 months, what kind of other professional did you see, or talk to on the telephone, the most often (about your emotions, mental health or use of alcohol and drugs)?

1. Acupuncturist
2. Biofeedback teacher
3. Chiropractor
4. Energy healing specialist
5. Exercise or movement therapist
6. Herbalist
7. Homeopath or naturopath
8. Hypnotist
9. Guided imagery specialist
10. Massage therapist
11. Relaxation, yoga or meditation expert
12. Dietician
13. Other
14. None
   (Go to SER_Q100A)

SER_C92  If SER_Q091 = 14, go to SER_Q092.

SER_C93  If SER_Q091 = SER_Q090, go to SER_Q093.

SER_E91  If SER_Q091 <> 14, show pop-up edit as follows:

A response inconsistent with a response to a previous question has been entered. Please return and correct.
SER_Q092

**How old were you the last time you saw, or talked to this professional about your emotions, mental health or use of alcohol or drugs?**

**INTERVIEWER:** Minimum is 1; maximum is %current age - 1%.

<p>| | | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
</table>
|   |   | **Age in years**
|   |   | (MIN: 1) (MAX: current age - 1)

DK, R

Go to SER_Q100A

SER_Q093

**During the past 12 months, how many times did you see, or talk on the telephone, to this professional (about your problems with your emotions, mental health or use of alcohol or drugs)?**

**INTERVIEWER:** Minimum is 1; maximum is 365.

<p>| | | | |</p>
<table>
<thead>
<tr>
<th></th>
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<th></th>
<th></th>
</tr>
</thead>
</table>
|   |   | **Number**
|   |   | (MIN: 1) (MAX: 365)

DK, R

(Go to SER_Q095)

SER_C94

If SER_Q093 = 1, use “this contact” in %this contact/these contacts%. Otherwise use “these contacts” in %this contact/these contacts%.

SER_Q094

**Where did %this contact/these contacts% take place?**

**INTERVIEWER:** Mark all that apply. If respondent says “hospital”, probe for details.

SERB_94A 1 Hospitalized as an overnight patient
SERB_94B 2 Health professional’s office (including doctor’s)
SERB_94C 3 Hospital emergency room
SERB_94D 4 Psychiatric outpatient clinic
SERB_94E 5 Drug or alcohol outpatient clinic
SERB_94F 6 Other hospital outpatient clinic (e.g. day surgery, cancer)
SERB_94G 7 Walk-in clinic
SERB_94H 8 Appointment clinic
SERB_94I 9 Community health centre / CLSC
SERB_94J 10 At work
SERB_94K 11 At school
SERB_94L 12 At home
SERB_94M 13 Telephone consultation only
SERB_94N 14 Church or other place for religious assembly
SERB_94O 15 Other – Specify

DK, R

SER_Q095

(Please refer to page 12 of the booklet.)

**In general, how satisfied are you with the treatments and services you received (from this professional during the past 12 months)?**

1 Very satisfied
2 Satisfied
3 Neither satisfied nor dissatisfied
4 Dissatisfied
5 Very dissatisfied

DK, R
SER_Q096
In general, how much would you say this professional helped you (for your problems with your emotions, mental health or use of alcohol or drugs)?

INTERVIEWER: Read categories to respondent.

1  A lot
2  Some
3  A little
4  Not at all
DK, R

SER_Q097
Have you stopped seeing this professional for your problems with your emotions, mental health or use of alcohol or drugs?

1  Yes
2  No    (Go to SER_Q099)
DK, R    (Go to SER_Q099)

SER_Q098
(Please refer to page 13 of the booklet.)

Why did you stop?
INTERVIEWER: Mark all that apply.

SER_B_98A  1  You felt better
SER_B_98B  2  You completed the recommended treatment
SER_B_98C  3  You thought it was not helping
SER_B_98D  4  You thought the problem would get better without more professional help
SER_B_98E  5  You couldn’t afford to pay
SER_B_98F  6  You were too embarrassed to see the professional
SER_B_98G  7  You wanted to solve the problem without professional help
SER_B_98H  8  You had problems with things like transportation, childcare or your schedule
SER_B_98I  9  The service or program was no longer available
SER_B_98J  10  You were not comfortable with the professional’s approach
SER_B_98K 11  Other reason – Specify
SER_B_98L 12  None
DK, R

SER_Q099
Do you have insurance that covers all or part of the cost of your contact with this professional? Include any private, government or employee-paid insurance plans.

1  Yes
2  No
DK, R

SER_Q099_A
Did this professional ever recommend that you talk to a mental health professional or go to a clinic or a program specializing in mental health services?

1  Yes
2  No
DK, R
SER_Q100A  Have you ever used an internet support group or chat room to get help for problems with your emotions, mental health or use of alcohol or drugs?

1    Yes
2    No    (Go to SER_Q101A)
   DK, R    (Go to SER_Q101A)

SER_Q100B  When was the last time (you used an internet support group or chat room)?

INTERVIEWER: Read categories to respondent.

1    During the past month
2    Between 2 and 6 months ago
3    Between 7 and 12 months ago
4    More than a year ago    (Go to SER_Q101A)
   DK, R    (Go to SER_Q101A)

SER_Q100C  During the past 12 months, how many times did you use an internet support group or chat room for your problems with your emotions, mental health or use of alcohol or drugs?

INTERVIEWER: Minimum is 1; maximum is 901. If respondent answers “More than I can remember”, enter “901”.

|   |   |   |   Number of times
   |   |   | (MIN: 1)  (MAX: 901)
   DK, R

SER_Q101A  Not counting internet support groups, did you ever go to a self-help group for help with your emotions, mental health or use of alcohol or drugs?

1    Yes
2    No    (Go to SER_Q102A)
   DK, R    (Go to SER_Q102A)

SER_Q101B  How old were you the first time you went (to a self-help group for any of these problems)?

INTERVIEWER: Minimum is 1; maximum is %current age%.

|   |   |   Age in years
   |   |   (MIN: 1)  (MAX: current age)
   DK, R

SER_Q101C  When was the last time (you went to a self-help group)?

INTERVIEWER: Read categories to respondent.

1    During the past month
2    Between 2 and 6 months ago
3    Between 7 and 12 months ago
4    More than a year ago    (Go to SER_Q102A)
   DK, R    (Go to SER_Q102A)
During the past 12 months, how many times did you go to a meeting of a self-help group?

**INTERVIEWER:** Minimum is 1; maximum is 901.
If respondent answers “More than I can remember”, enter “901”.

|___|___|___| Number of times
(MIN: 1) (MAX: 901)

DK, R

Did you ever use a telephone helpline for problems with emotions, mental health or use of alcohol or drugs?

1  Yes

2  No    (Go to SER_Q103)

DK, R    (Go to SER_Q103)

How old were you the first time (you used a telephone helpline for any of these problems)?

**INTERVIEWER:** Minimum is 1; maximum is %current age%

|___|___|___| Age in years
(MIN: 1) (MAX: current age)

DK, R

When was the last time (you used a telephone helpline for any of these problems)?

**INTERVIEWER:** Read categories to respondent.

1  During the past month

2  Between 2 and 6 months ago

3  Between 7 and 12 months ago

4  More than a year ago    (Go to SER_Q103)

DK, R    (Go to SER_Q103)

During the past 12 months, how many times did you use a telephone helpline?

**INTERVIEWER:** Minimum is 1; maximum is 901.
If respondent answers “More than I can remember”, enter “901”.

|___|___|___| Number of times
(MIN: 1) (MAX: 901)

DK, R

During the past 12 months, was there ever a time when you felt that you needed help for your emotions, mental health or use of alcohol or drugs, but you didn’t receive it?

1  Yes

2  No    (Go to SER_QINT106)

DK, R    (Go to SER_QINT106)
**SER_Q104**  
What kind of help did you need that you did not receive?  
**INTERVIEWER:** Mark all that apply.

- SERB_A4A 1 Information about mental illness and its treatments  
- SERB_A4B 2 Information on availability of services  
- SERB_A4C 3 Medication  
- SERB_A4D 4 Therapy or counselling  
- SERB_A4E 5 Help with – financial problems  
- SERB_A4F 6 Help with – housing problems  
- SERB_A4G 7 Help with – personal relationships  
- SERB_A4H 8 Help with – employment status or work situation  
- SERB_A4I 9 Other – Specify  

**DK, R**  
(Go to SER_QINT106)

**SER_Q105**  
Why didn’t you get this help?  
**INTERVIEWER:** Mark all that apply.

- SERB_A5A 1 Preferred to manage yourself  
- SERB_A5B 2 Didn’t think anything more could help  
- SERB_A5C 3 Didn’t know how or where to get help  
- SERB_A5D 4 Afraid to ask for help or of what others would think  
- SERB_A5E 5 Couldn’t afford to pay  
- SERB_A5F 6 Problems with things like transportation, childcare or scheduling  
- SERB_A5G 7 Professional help not available – in the area  
- SERB_A5H 8 Professional help not available – at time required (e.g., doctor on holidays, inconvenient hours)  
- SERB_A5I 9 Waiting time too long  
- SERB_A5J 10 Didn’t get around to it / didn’t bother  
- SERB_A5K 11 Language problems  
- SERB_A5L 12 Personal or family responsibilities  
- SERB_A5M 13 Other – Specify  

**DK, R**

**SER_QINT106**  
The next question is about the money you spent over the past 12 months for services and products to help you with your problems with your emotions, mental health or use of alcohol or drugs. This includes all the money you and your family members paid “out-of-pocket” for visits, medications, tests and services associated with these problems.  
**INTERVIEWER:** Press <Enter> to continue.

**SER_Q107**  
Not counting any costs that were covered by insurance, about how much money have you and your family spent on such services and products during the past 12 months?  
**INTERVIEWER:** Minimum is 0; maximum is $50000.  

[ ] [ ] [ ] [ ] [ ] Dollars  
(MIN: 0) (MAX: $50000, warning after $2500)

**DK, R**

**SER_E107**  
If SER_Q107 <= 2500, go to SER_QEND.  
Otherwise, show pop-up edit as follows.  
An unusual value has been entered. Please confirm.

**SER_END**  
Go to next module.
MEDICATION USE

MED_QINT  Now I’d like to ask a few questions about your use of medications, both prescription and over-the-counter, as well as other health products.
INTERVIEWER: Press <Enter> to continue.

MED_C1  For each yes in MED_Q01A to MED_Q01G, create a fill ^MEDGRP.

MED_Q01A  In the past 12 months, that is, from %date one year ago% to yesterday, did you take any medication to help you sleep (such as Imovane, Nytol or Starnoc)?
1 Yes  (MEDGRP = medication to help you sleep)
2 No
DK
R  (Go to MED_END)

MED_Q01B  (In the past 12 months, that is, from %date one year ago% to yesterday,) did you take diet pills (such as Ponderal, Dexatrim or Fastin)?
1 Yes  (MEDGRP = diet pills)
2 No
DK, R

MED_Q01C  (In the past 12 months, that is, from %date one year ago% to yesterday,) did you take any medication to reduce anxiety or nervousness (such as Ativan, Valium or Serax)?
1 Yes  (MEDGRP = medication to reduce anxiety or nervousness)
2 No
DK, R

MED_Q01D  (In the past 12 months, that is, from %date one year ago% to yesterday,) did you take mood stabilizers (such as Lithium, Tegretol or Epival)?
1 Yes  (MEDGRP = mood stabilizers)
2 No
DK, R

MED_Q01E  (In the past 12 months, that is, from %date one year ago% to yesterday,) did you take anti-depressants (such as Prozac, Paxil or Effexor)?
1 Yes  (MEDGRP = anti-depressants)
2 No
DK, R

MED_Q01F  (In the past 12 months, that is, from %date one year ago% to yesterday,) did you take any medication for the treatment of psychotic behaviours (such as Haldol, Risperdol or Seroquel)?
1 Yes  (MEDGRP = medication for the treatment of psychotic behaviours)
2 No
DK, R
**MED_Q01G**  
**MEDB_11G**  
(In the past 12 months, that is, from %date one year ago% to yesterday,) did you take any stimulants (such as Ritalin, Dexedrine or Alertec)?

1  Yes  (MEDGRP = stimulants)
2  No

**MED_C2**  
If any medications indicated in MED_Q01A to MED_Q01G (i.e. any of MED_Q01A to MED_Q01G = 1), go to sub-module of repeated questions on medication use. Once sub-module is completed for all medications, go to MED_Q2.

If no medications indicated in MED_Q01A to MED_Q01G (i.e. none of MED_Q01A to MED_Q01G = 1), go to MED_Q4.

**REPEATED QUESTIONS**

**MED_C3**  
For each yes in MED_Q01A to MED_Q01G, ask MED_Q01n_1 to MED_Q01n_4 where n = A, B, …, G

**MED_Q01n_1**  
You mentioned taking ^MEDGRP. Was that under the supervision of a health professional?

1  Yes
2  No  (Go to MED_Q01n_1 for the next MEDGRP)

**MED_Q01n_2**  
Who prescribed the medication?

**INTERVIEWER**: Read categories to respondent. Mark all that apply.

1  Psychiatrist
2  Family doctor or general practitioner
3  Other medical doctor (e.g., cardiologist, gynaecologist, urologist)
4  Other health professional

**MED_Q01n_3**  
Think of a typical month during the past 12 months when you took ^MEDGRP. Were there any days when you either forgot to take the medicine or took less than you were supposed to?

1  Yes
2  No  (Go to MED_Q01n_1 for the next MEDGRP)

**MED_Q01n_4**  
(DK, R)  (Go to MED_Q01n_1 for the next MEDGRP)
MED_Q01n_4  Why did you do that?  
INTERVIEWER: Read categories to respondent. Mark all that apply.

- MEDB_n4A 1 You forgot
- MEDB_n4B 2 You felt better
- MEDB_n4C 3 The medicine was not helping
- MEDB_n4D 4 You thought the problem would get better without more medicine
- MEDB_n4E 5 You couldn’t afford to pay for the medicine
- MEDB_n4F 6 You were too embarrassed to take the medicine
- MEDB_n4G 7 You wanted to solve the problem without medication
- MEDB_n4H 8 The medicine caused side-effects that made you stop
- MEDB_n4I 9 You were afraid that you would get dependent on the medication
- MEDB_n4J 10 Other reason – Specify

MED_C5  Go to MED_Q01n_1 for the next MEDGRP.

END OF REPEATED QUESTIONS

MED_Q02  Now, think about the last 2 days, that is, yesterday and the day before yesterday. During those 2 days, how many different medications did you take?

I_I_I  Medications
(MIN: 0; MAX: 99; warning after 10)

DK, R  (Go to MED_Q04)

MED_C6  If MED_Q02 = 0, go to MED_Q04.
Otherwise, go to MED_Q03_nn, up to a maximum of 12. (where nn = 01, 02, …, 12)

MED_Q03_nn  What is the exact name of the medication that you took?
MEDBF3n INTERVIEWER: Ask respondent to look at the bottle, tube or box.

MED_C6A  If MED_Q02 = 0 and MED_Q03_01 = DK or R, go to MED_Q04

MED_C6B  If MED_Q02 > 1 and MED_Q03_nn <> DK or R, go to MED_Q03_nnA, up to a maximum of 12. (where nn = 01, 02, …, 12)
Otherwise, go to MED_Q04

MED_Q03 nnA  Was this a prescription from a medical doctor or dentist?
MEDB_3na

1 Yes
2 No

DK, R
MED_Q04  Do you have insurance that covers all or part of the cost of your prescription medications? Include any private, government or employee-paid insurance plans.

1  Yes
2  No
DK, R

MED_Q05  Many people use other health products such as herbs, minerals or homeopathic products for problems with emotions, alcohol or drug use, energy, concentration, sleep or ability to deal with stress. In the past 12 months, have you used any of these health products?

1  Yes
2  No  (Go to MED_END)
DK, R  (Go to MED_END)

MED_Q06  What health products have you used?
INTERVIEWER: Mark all that apply.

MEDB_6A 1  St. John’s Wort / Millepertuis
MEDB_6B 2  Valerian
MEDB_6C 3  Chamomile
MEDB_6D 4  Ginseng
MEDB_6E 5  Kava Kava / Kava root / piper methysticum
MEDB_6F 6  Lavender
MEDB_6G 7  Chasteberry / Chaste Tree Berries / vitex agnus-castus
MEDB_6H 8  Black Cohosh
MEDB_6I 9  Ginkgo Biloba
MEDB_6J 10  NeuRocover-DA
MEDB_6K 11  Vitamins
MEDB_6L 12  Other – Specify
DK, R  (Go to MED_END)

MED_C8  If none of categories 1 to 12 are selected in MED_Q6, go to MED_END. If only 1 response of categories 1 to 12 in MED_Q6, ask MED_Q7 using the phrase “Was this”. Otherwise, use the phrase, “Were these”.

If only 1 response of categories 1 to 12 in MED_Q6, ask MED_Q8 using “it” in %it/them%. Otherwise, use “them” in %it/them%.

MED_Q07  %Was/Were% %this/these% recommended to you by a professional?

1  Yes
2  No  (Go to MED_END)
DK, R  (Go to MED_END)
**MED_Q08**  
**Who recommended %it/them%?**  
**INTERVIEWER:** Mark all that apply.

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>MEDB_8A</td>
<td>Psychiatrist</td>
</tr>
<tr>
<td>MEDB_8B</td>
<td>Family doctor or general practitioner</td>
</tr>
<tr>
<td>MEDB_8C</td>
<td>Other medical doctor (e.g., cardiologist, gynaecologist, urologist)</td>
</tr>
<tr>
<td>MEDB_8D</td>
<td>Psychologist</td>
</tr>
<tr>
<td>MEDB_8E</td>
<td>Chiropractor</td>
</tr>
<tr>
<td>MEDB_8F</td>
<td>Nurse</td>
</tr>
<tr>
<td>MEDB_8G</td>
<td>Social worker or counselor</td>
</tr>
<tr>
<td>MEDB_8H</td>
<td>Homeopath or naturopath</td>
</tr>
<tr>
<td>MEDB_8I</td>
<td>Herbalist</td>
</tr>
<tr>
<td>MEDB_8J</td>
<td>Relaxation therapist</td>
</tr>
<tr>
<td>MEDB_8K</td>
<td>Biofeedback teacher</td>
</tr>
<tr>
<td>MEDB_8L</td>
<td>Other – Specify</td>
</tr>
<tr>
<td></td>
<td>DK, R</td>
</tr>
</tbody>
</table>

**MED_END**  
Go to next module.
SOCIAL SUPPORT

SSM_Q01

Starting with a question on friendship, about how many close friends and close relatives do you have, that is, people you feel at ease with and can talk to about what is on your mind?

| | | Close friends
(MIN: 0) (MAX: 99; warning after 20)

SSM_Q02

(Please refer to page 15 of the booklet.)

SSM_Q03

... someone you can count on to listen to you when you need to talk?

SSM_Q04

... someone to give you advice about a crisis?
SSM_C04  If SSM_Q04 = 2, 3, 4 or 5 then KEY_PHRASE = %to give you advice%

SSM_Q05  ... someone to take you to the doctor if you needed it?

SSMB_05
1  None of the time
2  A little of the time
3  Some of the time
4  Most of the time
5  All of the time

DK, R

SSM_C05  If SSM_Q05 = 2, 3, 4 or 5 then KEY_PHRASE = %to take you to the doctor%

SSM_Q06  ... someone who shows you love and affection?

SSMB_06
1  None of the time
2  A little of the time
3  Some of the time
4  Most of the time
5  All of the time

DK, R

SSM_C06  If SSM_Q06 = 2, 3, 4 or 5 then KEY_PHRASE = %to show you affection%

SSM_Q07  Again, how often is each of the following kinds of support available to you if you need it:

... someone to have a good time with?

1  None of the time
2  A little of the time
3  Some of the time
4  Most of the time
5  All of the time

DK, R

SSM_C07  If SSM_Q07 = 2, 3, 4 or 5 then KEY_PHRASE = %to have a good time with%

SSM_Q08  ... someone to give you information in order to help you understand a situation?

SSMB_08
1  None of the time
2  A little of the time
3  Some of the time
4  Most of the time
5  All of the time

DK, R

SSM_C08  If SSM_Q08 = 2, 3, 4 or 5 then KEY_PHRASE = %to give you information%

SSM_Q09  ... someone to confide in or talk to about yourself or your problems?

SSMB_09
1  None of the time
2  A little of the time
3  Some of the time
4  Most of the time
5  All of the time

FOR INFORMATION ONLY
### Canadian Community Health Survey – Cycle 1.2 - Mental Health and Well-Being

#### SSM_C09

If SSM_Q09 = 2, 3, 4 or 5 then KEY_PHRASE = %to confide in%

### SSM_Q10

**... someone who hugs you?**

| 1 | None of the time |
| 2 | A little of the time |
| 3 | Some of the time |
| 4 | Most of the time |
| 5 | All of the time |

#### SSM_C10

If SSM_Q10 = 2, 3, 4 or 5 then KEY_PHRASE = %to hug you%

### SSM_Q11

**... someone to get together with for relaxation?**

| 1 | None of the time |
| 2 | A little of the time |
| 3 | Some of the time |
| 4 | Most of the time |
| 5 | All of the time |

#### SSM_C11

If SSM_Q11 = 2, 3, 4 or 5 then KEY_PHRASE = %to relax with%

### SSM_Q12

**... someone to prepare your meals if you were unable to do it yourself?**

| 1 | None of the time |
| 2 | A little of the time |
| 3 | Some of the time |
| 4 | Most of the time |
| 5 | All of the time |

#### SSM_C12

If SSM_Q12 = 2, 3, 4 or 5 then KEY_PHRASE = %to prepare your meals%

### SSM_Q13

**... someone whose advice you really want?**

| 1 | None of the time |
| 2 | A little of the time |
| 3 | Some of the time |
| 4 | Most of the time |
| 5 | All of the time |

#### SSM_C13

If SSM_Q13 = 2, 3, 4 or 5 then KEY_PHRASE = %to advise you%

### SSM_Q14

**Again, how often is each of the following kinds of support available to you if you need it:**

**... someone to do things with to help you get your mind off things?**

| 1 | None of the time |
| 2 | A little of the time |
| 3 | Some of the time |
| 4 | Most of the time |
| 5 | All of the time |

DK, R
SSM_C14 If SSM_Q14 = 2, 3, 4 or 5 then KEY_PHRASE = % to do things with%

**SSM_Q15**

<table>
<thead>
<tr>
<th>Option</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>None of the time</td>
</tr>
<tr>
<td>2</td>
<td>A little of the time</td>
</tr>
<tr>
<td>3</td>
<td>Some of the time</td>
</tr>
<tr>
<td>4</td>
<td>Most of the time</td>
</tr>
<tr>
<td>5</td>
<td>All of the time</td>
</tr>
</tbody>
</table>

**SSM_C15** If SSM_Q15 = 2, 3, 4 or 5 then KEY_PHRASE = % to help with daily chores%

**SSM_Q16**

<table>
<thead>
<tr>
<th>Option</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>None of the time</td>
</tr>
<tr>
<td>2</td>
<td>A little of the time</td>
</tr>
<tr>
<td>3</td>
<td>Some of the time</td>
</tr>
<tr>
<td>4</td>
<td>Most of the time</td>
</tr>
<tr>
<td>5</td>
<td>All of the time</td>
</tr>
</tbody>
</table>

**SSM_C16** If SSM_Q16 = 2, 3, 4 or 5 then KEY_PHRASE = % to share your worries and fears with%

**SSM_Q17**

<table>
<thead>
<tr>
<th>Option</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>None of the time</td>
</tr>
<tr>
<td>2</td>
<td>A little of the time</td>
</tr>
<tr>
<td>3</td>
<td>Some of the time</td>
</tr>
<tr>
<td>4</td>
<td>Most of the time</td>
</tr>
<tr>
<td>5</td>
<td>All of the time</td>
</tr>
</tbody>
</table>

**SSM_C17** If SSM_Q17 = 2, 3, 4 or 5 then KEY_PHRASE = % to turn to for suggestions%

**SSM_Q18**

<table>
<thead>
<tr>
<th>Option</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>None of the time</td>
</tr>
<tr>
<td>2</td>
<td>A little of the time</td>
</tr>
<tr>
<td>3</td>
<td>Some of the time</td>
</tr>
<tr>
<td>4</td>
<td>Most of the time</td>
</tr>
<tr>
<td>5</td>
<td>All of the time</td>
</tr>
</tbody>
</table>

**SSM_C18** If SSM_Q18 = 2, 3, 4 or 5 then KEY_PHRASE = % to do something enjoyable with%

**SSM_Q19**

<table>
<thead>
<tr>
<th>Option</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>None of the time</td>
</tr>
<tr>
<td>2</td>
<td>A little of the time</td>
</tr>
<tr>
<td>3</td>
<td>Some of the time</td>
</tr>
<tr>
<td>4</td>
<td>Most of the time</td>
</tr>
<tr>
<td>5</td>
<td>All of the time</td>
</tr>
</tbody>
</table>

**SSM_C19** If SSM_Q19 = 2, 3, 4 or 5 then KEY_PHRASE = % to someone who understands your problems?
SSM_C19  If SSM_Q19 = 2, 3, 4 or 5 then KEY_PHRASE = %to understand your problems%

SSM_Q20  ... someone to love you and make you feel wanted?

SSMB_20
1  None of the time
2  A little of the time
3  Some of the time
4  Most of the time
5  All of the time
DK, R

SSM_C20  If SSM_Q20 = 2, 3, 4 or 5 then KEY_PHRASE = %to love you and make you feel wanted%

SSM_C21A If any responses of 2, 3, 4 or 5 in SSM_Q02 to SSM_Q20, go to SSM_QINT21_A.
Otherwise, go to SSM_END.

SSM_QINT21_A
You have just mentioned that if you needed support, someone would be available for you. The next questions are about the support or help you actually received in the past 12 months. INTERVIEWER: Press <Enter> to continue.

SSM_C21 If any responses of 2, 3, 4 or 5 in SSM_Q02 or SSM_Q05 or SSM_Q12 or SSM_Q15, then SSM_C21 = 1 (Yes) and go to SSM_Q21A.
Otherwise, SSM_C21 = 2 (No) and go to SSM_C22.

SSM_Q21A In the past 12 months, did you receive the following support: someone ^KEY_PHRASES?

SSMB_21A
1  Yes
2  No    (Go to SSM_C22)
     (Go to SSM_C22)
     DK, R

SSM_Q21B When you needed it, how often did you receive this kind of support (in the past 12 months)? INTERVIEWER: Read categories to respondent.

SSMB_21B
1  Almost always
2  Frequently
3  Half the time
4  Rarely
5  Never
     DK, R

SSM_C22 If any responses of 2, 3, 4 or 5 in SSM_Q06 or SSM_Q10 or SSM_Q20 then SSM_C22 = 1 (Yes) and go to SSM_Q22A.
Otherwise, SSM_C22 = 2 (No) and go to SSM_C23.
SSM_Q22A (In the past 12 months, did you receive the following support:) someone ^KEY_PHRASES?

1  Yes
2  No  (Go to SSM_C23)
     DK, R  (Go to SSM_C23)

SSM_Q22B When you needed it, how often did you receive this kind of support (in the past 12 months)?

INTERVIEWER: Read categories to respondent.

1  Almost always
2  Frequently
3  Half the time
4  Rarely
5  Never
     DK, R

SSM_C23 If any responses of 2, 3, 4 or 5 in SSM_Q07 or SSM_Q11 or SSM_Q14 or SSM_Q18, then SSM_C23 = 1 (Yes) and go to SSM_Q23A.

Otherwise, SSM_C23 = 2 (No) and go to SSM_C24.

SSM_Q23A (In the past 12 months, did you receive the following support:) someone ^KEY_PHRASES?

1  Yes
2  No  (Go to SSM_C24)
     DK, R  (Go to SSM_C24)

SSM_Q23B When you needed it, how often did you receive this kind of support (in the past 12 months)?

INTERVIEWER: Read categories to respondent.

1  Almost always
2  Frequently
3  Half the time
4  Rarely
5  Never
     DK, R

SSM_C24 If any responses of 2, 3, 4 or 5 in SSM_Q03 or SSM_Q04 or SSM_Q08 or SSM_Q09 or SSM_Q13 or SSM_Q16 or SSM_Q17 or SSM_Q19, then SSM_C24 = 1 (Yes) and go to SSM_Q24A.

Otherwise, SSM_C24 =2 (No) and go to SSM_END.

SSM_Q24A (In the past 12 months, did you receive the following support:) someone ^KEY_PHRASES?

1  Yes
2  No  (Go to SSM_END)
     DK, R  (Go to SSM_END)
When you needed it, how often did you receive this kind of support (in the past 12 months)?

INTERVIEWER: Read categories to respondent.

1. Almost always
2. Frequently
3. Half the time
4. Rarely
5. Never

DK, R

Go to next module.
**SOCIO-DEMOGRAPHIC CHARACTERISTICS**

SDE_QINT  Now some general background questions which will help us compare the health of people in Canada.
INTERVIEWER: Press <Enter> to continue.

SDE_Q1  In what country were you born?

<table>
<thead>
<tr>
<th>Country</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Canada</td>
<td>1</td>
</tr>
<tr>
<td>China</td>
<td>2</td>
</tr>
<tr>
<td>France</td>
<td>3</td>
</tr>
<tr>
<td>Germany</td>
<td>4</td>
</tr>
<tr>
<td>Greece</td>
<td>5</td>
</tr>
<tr>
<td>Guyana</td>
<td>6</td>
</tr>
<tr>
<td>Hong Kong</td>
<td>7</td>
</tr>
<tr>
<td>Hungary</td>
<td>8</td>
</tr>
<tr>
<td>India</td>
<td>9</td>
</tr>
<tr>
<td>Italy</td>
<td>10</td>
</tr>
<tr>
<td>Japan</td>
<td>11</td>
</tr>
<tr>
<td>Netherlands/Holland</td>
<td>12</td>
</tr>
<tr>
<td>Philippines</td>
<td>13</td>
</tr>
<tr>
<td>Poland</td>
<td>14</td>
</tr>
<tr>
<td>Portugal</td>
<td>15</td>
</tr>
<tr>
<td>United Kingdom</td>
<td>16</td>
</tr>
<tr>
<td>United States</td>
<td>17</td>
</tr>
<tr>
<td>Viet Nam</td>
<td>18</td>
</tr>
<tr>
<td>Sri Lanka</td>
<td>19</td>
</tr>
<tr>
<td>Other – Specify</td>
<td>20</td>
</tr>
</tbody>
</table>

SDE_Q2  Were you born a Canadian citizen?

<table>
<thead>
<tr>
<th>Response</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>1</td>
</tr>
<tr>
<td>No</td>
<td>2</td>
</tr>
</tbody>
</table>

SDE_Q3  In what year did you first come to Canada to live?

INTERVIEWER: Minimum is %year of birth%; maximum is %current year%.

<table>
<thead>
<tr>
<th>Year</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>MIN: year of birth</td>
<td>1</td>
</tr>
<tr>
<td>MAX: current year</td>
<td>2</td>
</tr>
</tbody>
</table>

SDE_E3  If SDE_Q3 >= year of birth or SDE_Q3 <= current year, go to SDE_Q4.
Otherwise, show pop-up edit as follows.
Year must be between ^Info.YearofBirth and ^Info.CurrentYear.
### SDE_Q4

To which ethnic or cultural group(s) did your ancestors belong? (For example: French, Scottish, Chinese, East Indian)

**INTERVIEWER:** Mark all that apply.

If “Canadian” is the only response, probe. If the respondent hesitates, do not suggest Canadian.

<table>
<thead>
<tr>
<th>Code</th>
<th>Ethnic/Cultural Group</th>
</tr>
</thead>
<tbody>
<tr>
<td>SDCB_4A</td>
<td>Canadian</td>
</tr>
<tr>
<td>SDCB_4B</td>
<td>French</td>
</tr>
<tr>
<td>SDCB_4C</td>
<td>English</td>
</tr>
<tr>
<td>SDCB_4D</td>
<td>German</td>
</tr>
<tr>
<td>SDCB_4E</td>
<td>Scottish</td>
</tr>
<tr>
<td>SDCB_4F</td>
<td>Irish</td>
</tr>
<tr>
<td>SDCB_4G</td>
<td>Italian</td>
</tr>
<tr>
<td>SDCB_4H</td>
<td>Ukrainian</td>
</tr>
<tr>
<td>SDCB_4I</td>
<td>Dutch (Netherlands)</td>
</tr>
<tr>
<td>SDCB_4J</td>
<td>Chinese</td>
</tr>
<tr>
<td>SDCB_4K</td>
<td>Jewish</td>
</tr>
<tr>
<td>SDCB_4L</td>
<td>Polish</td>
</tr>
<tr>
<td>SDCB_4M</td>
<td>Portuguese</td>
</tr>
<tr>
<td>SDCB_4N</td>
<td>South Asian (e.g., East Indian)</td>
</tr>
<tr>
<td>SDCB_4O</td>
<td>Norwegian</td>
</tr>
<tr>
<td>SDCB_4P</td>
<td>Welsh</td>
</tr>
<tr>
<td>SDCB_4Q</td>
<td>Swedish</td>
</tr>
<tr>
<td>SDCB_4R</td>
<td>Aboriginal (North American Indian, Métis, Inuit)</td>
</tr>
<tr>
<td>SDCB_4S</td>
<td>Other – Specify</td>
</tr>
</tbody>
</table>

---

### SDE_Q5

In what languages can you conduct a conversation?

**INTERVIEWER:** Mark all that apply.

<table>
<thead>
<tr>
<th>Code</th>
<th>Language</th>
</tr>
</thead>
<tbody>
<tr>
<td>SDCB_5A</td>
<td>English</td>
</tr>
<tr>
<td>SDCB_5B</td>
<td>French</td>
</tr>
<tr>
<td>SDCB_5C</td>
<td>Arabic</td>
</tr>
<tr>
<td>SDCB_5D</td>
<td>Chinese</td>
</tr>
<tr>
<td>SDCB_5E</td>
<td>Cree</td>
</tr>
<tr>
<td>SDCB_5F</td>
<td>German</td>
</tr>
<tr>
<td>SDCB_5G</td>
<td>Greek</td>
</tr>
<tr>
<td>SDCB_5H</td>
<td>Hungarian</td>
</tr>
<tr>
<td>SDCB_5I</td>
<td>Italian</td>
</tr>
<tr>
<td>SDCB_5J</td>
<td>Korean</td>
</tr>
<tr>
<td>SDCB_5K</td>
<td>Persian (Farsi)</td>
</tr>
<tr>
<td>SDCB_5L</td>
<td>Polish</td>
</tr>
<tr>
<td>SDCB_5M</td>
<td>Portuguese</td>
</tr>
<tr>
<td>SDCB_5N</td>
<td>Punjabi</td>
</tr>
<tr>
<td>SDCB_5O</td>
<td>Spanish</td>
</tr>
<tr>
<td>SDCB_5P</td>
<td>Tagalog (Pilipino)</td>
</tr>
<tr>
<td>SDCB_5Q</td>
<td>Ukrainian</td>
</tr>
<tr>
<td>SDCB_5R</td>
<td>Vietnamese</td>
</tr>
<tr>
<td>SDCB_5T</td>
<td>Dutch</td>
</tr>
<tr>
<td>SDCB_5U</td>
<td>Hindi</td>
</tr>
<tr>
<td>SDCB_5V</td>
<td>Russian</td>
</tr>
<tr>
<td>SDCB_5W</td>
<td>Tamil</td>
</tr>
<tr>
<td>SDCB_5S</td>
<td>Other – Specify</td>
</tr>
</tbody>
</table>

DK, R
SDE_Q6
What is the language that you first learned at home in childhood and can still understand?
INTERVIEWER: Mark all that apply.
If person can no longer understand the first language learned, mark the second.

SDCB_6A 1 English
SDCB_6B 2 French
SDCB_6C 3 Arabic
SDCB_6D 4 Chinese
SDCB_6E 5 Cree
SDCB_6F 6 German
SDCB_6G 7 Greek
SDCB_6H 8 Hungarian
SDCB_6I 9 Italian
SDCB_6J 10 Korean
SDCB_6V 21 Russian
SDCB_6W 22 Tamil
SDCB_6S 23 Other – Specify

SDCB_6K 11 Persian (Farsi)
SDCB_6L 12 Polish
SDCB_6M 13 Portuguese
SDCB_6N 14 Punjabi
SDCB_6O 15 Spanish
SDCB_6P 16 Tagalog (Pilipino)
SDCB_6Q 17 Ukrainian
SDCB_6R 18 Vietnamese
SDCB_6T 19 Dutch
SDCB_6U 20 Hindi

SDE_Q7
People living in Canada come from many different cultural and racial backgrounds. Are you:
INTERVIEWER: Read categories to respondent. Mark all that apply.

SDCB_7A 1 ...White?
SDCB_7B 2 ...Chinese?
SDCB_7C 3 ...South Asian (e.g., East Indian, Pakistani, Sri Lankan)?
SDCB_7D 4 ...Black?
SDCB_7E 5 ...Filipino?
SDCB_7F 6 ...Latin American?
SDCB_7G 7 ...Southeast Asian (e.g., Cambodian, Indonesian, Laotian, Vietnamese)?
SDCB_7H 8 ...Arab?
SDCB_7I 9 ...West Asian (e.g., Afghan, Iranian)?
SDCB_7J 10 ...Japanese?
SDCB_7K 11 ...Korean?
SDCB_7L 12 ...Aboriginal (North American Indian, Métis or Inuit)?
SDCB_7M 13 ...Other – Specify

SDE_Q8
Are you currently attending a school, college or university?

SDCB_8 1 Yes
2 No (Go to SDE_END)
DK, R

SDE_Q9
Are you enrolled as a full-time student or a part-time student?

SDCB_9 1 Full-time
2 Part-time
DK, R

SDE_END Go to next module.
SPIRITUAL VALUES

I now have a few questions about spiritual values in your life.

INTERVIEWER: Press <Enter> to continue.

Do spiritual values play an important role in your life?

1. Yes
2. No (Go to SPR_Q5)
   DK, R (Go to SPR_END)

To what extent do your spiritual values help you to find meaning in your life?

INTERVIEWER: Read categories to respondent.

1. A lot
2. Some
3. A little
4. Not at all
   DK, R

To what extent do your spiritual values give you the strength to face everyday difficulties?

1. A lot
2. Some
3. A little
4. Not at all
   DK, R

To what extent do your spiritual values help you to understand the difficulties of life?

1. A lot
2. Some
3. A little
4. Not at all
   DK, R
SPR_Q5  What, if any, is your religion?

SPVB_5

1. No religion (Agnostic, Atheist)  (Go to SPR_END)
2. Roman Catholic
3. Ukrainian Catholic
4. United Church
5. Anglican (Church of England, Episcopalian)
6. Presbyterian
7. Lutheran
8. Baptist
9. Pentecostal
10. Eastern Orthodox
11. Jewish
12. Islam (Muslim)
13. Hindu
14. Buddhist
15. Sikh
16. Jehovah’s Witness
17. Other – Specify

DK, R  (Go to SPR_END)

SPR_Q6  Not counting events such as weddings or funerals, during the past 12 months, how often did you participate in religious activities or attend religious services or meetings?

INTERVIEWER: Read categories to respondent.
Do not include special events such as weddings, funerals, baptisms, bar mitzvahs, etc.

1. Once a week or more
2. Once a month
3. 3 or 4 times a year
4. Once a year
5. Not at all

DK, R

SPR_Q7  In general, would you say that you are:

INTERVIEWER: Read categories to respondent.

1. ... very religious?
2. ... religious?
3. ... not very religious?
4. ... not religious at all?

DK, R

SPR_END  Go to next module.
LABOUR FORCE

LBF_C01 If age < 15 or if age > 75, go to LBF_END.

LBF_QINT The next few questions concern your activities in the last 7 days. By the last 7 days, I mean beginning %date one week ago%, and ending %date yesterday%.
INTERVIEWER: Press <Enter> to continue.

Job Attachment

LBF_Q01 Last week, did you work at a job or a business? Please include part-time jobs, seasonal work, contract work, self-employment, baby-sitting and any other paid work, regardless of the number of hours worked.

1 Yes (Go to LBF_Q03)
2 No
3 Permanently unable to work (Go to LBF_QINT2)
DK, R (Go to LBF_END)

LBF_E01 If GEN_Q08 = 2 (didn’t work any time in past 12 months) and LBF_Q01 = 1, show pop-up edit as follows:
A response inconsistent with a response to a previous question has been entered. Please confirm.

LBF_Q02 Last week, did you have a job or business from which you were absent?

1 Yes (Go to LBF_Q11)
2 No
DK, R (Go to LBF_END)

LBF_Q03 Did you have more than one job or business last week?

1 Yes
2 No
DK, R
Go to LBF_C31

Job Search – Last 4 Weeks

LBF_Q11 In the past 4 weeks, did you do anything to find work?

1 Yes (Go to LBF_QINT2)
2 No
DK, R (Go to LBF_QINT2)
What is the main reason that you are not currently working at a job or business?

1. Own illness or disability
2. Caring for – own children
3. Caring for – elder relatives
4. Pregnancy (Females only)
5. Other personal or family responsibilities
6. Vacation
7. School or educational leave
8. Retired
9. Believes no work available (in area or suited to skills)
10. Other – Specify

If LBF_Q13 = 4, go to LBF_E13. Otherwise, go to LBF_C13A.

If Sex = male and LBF_Q13 = 4 (Pregnancy), show pop-up edit as follows:

A response of “Pregnancy” is invalid for a male respondent. Please return and correct.

If LBF_Q13 = 1 (Own illness or disability), ask LBF_Q13A. Otherwise, go to LBF_QINT2.

Is this due to your physical health, to your emotional or mental health, to your use of alcohol or drugs, or to another reason?

1. Physical health
2. Emotional or mental health (including stress)
3. Use of alcohol or drugs
4. Another reason

Past Job Attachment

Now some questions about jobs or employment which you have had during the past 12 months, that is, from %date one year ago% to yesterday. Press <Enter> to continue.

Did you work at a job or a business at any time in the past 12 months? Please include part-time jobs, seasonal work, contract work, self-employment, baby-sitting and any other paid work, regardless of the number of hours worked.

1. Yes (Go to LBF_Q23)
2. No
   DK, R
If (GEN_Q08 = 2 (didn’t work any time in past 12 months) and LBF_Q21 = 1) or if (GEN_Q08 = 1 (worked in past 12 months) and LBF_Q21 = 2), show pop-up edit as follows:

A response inconsistent with a response to a previous question has been entered. Please confirm.

If LBF_Q11 = 1, go to LBF_Q71.
Otherwise, go to LBF_Q22.

During the past 12 months, did you do anything to find work?

1 Yes    (Go to LBF_Q71)
2 No    (Go to LBF_END)
DK, R    (Go to LBF_END)

During that 12 months, did you work at more than one job or business at the same time?

1 Yes
2 No
DK, R

The next questions are about your %current/most recent% job or business. (If person currently holds more than one job or if the last time he/she worked it was at more than one job: %INTERVIEWER: Report on the job for which the number of hours worked per week is the greatest.%)

%Are/Were% you an employee or self-employed?

1 Employee
2 Self-employed
3 Working in a family business without pay
DK, R

Which of the following best describes your occupation?

1 Management
2 Professional (including accountants)
3 Technologist, Technician or Technical occupation
4 Administrative, Financial or Clerical
5 Sales or Service
6 Trades, Transport or Equipment operator
7 Occupation in Farming, Forestry, Fishing or Mining
8 Occupation in Processing, Manufacturing or Utilities
9 Other – Specify
DK, R
Absence / Hours

LBF_C41  If LBF_Q02 = 1, go to LBF_Q41. Otherwise, go to LBF_Q42.

LBF_Q41

What was the main reason you were absent from work last week?

LBFB_41

1. Own illness or disability
2. Caring for – own children
3. Caring for – elder relatives
4. Maternity leave (Females only)
5. Other personal or family responsibilities
6. Vacation
7. Labour dispute (strike or lockout)
8. Temporary layoff due to business conditions (Employees only)
9. Seasonal layoff (Employees only)
10. Casual job, no work available (Employees only)
11. Work schedule (e.g., shift work) (Employees only)
12. Self-employed, no work available (Self-employed only)
13. Seasonal business (Excluding employees)
14. School or educational leave
15. Other – Specify

DK, R

LBF_C41A  If LBF_Q41 = 4, go to LBF_E41A. Otherwise, go to LBF_E41B.

LBF_E41A

If Sex = male and LBF_Q13 = 4 (Maternity Leave), show pop-up edit as follows.

A response of “Maternity Leave” is invalid for a male respondent. Please return and correct.

Go to LBF_C41A_1

LBF_E41B

If LBF_Q31 = 1 (employee) and LBF_Q41 = 12 or 13, show pop-up edit as follows. Otherwise, go to LBF_E41C.

A response of “Self-employed, no work available” or “Seasonal Business” is invalid for an employee. Please return and correct.

Go to LBF_C41A_1

LBF_E41C

If LBF_Q31 = 2 (self-employed) and LBF_Q41 = 8, 9, 10 or 11, show pop-up edit as follows. Otherwise, go to LBF_E41D.

A response of “Temporary layoff due to business conditions”, “Seasonal layoff”, “Casual job, no work available” or “Work schedule” is invalid for a self-employed person. Please return and correct.

Go to LBF_C41A_1
If LBF_Q31 = 3 (family business) and LBF_Q41 = 8, 9, 10, 11 or 12, show pop-up edit as follows. Otherwise, go to LBF_C41A_1.

A response of “Temporary layoff due to business conditions”, “Seasonal layoff”, “Casual job, no work available”, “Work schedule” or “Self-employed, no work available” is invalid for a person working in a family business without pay. Please return and correct.

If LBF_Q41 = 1 (Own illness or disability), ask LBF_Q41A. Otherwise, go to LBF_Q42.

Was that due to your physical health, to your emotional or mental health, to your use of alcohol or drugs, or to another reason?

1 Physical health
2 Emotional or mental health (including stress)
3 Use of alcohol or drugs
4 Another reason
DK, R

About how many hours a week do/did you usually work at your job/business? If you usually work extra hours, paid or unpaid, please include these hours.

<table>
<thead>
<tr>
<th></th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>(MIN: 1) (MAX: 168; warning after 84)</td>
</tr>
</tbody>
</table>

DK, R

Which of the following best describes the hours you usually work at your job/business?

INTERVIEWER: Read categories to respondent.

1 Regular – daytime schedule or shift (Go to LBF_Q46)
2 Regular – evening shift
3 Regular – night shift
4 Rotating shift (change from days to evenings to nights)
5 Split shift
6 On call
7 Irregular schedule
8 Other – Specify
DK, R (Go to LBF_Q46)

What is the main reason that you work this schedule?

1 Requirement of job / no choice
2 Going to school
3 Caring for – own children
4 Caring for – other relatives
5 To earn more money
6 Likes to work this schedule
7 Other – Specify
DK, R
LBF_Q46  %Do/Did% you usually work on weekends at this %job/business%?
1  Yes
2  No
   DK, R

Other Job

LBF_C51  If LBF_Q03=1 or LBF_Q23=1, go to LBF_Q51. Otherwise, go to LBF_Q61.

LBF_Q51  You indicated that you %have/had% more than one job. For how many weeks in a row %have/did% you %Q51worked/work% at more than one job %(% in the past 12 months%)%?
INTERVIEWER: Obtain best estimate.
   ___ Weeks
   (MIN: 1)  (MAX: 52)
   DK, R

LBF_Q52  What is the main reason that you %work/worked% at more than one job?
1  To meet regular household expenses
2  To pay off debts
3  To buy something special
4  To save for the future
5  To gain experience
6  To build up a business
7  Enjoys the work of the second job
8  Other – Specify
   DK, R

LBF_Q53  About how many hours a week %do/did% you usually work at your other job(s)? If you usually %work/worked% extra hours, paid or unpaid, please include these hours.
INTERVIEWER: Minimum is 1; maximum is %168 - LBF_Q42%.
   ___ Hours
   (MIN: 1)  (MAX: 168 - LBF_Q42; warning after 30)
   DK, R

LBF_Q54  %Do/Did% you usually work on weekends at your other job(s)?
1  Yes
2  No
   DK, R
**Weeks Worked**

LBF_Q61  
During the past 52 weeks, how many weeks did you do any work at a job or a business? (Include paid vacation leave, paid maternity leave, and paid sick leave.)

|___| Weeks  
(MIN: 1) (MAX: 52)

DK, R

**Looking for Work**

LBF_C71  
If LBF_Q61 = 52, go to LBF_END. If LBF_Q61 = 51, go to LBF_Q71A.

LBF_Q71  
If LBF_Q61 was answered, use the second wording. Otherwise, use the first wording.

During the past 52 weeks, how many weeks were you looking for work?

That leaves %52 - LBF_Q61% weeks. During those %52 - LBF_Q61% weeks, how many weeks were you looking for work?

INTERVIEWER: Minimum is 0; maximum is %52 - LBF_Q61%.

|___| Weeks  
(MIN: 0) (MAX: 52 - LBF_Q61)

DK, R

Go to LBF_C72

LBF_Q71A  
That leaves 1 week. During that week, did you look for work?

1  Yes  (make LBF_Q71 = 1)  
2  No   (make LBF_Q71 = 0)  
DK, R

LBF_C72  
If either LBF_Q61 or LBF_Q71 are non-response, go to LBF_END.  
If the total number of weeks reported in LBF_Q61 and LBF_Q71 = 52, go to LBF_END.  
If LBF_Q61 and LBF_Q71 were answered, %WEEKS% = [52 - (LBF_Q61 + LBF_Q71)].  
If LBF_Q61 was not answered, %WEEKS% = (52 - LBF_Q71).

LBF_Q72  
That leaves %WEEKS% week%s% during which you were neither working nor looking for work. Is that correct?

1  Yes  (Go to LBF_C73)  
2  No   (Go to LBF_C73)  
DK, R
LBF_E72 If LBF_Q61 and LBF_Q71 > 52, show pop-up edit as follows:

You have indicated that you worked for %LBF_Q61% week%s% and that you were looking for work for %LBF_Q71% week%s%, leaving %WEEKS% week%s% during which you were neither working nor looking for work. The total number of weeks must add to 52. Please return and correct.

LBF_C73 If (LBF_Q01 = 1 or LBF_Q02 = 1 or LBF_Q11 = 1), go to LBF_Q73. Otherwise, go to LBF_END.

LBF_Q73 What is the main reason that you were not looking for work?

LBFB_73 INTERVIEWER: If more than one reason, choose the one that explains the most number of weeks.

1 Own illness or disability
2 Caring for – own children
3 Caring for – elder relatives
4 Pregnancy (Females only)
5 Other personal or family responsibilities
6 Vacation
7 Labour dispute (strike or lockout)
8 Temporary layoff due to business conditions
9 Seasonal layoff
10 Casual job, no work available
11 Work schedule (e.g., shift work)
12 School or educational leave
13 Retired
14 Believes no work available (in area or suited to skills)
15 Other – Specify

LBF_C73A If LBF_Q73 = 4, go to LBF_E73. Otherwise, go to LBF_C73B.

LBF_E73 If Sex = male and LBF_Q13 = 4 (Pregnancy), show pop-up edit as follows.

A response of “Pregnancy” is invalid for a male respondent. Please return and correct.

LBF_C73B If LBF_Q73 = 1 (Own illness or disability), ask LBF_Q73A. Otherwise, go to LBF_END.

LBF_Q73A Was that due to your physical health, to your emotional or mental health, to your use of alcohol or drugs, or to another reason?

1 Physical health
2 Emotional or mental health (including stress)
3 Use of alcohol or drugs
4 Another reason
DK, R

LBF_END Go to next module.
WORK STRESS

WST_C400
If respondent age > 75, go to WST_END.
If respondent didn’t work in past 12 months (GEN_Q08 <> 1 and LBF_Q21 <> 1),
go to WST_END.

WST_QINT4
(Please refer to page 16 of the booklet.)

The next few questions are about your main job or business in the past 12
months. I’m going to read you a series of statements that might describe
your job situation. Please tell me if you strongly agree, agree, neither agree
nor disagree, disagree, or strongly disagree.

INTERVIEWER: Press <Enter> to continue.

WST_Q401
Your job required that you learn new things.

WSTB_401
1   Strongly agree
2   Agree
3   Neither agree nor disagree
4   Disagree
5   Strongly disagree
DK, R (Go to WST_END)

WST_Q402
Your job required a high level of skill.

WSTB_402
1   Strongly agree
2   Agree
3   Neither agree nor disagree
4   Disagree
5   Strongly disagree
DK, R

WST_Q403
Your job allowed you freedom to decide how you did your job.

WSTB_403
1   Strongly agree
2   Agree
3   Neither agree nor disagree
4   Disagree
5   Strongly disagree
DK, R

WST_Q404
Your job required that you do things over and over.

WSTB_404
1   Strongly agree
2   Agree
3   Neither agree nor disagree
4   Disagree
5   Strongly disagree
DK, R
### WST Q405: Your job was very hectic.

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
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</thead>
<tbody>
<tr>
<td>1</td>
<td>Strongly agree</td>
</tr>
<tr>
<td>2</td>
<td>Agree</td>
</tr>
<tr>
<td>3</td>
<td>Neither agree nor disagree</td>
</tr>
<tr>
<td>4</td>
<td>Disagree</td>
</tr>
<tr>
<td>5</td>
<td>Strongly disagree</td>
</tr>
</tbody>
</table>

DK, R

### WST Q406: You were free from conflicting demands that others made.

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<table>
<thead>
<tr>
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<tbody>
<tr>
<td>1</td>
<td>Strongly agree</td>
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<tr>
<td>2</td>
<td>Agree</td>
</tr>
<tr>
<td>3</td>
<td>Neither agree nor disagree</td>
</tr>
<tr>
<td>4</td>
<td>Disagree</td>
</tr>
<tr>
<td>5</td>
<td>Strongly disagree</td>
</tr>
</tbody>
</table>

DK, R

### WST Q407: Your job security was good.

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<table>
<thead>
<tr>
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<tbody>
<tr>
<td>1</td>
<td>Strongly agree</td>
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<tr>
<td>2</td>
<td>Agree</td>
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<tr>
<td>3</td>
<td>Neither agree nor disagree</td>
</tr>
<tr>
<td>4</td>
<td>Disagree</td>
</tr>
<tr>
<td>5</td>
<td>Strongly disagree</td>
</tr>
</tbody>
</table>

DK, R

### WST Q408: Your job required a lot of physical effort.

<p>| | |</p>
<table>
<thead>
<tr>
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<tbody>
<tr>
<td>1</td>
<td>Strongly agree</td>
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<tr>
<td>2</td>
<td>Agree</td>
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<tr>
<td>3</td>
<td>Neither agree nor disagree</td>
</tr>
<tr>
<td>4</td>
<td>Disagree</td>
</tr>
<tr>
<td>5</td>
<td>Strongly disagree</td>
</tr>
</tbody>
</table>

DK, R

### WST Q409: You had a lot to say about what happened in your job.

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
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</thead>
<tbody>
<tr>
<td>1</td>
<td>Strongly agree</td>
</tr>
<tr>
<td>2</td>
<td>Agree</td>
</tr>
<tr>
<td>3</td>
<td>Neither agree nor disagree</td>
</tr>
<tr>
<td>4</td>
<td>Disagree</td>
</tr>
<tr>
<td>5</td>
<td>Strongly disagree</td>
</tr>
</tbody>
</table>

DK, R

### WST Q410: You were exposed to hostility or conflict from the people you worked with.

<p>| | |</p>
<table>
<thead>
<tr>
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</thead>
<tbody>
<tr>
<td>1</td>
<td>Strongly agree</td>
</tr>
<tr>
<td>2</td>
<td>Agree</td>
</tr>
<tr>
<td>3</td>
<td>Neither agree nor disagree</td>
</tr>
<tr>
<td>4</td>
<td>Disagree</td>
</tr>
<tr>
<td>5</td>
<td>Strongly disagree</td>
</tr>
</tbody>
</table>

DK, R
Your supervisor was helpful in getting the job done.

1  Strongly agree
2  Agree
3  Neither agree nor disagree
4  Disagree
5  Strongly disagree
DK, R

The people you work with were helpful in getting the job done.

1  Strongly agree
2  Agree
3  Neither agree nor disagree
4  Disagree
5  Strongly disagree
DK, R

How satisfied were you with your job?

INTERVIEWER: Read categories to respondent.

1  Very satisfied
2  Somewhat satisfied
3  Not too satisfied
4  Not at all satisfied
DK, R

Go to next module.
INCOME

INC_QINT (Please turn to page 17 of the booklet.)

Although many health expenses are covered by health insurance, there is still a relationship between health and income. Please be assured that, like all other information you have provided, these answers will be kept strictly confidential.

INTERVIEWER: Press <Enter> to continue.

INC_Q1 Thinking about the total income for all household members, from which of the following sources did your household receive any income in the past 12 months?

INTERVIEWER: Read categories to respondent. Mark all that apply.

<table>
<thead>
<tr>
<th>Category</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wages and salaries</td>
<td>INCB_1A</td>
</tr>
<tr>
<td>Income from self-employment</td>
<td>INCB_1B</td>
</tr>
<tr>
<td>Dividends and interest (e.g. on bonds, savings)</td>
<td>INCB_1C</td>
</tr>
<tr>
<td>Employment insurance</td>
<td>INCB_1D</td>
</tr>
<tr>
<td>Worker's compensation</td>
<td>INCB_1E</td>
</tr>
<tr>
<td>Benefits from Canada or Quebec Pension Plan</td>
<td>INCB_1F</td>
</tr>
<tr>
<td>Retirement pensions, superannuation and annuities</td>
<td>INCB_1G</td>
</tr>
<tr>
<td>Old Age Security and Guaranteed Income Supplement</td>
<td>INCB_1H</td>
</tr>
<tr>
<td>Child Tax Benefit</td>
<td>INCB_1I</td>
</tr>
<tr>
<td>Provincial or municipal social assistance or welfare</td>
<td>INCB_1J</td>
</tr>
<tr>
<td>Child support</td>
<td>INCB_1K</td>
</tr>
<tr>
<td>Alimony</td>
<td>INCB_1L</td>
</tr>
<tr>
<td>Other (e.g. rental income, scholarships)</td>
<td>INCB_1M</td>
</tr>
<tr>
<td>None</td>
<td>INCB_1N</td>
</tr>
</tbody>
</table>

INC_E1 If INC_Q1 = 14 (None) and any other response selected in INC_Q1, show pop-up edit as follows.

You cannot select “None” and another category. Please return and correct.

INC_E2 If (INC_Q1 <> 1 or 2) and (LBF_Q01 = 1 or LBF_Q02 = 1 or LBF_Q21 = 1), show pop-up edit as follows:

Inconsistent answers have been entered. Please confirm.

INC_C2 If more than one source of income is indicated, ask INC_Q2. Otherwise, ask INC_Q3. (INC_Q2 will be filled with INC_Q1 during processing.)
INC_Q2

What was the main source of income?

1. Wages and salaries
2. Income from self-employment
3. Dividends and interest (e.g. on bonds, savings)
4. Employment insurance
5. Worker’s compensation
6. Benefits from Canada or Quebec Pension
7. Retirement pensions, superannuation and annuities
8. Old Age Security and Guaranteed Income Supplement
9. Child Tax Benefit
10. Provincial or municipal social assistance or welfare
11. Child support
12. Alimony
13. Other (e.g. rental income, scholarships)
14. None (category created during processing)

DK, R

INC_E3

If the response in INC_Q2 was not selected in INC_Q1, show pop-up edit as follows:

The main source of income is not selected as one of the sources of income for all household members. Please return and correct.

INC_Q3

What is your best estimate of the total income, before taxes and deductions, of all household members from all sources in the past 12 months?

<table>
<thead>
<tr>
<th>Income</th>
</tr>
</thead>
<tbody>
<tr>
<td>(MIN: 0)</td>
</tr>
<tr>
<td>0</td>
</tr>
<tr>
<td>DK, R</td>
</tr>
</tbody>
</table>

INC_Q3A

Can you estimate in which of the following groups your household income falls? Was the total household income less than $20,000 or $20,000 or more?

1. Less than $20,000
2. $20,000 or more (Go to INC_Q3E)
3. No income (Go to INC_END)
DK, R (Go to INC_END)

INC_Q3B

Was the total household income from all sources less than $10,000 or $10,000 or more?

1. Less than $10,000
2. $10,000 or more (Go to INC_Q3D)
DK, R (Go to INC_C4)

INC_Q3C

Was the total household income from all sources less than $5,000 or $5,000 or more?

1. Less than $5,000
2. $5,000 or more
DK, R

Go to INC_C4
INC_Q3D  Was the total household income from all sources less than $15,000 or $15,000 or more?

1  Less than $15,000
2  $15,000 or more
DK, R

Go to INC_C4

INC_Q3E  Was the total household income from all sources less than $40,000 or $40,000 or more?

1  Less than $40,000
2  $40,000 or more
       (Go to INC_Q3G)
DK, R
       (Go to INC_C4)

INC_Q3F  Was the total household income from all sources less than $30,000 or $30,000 or more?

1  Less than $30,000
2  $30,000 or more
DK, R

Go to INC_C4

INC_Q3G  Was the total household income from all sources:

INTERVIEWER: Read categories to respondent.

1  ... less than $50,000?
2  ... $50,000 to less than $60,000?
3  ... $60,000 to less than $80,000?
4  ... $80,000 or more?
       DK, R

INC_C4  If age >= 15, ask INC_Q4. Otherwise, go to INC_END.

INC_Q4  What is your best estimate of your total personal income, before taxes and other deductions, from all sources in the past 12 months?

| _ _ _ _ _ _ Income   (Go to INC_END) |
| MIN: 0 | MAX: 500,000; warning after 150,000 |
| DK, R | (Go to INC_Q4A) |

INC_Q4A  Can you estimate in which of the following groups your personal income falls? Was your total personal income less than $20,000 or $20,000 or more?

1  Less than $20,000
2  $20,000 or more
       (Go to INC_Q4E)
3  No income
       (Go to INC_END)
DK, R
       (Go to INC_END)
 INC_4B  
**Was your total personal income less than $10,000 or $10,000 or more?**

1  Less than $10,000  
2  $10,000 or more  (Go to INC_4D)  
   DK, R  (Go to INC_END)

 INC_4C  
**Was your total personal income less than $5,000 or $5,000 or more?**

1  Less than $5,000  
2  $5,000 or more  
   DK, R

Go to INC_END

 INC_4D  
**Was your total personal income less than $15,000 or $15,000 or more?**

1  Less than $15,000  
2  $15,000 or more  
   DK, R

Go to INC_END

 INC_4E  
**Was your total personal income less than $40,000 or $40,000 or more?**

1  Less than $40,000  
2  $40,000 or more  (Go to INC_4G)  
   DK, R  (Go to INC_END)

 INC_4F  
**Was your total personal income less than $30,000 or $30,000 or more?**

1  Less than $30,000  
2  $30,000 or more  
   DK, R

Go to INC_END

 INC_4G  
**Was your total personal income:**

INTERVIEWER: Read categories to respondent.

... less than $50,000?  
3  $50,000 to less than $60,000?  
4  $60,000 to less than $80,000?  
4  $80,000 or more?  
   DK, R

INC_END  
Go to next module.
ADMINISTRATION

Health Number

ADM_Q01A  Statistics Canada and your provincial ministry of health would like your permission to link information collected during this survey. This includes linking your survey information to your past and continuing use of health services such as visits to hospitals, clinics, and doctor’s offices.

INTERVIEWER: Press <Enter> to continue.

ADM_Q01B  This linked information will be kept confidential and used only for statistical purposes. Do we have your permission?

1  Yes
2  No  (Go to ADM_Q04A)
   DK, R  (Go to ADM_Q04A)

ADM_Q03A  Do you have a(n) %province% health number?

1  Yes  (Go to HN)
2  No  (Go to ADM_Q04A)
   DK, R  (Go to ADM_Q04A)

ADM_Q03B  For which province is your health number?

10  Newfoundland  47  Saskatchewan
11  Prince Edward Island  48  Alberta
12  Nova Scotia  59  British Columbia
13  New Brunswick  60  Yukon
24  Quebec  61  Northwest Territories
35  Ontario  62  Nunavut
46  Manitoba  88  Do not have a provincial health number (Go to ADM_Q04A)

   DK, R  (Go to ADM_Q04A)

HN  What is your %province% health number?

INTERVIEWER: Enter a health number for %province%. Do not insert blanks, hyphens or commas between the numbers.

Data Sharing – All Provinces (excluding Québec)

ADM_Q03A  Statistics Canada would like your permission to share the information collected in this survey with provincial ministries of health and Health Canada.

All information will be kept confidential and used only for statistical purposes.

Do you agree to share the information provided?

1  Yes
2  No  (Go to ADM_Q04A)
   DK, R  (Go to ADM_Q04A)
Data Sharing – Québec

ADM_Q04A Statistics Canada would like your permission to share the information collected in this survey with provincial ministries of health, the « Institut de la Statistique du Québec » and Health Canada.

All information will be kept confidential and used only for statistical purposes.

Do you agree to share the information provided?

1 Yes
2 No

Administration

ADM_N05 INTERVIEWER: Is this a fictitious name for the respondent?

1 Yes
2 No

ADM_N06 INTERVIEWER: Remind respondent about the importance of getting correct names. Do you want to make corrections to:

1 … first name only?
2 … last name only? (Go to ADM_N08)
3 … both names? (Go to ADM_N10)
4 … no corrections? (Go to ADM_N10)

ADM_N07 INTERVIEWER: Enter the first name only.

ADM_C08 If ADM_N06 <> “both names”, go to ADM_N10.

ADM_N08 INTERVIEWER: Enter the last name only.

ADM_N10 INTERVIEWER: Was the respondent alone when you asked this health questionnaire?

Yes
No
DK, R
**ADM_N12**  
**INTERVIEWER:** Record language of interview.

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SHARING

Exit Introduction block

EI_Q01 Before we finish, I would like to ask you a few other questions.
INTERVIEWER: Press <Enter> to continue.

Data Sharing – All Provinces (excluding Québec)

PS_Q01 Statistics Canada would like your permission to share the information collected in this survey with provincial ministries of health and Health Canada.

All information will be kept confidential and used only for statistical purposes.

Do you agree to share the information provided?

1 Yes
2 No
DK, R

Data Sharing – Québec

PS_Q01 Statistics Canada would like your permission to share the information collected in this survey with provincial ministries of health, the « Institut de la Statistique du Québec » and Health Canada.

All information will be kept confidential and used only for statistical purposes.

Do you agree to share the information provided?

1 Yes
2 No
DK, R